

Dementia Friendly Community Felixstowe & Peninsula

The Memory Lane support groups have been running for 10 years now. The Felixstowe group and the Trimley group both meet alternate Fridays. Both groups are busy and growing.

The idea is for a safe supported place for people with memory problems to come along with a carer to have some social interaction, cup of coffee and of course cake!

Each week is different, and we have local people come to entertain, do exercise with us and crafts. The feedback from the groups was they would like to do more crafts each year.

Thanks to your grant from the Felixstowe Town Council, we have been using your money to pay towards refreshments and craft materials.

Here are some photos of a craft morning:



There will be more craft mornings throughout the coming year, thanks to you!

We have sent an article to the Town Council magazine to tell them what we are up to.

We display a laminated Town Council logo, which will be displayed at the meet and greet table, that all the members can see on entry.

You can see that we have publicised the Town Council grant on our Face book page. Link below

<https://www.facebook.com/profile.php?id=100085193134005>

Thank you again for your support.