

Impact Report for Felixstowe Town Council Funding Period September 2024 to March 2025

Ipswich Skating Club is a community based skating club that provides a range of skating sessions for all ages and abilities which are affordable and aimed at giving skaters opportunities to learn and progress at their own speed. Sessions are fun, relaxed and our coaches are trained to identify and adapt their sessions to meet the needs of individual skaters which means that everyone receives a tailored experience. Skaters have the option of attending the following:

Learn to Skate sessions

- cater for people of all ages who want to learn the basics of roller skating
- improve their confidence in a safe space with trained coaches.
- provide the opportunity to work through grades in a structured lesson,
- include time to socialise and practice the skills through games and other activities.



Social Skate sessions

- aimed at those aged 14+ who are confident skaters
- socialise with friends and make new friends
- fortnightly sessions.

Our Achievements

We can proudly say that we have delivered over 70 hours of coached skating sessions and have a committed group of skaters who will regularly attend.



Workforce

Ipswich Skating Club were fortunate enough to have a team of volunteers consisting of **4** qualified coaches and **10** volunteer coach support assistants. With thanks to the funding received from Felixstowe Town Council we now have a further:

- 2 coaches who have completed their Level 1 coaching qualifications
- 2 coaches who are in the process of completing their Level 1 coaching course
- 1 coach who has completed their GB Skate Merits Course and Guest Judges qualification.

In November we started a training programme to ensure that <u>all</u> coaches are up to date with the techniques required to deliver sessions and to ensure consistency across the various sessions. The training has been valuable as it has allowed coaches to share best practice and ideas on how the weekly coaching can be improved.

Venue

Our sessions take place in the sports hall at Felixstowe High School from September 2024 and ran until the end of March 2025, at which point the school needs to reclaim the hall for GCSE and A Level examinations. This continues to be an issue as there are no further suitable venues to enable us to continue to run the skating sessions.

Thank You