



## Felixstowe Town Council End of Grant Report

During the period since being awarded Felixstowe Town Council grant of £750, we have achieved the following with the funding:

- Distribution of surgery kits to the local community. The impact of these small but mighty kits are evident in the growth of the Breast Friends community. The kits are packed full of items useful for a hospital stay, but the most important aspect is the invitation to join our community. The feedback on the kits has been tremendous, with women telling us that they felt so touched by the gift of the kit, and felt that they were understood, and given a 'hug in a box' as a result of receiving one. We have given out approximately 15 kits thanks to the FTC grant.
- The growth of the Felixstowe community through the work of Felixstowe Ambassador Liz Day. Liz has put on many monthly events including Sunday lunches, walks, chair yoga, coffees etc. We have also held craft events in Felixstowe with Suffolk Flower Garden. The Breast Friends community in Felixstowe is thriving and the money from this grant has enabled refreshments and subsidising of tickets to events through the year. Liz has an ever expanding group of women that attend her events and we are grateful to FTC for the support that enabled Liz to grow this local group.
- We have also been able to extend the information we provide to the general public in the way of information stands in the local area. Previously we only had one leaflet holder, one large box to carry it all in, and one pull up sign. Now we have been able to take our support to other places by purchasing more equipment. We now have 3 pull up signs, 3 stand boxes, and have been able to get more leaflets printed. We also used the FTC grant to purchase bookmarks showing the signs and symptoms of BC which are key in raising awareness of the disease to the general public.

## Photos from Felixstowe Meetings & Information Stands

