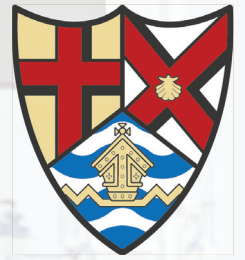


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Autumn

Issue 22 The Seasonal Magazine for Felixstowe Residents **2024**



FELIXSTOWE
TOWN COUNCIL



Tour of Britain - Love Felixstowe Festival 2024 - Green Flag Award -
Your Community Stories - Grant Funding Available



UPCOMING EVENTS AT LA VIDA SHOWBAR



5TH SEPT

GLASS EYE COMEDY & LA VIDA SHOWBAR PRESENT

£12 TICKET



HEADLINER: HARRIET KEMSLEY



LA COMEDA

FELIXSTOWE'S FINEST COMEDY NIGHT

DOORS OPEN 6.30PM START TIME 8PM

LA VIDA SHOWBAR, SEA ROAD FELIXSTOWE, IP11 2DN

TICKETS: LAVIDASHOWBAR.CO.UK

18YRS+ EVENT. SERVICE FEES APPLY. LINEUP SUBJECT TO CHANGE. FULL T&CS VIA WEBSITE.

28TH SEPT



CIRQUE LA VIDA

7 WORLDWIDE PERFORMERS STARS OF STAGE & SCREEN

COLLABORATION WITH THE VIEW (FELIXSTOWE FERRIS WHEEL)

LA VIDA SHOWBAR, SEA ROAD FELIXSTOWE, IP11 2DN

BOOK NOW: LAVIDASHOWBAR.CO.UK

18Yrs+ event. Services fees apply. Full T&Cs via website.

The Beyoncé

Bottomless Brunch

19 OCT

1.30PM £30PP*

With UK & European #1 Tribute:

BEYONCÉ PIERCE

@beyoncetributeleanneharper

CHOICE OF 1 BRUNCH DISH

90 MINUTES BOTTOMLESS

TICKETS: LAVIDASHOWBAR.CO.UK

La Vida Showbar, Sea Road Felixstowe, IP11 2DN

18Yrs+ event. Drink responsibly policy in effect. Bottomless dish option can be withdrawn at any time. Disclaimer: Food is outsourced to an external company. They can offer all information on ingredients. Due to the nature of the kitchen used, they are unable to guarantee any dish free from allergens. If you have any specific dietary requirements, please alert the venue prior to event day. Dietary options available on request. Service Fees Apply.

my SILENT DISCO mysilentdisco.co.uk

SILENT DISCO

30 NOV Christmas Edition 9PM START

@lavidashowbar

LA VIDA SHOWBAR, SEA ROAD FELIXSTOWE, IP11 2DN

TICKETS: WWW.LAVIDASHOWBAR.CO.UK

18Yrs+ event. 10 on entry. Full T&Cs via website. Service Fees Apply.

For All Other Events: lavidashowbar.co.uk

FOLLOW US ON SOCIALS: @LAVIDASHOWBAR

LA VIDA SHOWBAR, SEA ROAD FELIXSTOWE, IP11 2DN



SCAN ME

Welcome from the Mayor

Hello and welcome to this Autumn 24 edition!



The summer seems to have flown by, but it has been great to see so many visitors to the town enjoying all that Felixstowe has to offer. I have enjoyed a very busy summer, attending events like the Felixstowe Carnival, which was a fantastic weekend of free entertainment. It was great to see so many residents and visitors supporting the procession, the entertainment along the sea front, and watching the fireworks. Events such as this don't just happen, and I pay tribute to all those who spent many hours preparing for the weekend and volunteering to ensure the Carnival went ahead so smoothly. You can read more about the 2024 Carnival activities on page 8.

In July, I held the Mayors Civic Reception at Landguard Fort. Thank you for all those who made this such a great occasion. The weather was kind, and those attending enjoyed delicious food provided by the Bombay Nite. The evening was a great opportunity to learn more about my two chosen charities, The Landguard Trust and Breasts Friends CIC. Shortly afterwards, I was also delighted to receive two generous donations to the Mayors Charity Fund from David Hedges of Observation Attraction Ltd, owner of the Ferris Wheel on Felixstowe's South Seafront, and the Brook Lane Dental Practice.



We recently had a visit from Bürgermeister of Salzwedel, Olaf Meining, to celebrate 30 years of town twinning. Felixstowe received the delightful gift of a Broad-Leaved Lime Tree, which has since been planted in Allenby Park to commemorate this important milestone. You can read more about the town twinning activities on page 7.

September has started with a bang. The return of the much-loved Art on the Prom was enjoyed by many on 1 September. The following weekend, the Love Felixstowe Festival, offering three days of free entertainment and shining a spotlight on our fantastic local businesses, coincided with Stage Six of the Lloyds Bank Tour of Britain. A momentous weekend, large events such as these really put Felixstowe on the map and bring enormous financial benefit to the town, as well as excitement for the whole family.

Later this month I look forward to a civic visit to Wesel to celebrate 50 years of town twinning. Our relationship with Wesel has developed over many years thanks to the hard work of the Wesel Association. I am very much looking forward to exploring the town, and meeting Bürgermeister Ulrike Westcamp.

A very important element of my Mayoral year is raising money for my two chosen charities, The Landguard Trust and Breast Friends CIC. You can read more about the charities, and the exciting events we are planning over the coming months on the following page. Please do show your support. All of the money raised will be donated directly to the charities.



Finally, as a new MP and Government were elected on 4 July, we also welcomed a new Town Councillor, Cllr Wendy Underwood, elected to represent Felixstowe South Ward. I look forward to working with Wendy over the coming months.

I hope that you all enjoy this edition of the magazine, and I wish you the very best for the Autumn,

Cllr David Rowe,
Mayor of Felixstowe

Your Magazine

We would be pleased to receive relevant articles from community groups and voluntary organisations letting residents know what is happening in the Felixstowe area.

If you would like to submit an article for consideration in the next quarterly edition (**1 December**), please email holly.miles@felixstowe.gov.uk by **15 November**. If possible, include hires images/photos and your group's logo. You don't have to send a fully-written article – bullet points or a few notes are fine to help point us in the right direction – but it must be no longer than 250 words. We will aim to cover many different articles from issue to issue and will seek to offer a fair and equal representation for community groups throughout the town. Sometimes articles may have to be edited, shortened or dropped altogether.

Advertising

Limited advertising space will be available in future editions to support the cost of publication, with priority given to local, reputable businesses.

Call 01394 282086 or email enquiries@felixstowe.gov.uk for prices and to book your ad.

Photo credit: Thank you to Mike Bowden / Felixstowe BID for the cover photo. Credit to Jon Wills and Mike Bowden / Felixstowe BID for photos of the Tour and Love Felixstowe on pages 14 and 15 and to Stephen Squirrell for various header images.

Getting in Touch

Drop into the Town Hall or call us during office hours (9am – 4pm Mon-Fri) or email us at any time. We'd love to hear from you.

Phone: **01394 282086**

Email: enquiries@felixstowe.gov.uk

Address:

**Felixstowe Town Hall
Undercliff Road West
Felixstowe
IP11 2AG**

www.felixstowe.gov.uk



**Felixstowe is a
Fairtrade
Town**

An Update from the Mayor's Charities

The Mayor's chosen charities for the year 2024-25 are The Landguard Trust and Breast Friends CIC. You can read more about the charities, the important work they undertake in Felixstowe and the surrounding area, and an exciting year of upcoming charity events below.

Landguard Trust



Teams representing ten local charities took to the shops of Felixstowe to discover treasure to be auctioned for the good causes supported by the town's Mayor.

Armed with £100 each, the teams searched the town's shops and secured items both old and new, amassing 20 eclectic and interesting lots to be auctioned at a gala event at Landguard Fort.

Thanks to the generosity of Felixstowe shop keepers and the bargain hunters' ability to sniff out interesting items, organisers hope to make a significant profit for Breast Friends CIC, a group offering support to women affected by breast cancer, and the Landguard Trust which works to protect and enhance Landguard Nature Reserve, Landguard Fort and Felixstowe Museum.

Items for auction included beautiful antique jewellery, a top of the range food processor, work by local artists, ornate glass, wall art, a case of wine and an historic sign from one of Felixstowe's most iconic pubs.

Guests at the auction sampled Adnams wine paired with a selection of cheese from Alba Chiara Italian



restaurant in the magnificent setting of Landguard Fort. The auction was conducted by local businessman Scott Russell, while singer Asha Louise provided the entertainment.

Felixstowe Mayor, Cllr David Rowe, said he was impressed the energy and excitement of everyone taking part, and thanked the many shopkeepers who gave discounts on the day and the event sponsors for their generosity:

"This is a new event for Felixstowe, and it was amazing seeing the teams speed off to do their shopping. Each team interpreted the brief slightly differently and as a result we were able to auction some really good quality and interesting items. We thank everyone for their time and generosity."

Please see the next edition for details of how much was raised and look out for future events in support of the Mayor's chosen charities.

Local Cafés Support Breast Cancer Awareness Month



cup of coffee or tea sold or by making a donation.

Those supporting breast Cancer Awareness month will be displaying posters and are:

- Boardwalk on the Pier
- Lotty's Tearoom in High Road East
- Angel Inn in Walton
- Wool Baa (who also provide knitted items in support of Breast Friends).
- Little Ice Cream Company in Undercliff Road
- Bar 129 in Undercliff Road
- The Greenhouse Cafe in Orwell Road

One of the Mayors Charities this year is Breast Friends, who support breast cancer patients from diagnosis, during treatment and surgery and beyond. October is Breast Cancer Awareness Month which is a great incentive to raise money for this fantastic cause.

During October a number of cafés and bars have agreed to support Breast Cancer Awareness month by donating a small amount from each

But more are welcome! If you own or manage a coffee shop and would like to take part contact us at mayor@felixstowe.gov.uk, or if you have a regular café, why not ask them if they would sign up? Even a small donation will contribute to support for those being treated for breast cancer.

Cllr David Rowe, Mayor of Felixstowe

The Power of Community

At Breast Friends CIC, we know all about how powerful a strong community can be. It's in the moments when people come together to support one another that true strength is found. Whether it's offering a listening ear or lending a helping hand, community is at the heart of everything we do.

Facing a breast cancer diagnosis can feel lonely but being surrounded by others who truly understand what you're going through makes a world of difference. Our Breast Friends community offers support, comfort and hope during some of life's hardest moments. That sense of belonging can be incredibly reassuring.

We're honoured to be one of Felixstowe Mayor's chosen charities, alongside Landguard Fort, and the support we've received from the local community has been nothing short of amazing. Whether it's people taking the time to chat with us at events or offering their help to further our mission, Felixstowe has shown genuine care and interest in what we do. The backing from many local businesses has been



equally incredible - their generosity in sponsoring events, donating time, funds, and expertise has truly blown us away. Felixstowe has wholeheartedly embraced us and we're so grateful for the support.

We're excited about the many fun-filled events we have lined up, perfect for bringing our wonderful community together while supporting both Breast Friends and Landguard Trust. Whether you're in the mood to kick up your heels at a lively Barn Dance, show off your moves at Boogie Bingo, or enjoy the glitz and glamour of a Fashion Show, there's something for everyone!

Keep an eye on our website, www.breastfriends.co.uk, for all the details - we can't wait to see you there!

The Mayor of Felixstowe & his chosen charities proudly present

BINGO
 1 12 21 31 42
 5 14 22 32 44

BOOGIE BINGO

Friday 15th November

Tickets £10 per person

THE LABOUR CLUB, FELIXSTOWE

Scan the QR code or visit www.breastfriends.co.uk/events for more details & to order online

Or contact Sue 01394 288 191 sue.faversham@felixstowe.gov.uk



in association with



Who Do I Talk to About...?



Felixstowe Town Council is the council closest to its residents and is responsible for:

- The office of the Town Mayor, Deputy Mayor and Mayoral arrangements.
- Awarding grants to support local community groups and charities.
- Remembrance events in conjunction with the Felixstowe branch of the Royal British Legion
- The upkeep of Felixstowe's War and Flood Memorials.
- Felixstowe's Community Emergency Plan
- Felixstowe in Flower floral basket scheme and competitions.
- Allenby Park and Gosford Way Parks.
- Floral bedding at The Triangle and seafront.
- Felixstowe's Civic Awards scheme.
- Supporting the town's Twinning and Partnership arrangements with the German towns of Wezel and Salzwedel.
- Felixstowe Youth Forum.
- Funding the Christmas Lights (supported by the Lions Club of Felixstowe).
- Representation on local planning applications, strategic planning and consultations.
- Supporting the provision of Community Public Access Defibrillators.
- Felixstowe Town Hall - the administrative home of the Town Council, a local base for partner community services such as Suffolk County Council Registrar, open to the public for meetings and popular wedding venue.
- Broadway House - the home of Felixstowe Old People's Welfare Association (FOPWA).
- Walton Community Hall - available for private and community hire.
- Allotment sites at Cowpasture, Ferry Road, Railway Hill and Taunton Road.
- Annual funding and contribution to key local service providers including Felixstowe Volunteer Coast and Rescue Patrol Service, LevelTwo Youth Project, Felixstowe Forward, Citizen's Advice and the Landguard Fort Trust.
- Felixstowe Cemetery and its gardens of Rest.

**Call 01394 282086 or visit
www.felixstowe.gov.uk**



East Suffolk Council provides a range of regulatory and community services across the whole of the East Suffolk district and is responsible for:

- The collection of council tax and business rates
- Local planning and building regulations
- Kerbside waste and recycling collections, including fly tipping (in conjunction with East Suffolk Services Ltd.)
- Benefits
- Community Safety
- Elections
- Housing needs
- Maintaining the resort of Felixstowe and the provision of the beach huts
- Maintenance of Felixstowe's public parks, open spaces and place areas (in conjunction with East Suffolk Services)
- Public car parks and parking enforcement
- Licensing, Environmental and Port Health
- Leisure Services (in conjunction with Places Leisure)
- Street cleaning

**Call 0333 016 2000 or visit
www.eastsuffolk.gov.uk**



Suffolk County Council is the top tier of local government, providing services on a county-wide basis and is responsible for:

- Highways (except motorways and Major A roads, which are the responsibility of Highways England)
- Education and Libraries
- Social Services
- Trading Standards
- Public transport
- Fire and Rescue Services
- Waste and recycling centres
- Bus passes and disabled parking permits
- Registry of births, deaths and marriages
- Most street lighting, pavements, rights of way, footpaths and cycle ways
- Adoption and fostering

**Call 0345 606 6067 or visit
www.suffolk.gov.uk**

Town Councillors 2024/25

Mayor of Felixstowe: Cllr David Rowe

Deputy Mayor of Felixstowe: Cllr Corrine Franklin

Walton Ward



Amanda Folley *
amanda.folley@felixstowe.gov.uk
01394 282086



Mike Deacon *
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01394 211146



Margaret Morris
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01394 274345

Central Ward



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07838 215 964



Seamus Bennett ***
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Jan Candy *
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East Ward



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South Ward



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Wendy Underwood
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Port Ward



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Marc James
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David Rowe
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Michael Sharman
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Corrine Franklin
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07960 722 333

Key

* Councillor is also a Member of East Suffolk Council

** Councillor is also a Member of Suffolk County Council



LOCAL COUNCIL
AWARD SCHEME
QUALITY GOLD

Felixstowe Town Council

The Council comprises 16 Members representing five wards who are elected every four years. Council also delegates some of its functions to its Committees. Please note forthcoming meeting dates below:

11th September	Civic & Community	7:30pm
18th September	Planning & Environment	9:30am
18th September	Assets & Services	7:30pm
2nd October	Planning & Environment	9:30am
9th October	Civic & Community	7:30pm
16th October	Planning & Environment	9:30am
23rd October	Finance & Governance	7:30pm
30th October	Planning & Environment	9:30am
6th November	Ordinary Council	7:30pm
13th November	Planning & Environment	9:30am
20th November	Assets & Services	7:30pm
27th November	Planning & Environment	9:30am

Note: all meetings listed are open to the press and public, who are also welcome to attend online via Zoom. 15 minutes are set aside for public participation, during which time members of the public can speak or ask a question. Details on when meetings take place, the matters for consideration and records of decisions made are all available on our website, facebook page and twitter.

For further information please telephone 01394 282086 or email enquiries@felixstowe.gov.uk.

Contacting Council Staff

Phone: 01394 282086 (all staff)

Email: enquiries@felixstowe.gov.uk

Address:

Felixstowe Town Hall, Undercliff Road West, Felixstowe, IP11 2AG

Website: www.felixstowe.gov.uk

Ash Tadjrishi – Town Clerk and Responsible Financial Officer
townclerk@felixstowe.gov.uk

Debbie Frost – Deputy Town Clerk
debbie.frost@felixstowe.gov.uk

Sue Faversham – Civic Events Officer
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Sarah Morrison – Planning Administration Assistant
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Shaun Congi – Financial Administration Assistant
shaun.congi@felixstowe.gov.uk

Holly Miles – Communications Officer
holly.miles@felixstowe.gov.uk

Janine Smith – Assets & Services Officer
janine.smith@felixstowe.gov.uk

Your Community Stories



Felixstowe Fairtrade Forum



In the last edition of the Town Council Magazine we shared our hopes of arranging a return visit to Felixstowe by our friend Patrick Kaberia from Kenya. We are pleased to confirm that we have raised the funds to support the Suffolk leg of his trip to the UK and he will be joining us in Felixstowe in September.

Partick will be available to meet local children and their families at our Family Fun Day at Felixstowe Library from 10-12 noon on Saturday 21 September and we hope as many children as possible will be able to attend and learn how Fairtrade has benefited his community in the Fairtrade tea-producing area of Michimikuru. As well as meeting Patrick, children will be able to enjoy competitions, games, refreshments, a Fairtrade stall and a chocolate fountain. Fairtrade Ted will also be there. Entrance is free.

Patrick's visit will feature in a video which is being produced by the Sir John Leman School in Beccles. Local schools in Felixstowe are also taking part and some recordings of children engaged in Fairtrade activities have already been



made. The video will be made available to all Suffolk schools at the end of October.

The photo is a recent one of Patrick, with his youngest daughter Michelle, at Michimikuru.

Felixstowe Wesel Association



We continue to be busy with events celebrating the 50th anniversary of the twinning between Felixstowe and Wesel. On 20th July Felixstowe hosted an England v Germany football match, well Felixstowe & Walton Utd F.C. against PSV Wesel F.C., Wesel won 4-1. Thanks to everyone that came along to support the teams and to the sponsors of the event.

On the same weekend we also had several yachts arrive from Wesel who were hosted by Felixstowe Ferry Sailing Club. The visit included a sailing trip up the Deben to Woodbridge and a tour around Felixstowe, Thanks to Level 2 for the loan of their minibus.

On the morning of 25th July, the Wesel Fire Cadets arrived in Felixstowe for their annual visit. Many activities were arranged during their visit including visits to Colchester Zoo and London with Level 2. Other activities included breakfast with the Mayor, sea swimming with Seamus Bennett and being treated to a session at the Rifle club. On the Tuesday evening the Cadets invited the Association to an excellent BBQ. With no visit unfortunately from the Wesel Karnival Prince and Princess this year, the Fire Cadets proudly represented Wesel in the procession. Thanks to all involved including.



Upcoming events are our Quiz night on 16th November, £10 ahead including Ploughman's and the St Niklaus Fest meal on 6th December, venue to be announced. If you would like more information on these, or are interested in becoming a member of the Association, then contact us on felixstowe.wesel.assn@gmail.com.

Citizen's Advice - Felixstowe & District

citizens advice

This year the winter fuel payment will be means-tested and most people will need to receive State Pension plus Pension Credit in order to qualify. Pensioners whose weekly income is below £218.15 for a single person or £332.95 for a couple should check to see if they could be eligible for Pension Credit.

Pension Credit can also open doors to further financial help, such as health costs (free NHS dental treatment, and you can get help with the cost of glasses and transport to hospital), housing costs (you probably won't have to pay Council Tax - unless other people live with you - or if you rent your home, you might get your rent paid in full by Housing Benefit and other costs (if you're 75 or over, you can get a free TV licence) If you think you might be eligible for Pension Credit contact us for a benefit check.

Pensioners are being encouraged to apply for Pension Credit by 21st December 2024 which is the last date for making a back-dated claim for Pension Credit in order to receive the winter fuel payment.

If you think you might be eligible for Pension Credit contact Citizens Advice for a benefit check and help with making a claim. This applies to other benefits too, It is estimated that £15 billion of government benefits go unclaimed every year as many people don't realise that they qualify for them. Benefits and other government support are not just for those who are out of work. Millions of households on low incomes are also losing out.

Government support that goes unclaimed includes:

- Child benefit • Pension credit • Council tax support • Universal credit

If you think you might be missing out on some of these benefits, you can check by using a free online benefit calculator. An easy-to-use option is: www.entitledto.co.uk

You can also contact Citizens Advice East Suffolk for a FREE benefit check.

If you are not eligible for the winter fuel payment or for further benefits and are concerned about how you will manage your household budget, please contact us. We will look into other ways to help, particularly with fuel costs, as other sources of help may be available.

On a different topic, the DWP is carrying out a programme of transferring people living in Suffolk who have been receiving some benefits e.g. Income-based JSA or income-related ESA to Universal Credit. If you have received a letter regarding the migration/transfer of your benefits, please contact the address and/or telephone number on the letter as they have the expertise to assist with this process.

For help and advice on this or any issue please:

- Phone us on 0808 278 7866 (lines open 10-2 Mon-Fri)
- Email us from our website: www.caes.org.uk/email-service

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FELIXSTOWE CARNIVAL

26-28 July 2024

Felixstowe Carnival 2024



Felixstowe Tesco (and the Bussy Family), Supernova Majorettes and Grange Primary School. Everyone enjoyed the floats, dancers and music as the procession went past.

During the afternoon, the Colchester Pipe and Drums Band and the Suffolk School of Samba entertained us down at the Event Area. We had music all afternoon and evening, ending with the headliners Counterfeit Brits. The whole audience sang and danced along to the Britpop hits.



On Sunday we had music and entertainment throughout the day until we finished with the fantastic Abba tribute band Kiss the Teacher. Everyone was singing the well-known songs as loud as possible while waving their beautiful glow-sticks. The Carnival concluded with a spectacular firework display from the pier. We had the biggest audience ever!

Over the weekend we also had a Craft Fair in the leisure centre and traders/food stalls at the Event Area plus free family entertainment.

As ever, we are very grateful to all the volunteers who helped us put on such a huge event, and special thanks go to the 356 Felixstowe Squadron of Air Cadets who were always polite, helpful and energetic. Not to mention well-dressed! A wonderful group of young people.

There are many photos on Facebook, but we will be uploading more to our website as they are received from our official photographers. The latest total of money raised is over £8000. We need to raise a great deal more to put on next year's Carnival, so if you would like to make a donation please go to the Donation Page on our website: Felixstowecarnival.org

Local businesses are invited to sponsor an event (e.g. stage, fireworks, family area) in return for advertising and publicity at the 2025 Carnival, in our programme and on our website. Please email sponsorship@felixstowecarnival.org for more information.

If you are interested in helping behind the scenes to organise next year, please email volunteer@felixstowecarnival.org for more information. As you can imagine there is always a huge amount of work to be done.

Thank you to everyone who was involved: those organising, helping, entertaining, watching, singing, marching, cycling, cheering and dancing. Let's do it all again from 25th to 27th July 2025!



The AGM of the Felixstowe Carnival Association will be held at 7.30 p.m. on Monday 21st October 2024 at The Grand, Bent Hill, Felixstowe

Felixstowe Family History Society

The Felixstowe Family History Society have enjoyed a variety of speakers during the Summer namely the National Coastwatch Institute, a competitive social quiz evening with Quizmaster Paul, Getting a Gong with Roy Tricker and Humour in Genealogy with Chris Broom. In June David Hedges regaled us with a talk on The Western Front WW1 and Dave Carson joined us in July with the Ipswich Public Transport History.



Following our August break, we return on Wednesday 11 September for our AGM followed by Migration through the UK with Debbie Bradley. Further dates for your diary - 9 October History of Parham Airfield, 13 November Admiral Sir Philip Vere Broke and 11 December Carl Giles and his adopted town of Ipswich.

We hold our meetings and drop-in sessions (drop in dates - 27 September, 25 October, 29 November, not December) at Broadway

House, Orwell Road, Felixstowe IP11 7DD with free parking available after 1800 at the rear of the meeting place, accessible from Highfield Road, Felixstowe IP11 7BZ.

Members are free. Non-members £3. If you'd like to join us, please visit our website www.felixstowefhs.onesuffolk.net for membership details.

We have a raffle and refreshments at the end of the meeting to socialise.

If you have any questions, contact us via the website. We look forward to seeing you soon.



Level Two Urban Music Workshops

Following on from the success of the Urban Music Workshops we ran earlier this year, we are re-running these again during the October half-term, week beginning Monday 4th November.

These will run from our Youth Hub where we are excited to announce the opening of our temporary Music Studio for young people to begin to benefit from until our residence at Beach Street is ready.

Music is an incredibly powerful tool in supporting young people's mental health, so being able to make creative opportunities accessible to young people is really exciting for us.



We will again be bringing in a hugely talented dynamic London based Music Technician to lead the workshops, supported by our own Youth Workers.

We have a wealth of talent in Felixstowe, so we want to engage both those totally new to Music Technology & those who are already accomplished musicians, singers & creators.

These workshops are open to Young People age 13yrs - 25yrs. We will be running some workshops for Younger age groups at a later date.



To express an interest in attending these workshops, & for more information of workshop content please email shezhopkins@leveltwo.org for more information.

Historic Event at Felixstowe Coast Watch



Friday 9th August saw a spectacular event at Felixstowe Coastwatch when a special anniversary flag was delivered by sea to the station. The flag celebrates the 30th anniversary of the National Coastwatch Institution (NCI) and is on a 2,000-plus miles station-to-station relay, travelling around the coast to each of the charity's 60 coastal watch stations during the summer. The 5ft x 3ft flag is electronically tagged and relayed using many different types of transport including boats and ferries, tractor and trailer, horse and cart, classic cars and by walking and running.

It was delivered to Felixstowe from Southend when it travelled at high speed on Essex Police Marine Unit's RIB (rigid-hulled inflatable boat) "Sentinel". This was met and escorted to the shore by Harwich RNLI's inshore lifeboat and a Harwich Haven Authority pilot boat.



The RIB beached in front of the Martello Tower upon which the Felixstowe NCI lookout sits. Two marine policemen were met by Station Manager Nick Barrett-White and Station Secretary Neil Davidson, together with the High Sheriff of Suffolk and the Deputy Mayor of Felixstowe. The flag was then brought to the tower accompanied by a bagpipe playing watchkeeper, through a guard of honour formed by uniformed watchkeepers.



The following day, the flag set off from Felixstowe on the 30 mile journey to Gorleston, the next NCI station around the coast. It travelled in a 1947 Rover convertible vintage car owned by one of the Felixstowe watchkeepers.



Felixstowe Museum



As we move into the Autumn at Felixstowe Museum, it's the last chance to see our hugely popular 1980s display. Curated just after the pandemic, the display has challenged people's preconceptions as to what exactly history can be. Using objects loaned from individuals and organisations across the town, the exhibition transports visitors back to explore everyday life at the time. It also takes a look at stories local to Felixstowe, such as the legendary Radio Caroline.



The real success of the exhibition has been its accessibility, especially with visitors who were there in the 80s and lived to tell the tale... On the other hand, younger generations have been able to marvel at how the times have changed. All generations have enjoyed playing Pac-Man, or watching Live Aid in a recreated living room! This recognizability and family friendly ethos is something we hope to capture with our new exhibition, due to open in spring 2025.

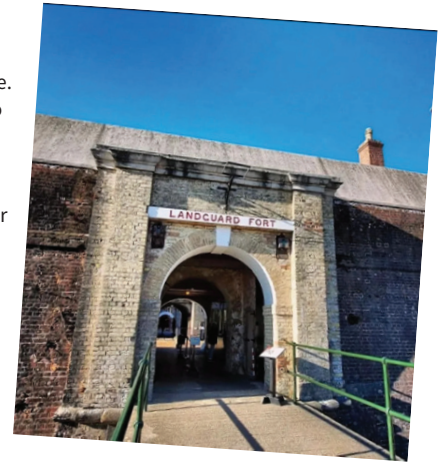
Autumn will also see the departure of the Views From Convalescent Hill exhibition - curated by Pier Projects - which explores the history of wellbeing, rest, and care in Felixstowe.

Get down to Felixstowe Museum whilst there's still time! We are open until the end of October, Thursday to Sunday, 11:00-17:00.

Landguard Fort



Landguard Fort had a busy summer period but there is still a lot for you to experience. Autumn is your last chance to visit us before the fort closes for maintenance over Winter as we prepare for our busy Christmas Event. It is however when our ghost tours begin and you can learn the ghost stories of the Fort. Make sure you come and visit us before our gate closes on another wonderful season.



The end of autumn will see our Halloween trick or treat event. Families will be able to knock on doors at the fort and be greeted by our volunteers in spooky Halloween costumes who will give them treats. This event was so popular last year that we plan on hosting two nights to make sure everyone can visit. Everyone is welcome and we are excited to see everyone in costume and welcoming lots of families to the fort.

Landguard Fort runs on volunteers and it is only with their amazing help that we are able to open our gates to the public. We are always looking to grow our volunteer team so if you would like to join visit our website or come down and see our management team. There are all sorts of responsibilities you could take on for all different skills, interests and ages.

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Our Environment

Edible Felixstowe - Our first season's growth!



We have been very excited to see our herb circle at the triangle along with the area outside Felixstowe Library, the blue planters in Hamilton Road and the many smaller planters sponsored by local businesses burst into growth since we started our venture in April this year! We have had so much positive feedback and Felixstowe residents are now able to harvest herbs, tomatoes, strawberries and edible flowers to adorn their dishes! A huge thank you to our band of regular volunteers who have been busy planting, weeding and watering to ensure the success of our project as well as the many local businesses that have got behind us and got our project off to such a positive start. If anyone would like to join us do please get in touch.

All our current locations are listed in the photo and anyone is able to snip herbs and veg from any of these places as they are passing by.

We have also held a couple of successful food demonstrations at Stennetts Cafe over the summer with Lisa Williams showing a group of us how to make jams from local fruit as well as pickling vegetables and flavoured gins! We hope to do some more of these over autumn as well.

We would like to announce our inaugural "Grow, Cook, Eat" Festival, a free event for all the family and community celebrating locally produced food and drink which will take place on Sunday September 29th at Great Eastern Square from 11am - 3pm. We will have various local stalls, activities and music along with free food from local produce, and a food competition. Put it in your diaries now! Join our Facebook group or Instagram page to find updates on this and everything else that we are up to and to get involved.

Kate White & Heidi Seary, co-directors, Edible Felixstowe

Love to work in Felixstowe



Are you on the hunt for your dream job? Look no further! Join us at LOVE TO WORK IN FELIXSTOWE on Friday, 4th October at the Felixstowe Leisure Centre for an incredible opportunity to connect with top-notch employers and explore a world of career possibilities.

Event Details:

Date: Friday, 4th October 2024

Time: 9:30 AM - 1:00 PM

Venue: Felixstowe Leisure Centre

What Awaits You:

- Engaging talks and workshops by industry experts, sharing their experiences.
- Pragmatic tips on perfecting resumes and excelling in interviews.
- Networking sessions that connect potential candidates with innovative employers.
- A showcase of the diverse opportunities within Felixstowe's bustling job market.
- An interactive environment to ask questions and learn from seasoned mentors.

Whether you're a student in search of direction, a professional seeking a transition, a dedicated job seeker, or an employer eager to discover emerging talent, "Love to Work in Felixstowe" promises to be an invaluable experience.

Spread the word and bring along your friends and family. Let's empower each other on our career journeys. Don't forget to dress to impress and bring multiple copies of your resume!

Employers: Ready to tap into a pool of diverse talent? Reach out to the Felixstowe Chamber of Commerce for exciting participation options. No registration required - just bring your curiosity and enthusiasm.

See you at "Love to Work in Felixstowe"!

Felixstowe Seafront Gardens Receive Green Flag Award for Ninth Consecutive Year



Felixstowe's famous Seafront Gardens will continue to fly the prestigious Green Flag after being recognised as one of the country's best parks for the ninth consecutive year.

The Grade II listed gardens have been awarded the mark of quality for public parks every year since completion of a restoration project funded by East Suffolk Council and the Heritage Lottery Fund.

And it's a double celebration for the district's green spaces as Green Flag status has also been awarded to Woods Meadow Country Park for the second successive year.

The Green Flag Award scheme, managed by Keep Britain Tidy on behalf of the Department for Levelling Up, Housing and Communities, recognises the UK's most welcoming and well-managed parks and green spaces.

Judges praised the environmental management and many biodiversity initiatives in place at Felixstowe Seafront Gardens - maintained with great assistance from a strong and active community group.

Since restoration took place between 2011 and 2015, the grounds team has boosted ecological diversity by protecting the grass banks and providing a habitat for invertebrates and reptiles.

Mayor of Felixstowe, Cllr David Rowe, said: "It's wonderful to see that Felixstowe Seafront Gardens have been awarded a Green Flag for the ninth consecutive year.

"The Friends of Felixstowe Seafront Gardens do a dedicated job of caring for the Gardens, so that residents and visitors can enjoy the peaceful and special place Felixstowe Seafront Gardens are."

Between them, volunteers contribute more than 2,000 hours of time to helping maintain the heritage, ecology and appeal of the Seafront Gardens.

Volunteers have also helped plant and look after hundreds of trees at Woods Meadow Country Park - home to mixed native woodland a wildflower meadow.

The Woods Meadow Volunteer Group has been integral in establishing the park, having been the driving force in planting an 11-hectare woodland and several new hedgerows.

A converted container was located on site as a 'volunteer-hub' providing on-site storage and a meeting place for regular work parties. Nearby, the park's new orchard was planted by volunteers with help from Limes Primary Academy schoolchildren.



Following successful public events on local birdlife and moths, Park Ranger Matt will be leading a Bat Walk during August.

Keep Britain Tidy's Green Flag Award Scheme Manager, Paul Todd MBE said: "I would like to congratulate everyone involved at Felixstowe Seafront Gardens and Woods Meadow Country Park on achieving a Green Flag Award.

"It is important that our free to use spaces are maintained to the Green Flag Award standard, making them accessible for all members of the community while ensuring the environment is protected."

East Suffolk's network of volunteers is responsible for helping to keep the district beautiful, with regular litter-picks, planting, and an all-round effort to maintain the appearance of their local communities - and East Suffolk Council is encouraging more people to get involved and to really do their bit as part of East Suffolk's Amazing.

Help the Earth - There is no Planet B



Children from Colneis Junior School have sent a strong message to pupils and parents with a striking new mural urging them to protect the planet.

'Help the Earth - There is no Planet B' warns the 9m long wall of artwork, designed by pupils and brought to life by talented, local artist Simon Loxley.

The 'Eco Warriors' at the Felixstowe school, who champion environmental issues through the school's Eco Council, and some keen student artists, came up with the idea of portraying pollution, biodiversity loss and climate change on one side of the painting while the other side shows how the Earth will look if we protect the planet.



The painting, which sits prominently on the Colneis playground, features 13 Swifts in homage to the Felixstowe Swift Group.

Children from across the school contributed design ideas including images of a healthy planet, flowers, insects and eco-friendly

messages on hot air balloons for the side of the mural which promotes looking after the planet and environment and the school's passion for nature.

Images put forward for the 'warning' side of the artwork portray climate change; animals trapped in plastic waste and sewage spilling into the ocean.

Pupils, Jessica and Nala, wanted the poignant slogans 'Help the Earth' and 'There is no Planet B' painted onto the wall.

With help from Debbie Bartlett, founder of Litter-free Felixstowe, the school secured a council locality grant from former Mayor of Felixstowe Seamus Bennett. This money was used to have the wall rendered.

The school fundraising committee – Friends of Fairfield and Colneis – contributed funds to cover the cost of materials.

Year 6 teacher Mrs Rebecca Wyard said: "The Eco Warriors and some keen artists came up with the idea of having our planet in the middle, split in half - showing on one side, what the world would be like if we looked after it; and on the other, what it will be like if we don't look after it."

"On the polluted side, they wanted to show creatures affected by litter; and on the protected side, they wanted beautiful flowers, butterflies and, of course, Swifts."

"Our wonderfully talented artist Simon Loxley used all the children's ideas to design the mural. He then took children's images and recreated them on the wall."

Mark Girling, Headteacher of the Federation of Fairfield and Colneis, said: "I am incredibly proud of the children's efforts in creating such an inspiring piece of art to showcase our commitment towards the environment to our school community. Thank you to Becky Wyard for her enthusiasm and commitment in seeing this project through. We are forever grateful for the immense time, effort and talent that Simon Loxley has given us to bring this vision to reality."

Guests attending the grand unveiling of the wall included Deputy Mayor of Felixstowe Cllr Corrine Franklin; former Mayor Seamus Bennett; Debbie Bartlett from LitterFree Felixstowe; representatives from Felixstowe Swift Group; and parents of the children who designed the artwork.

During the unveiling, four children gave a passionate and inspirational speech about how it is everybody's responsibility to look after the planet. The children addressed the whole school, parents and guests and reaffirmed the crucial steps that need to be taken to 'achieve a world worth living in.'

Year 6 pupil Ava finished the presentation by saying, 'The time for talking about change is over; the time for action is now.'



Felixstowe Garden Club



Felixstowe Garden Club enjoyed an interesting summer programme of events. Simon White from Peter Beales Nursery on The Romance of the Rose in June. Our Pre-Annual Show preparation/demonstration evening in July, giving tips and hints on how to enter exhibits into the Annual Show (also useful for the upcoming Autumn Mini Show).

Members were involved with the launch of Felixstowe in Flower and OFCA Fair, where lots of plants were sold and funds raised.

On Carnival weekend, we held our Annual Show and were very pleased to welcome the Mayor of Felixstowe to open the Show. We hope visitors were impressed with the display of beautiful exhibits of fruit, vegetables, floral displays, craft and hobbies and children's entries. If you would like to join our Club we have an Annual Show membership offer of £10 until year end.

Dates for your diary:

10 September -
Chris Wiley - Sustainability in Horticulture

8 October - Matthew Long
from Riverside Bulbs and Autumn Mini Show

12 November - Jim Paine from Walnut Tree
Nursery, Attleborough - Tree for all Seasons

10 December - AGM and Christmas Party.

We meet every second Tuesday of the month at Old Felixstowe Community Centre. Meetings start at 1900 and free refreshments are available from 1830. Free parking outside the hall and on street parking. Visitors are welcome £5 cash on the door. Please visit our website www.felixstowedistricts.org.uk or Facebook page to view club details and garden related content or contact Jayne, Secretary for more information.



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Litter-Free Felixstowe/Green Impact Felixstowe – Spreading the Message



It has been a busy few months for Litter-Free Felixstowe as we have taken our environmental message into local schools. We have presented to whole school assemblies at Langer, SET Felix, Grange and Kingsfleet schools and, at the same time, rolled out a programme of rewarding pupils who are making a positive impact by supplying certificates and 'green hero' badges. School packs containing bird boxes,

bug hotels, seeds, tools and litter-pickers have also been provided to each school participating.



We have been invited to attend school summer fetes with a LFF stall. This gave us the opportunity to talk to parents and PTA's about our campaigns and we hope to assist local schools to develop green spaces in the future. Thank you to Colneis & Fairfield, SET Felix, Trimley st Mary and Langer for the invite.

In July, working with East Suffolk Council, we also ran a competition amongst Primary-aged school children to design posters to go on bins over the summer months. We received over 120 entries in total with all the schools in Felixstowe represented. The standard of entry was so good that in total 7 children were presented with prizes and have had their designs made into stickers. These stickers have been placed on the bins to inspire people to use them. Well done to all the children who took part

and to all the parents and teachers who encouraged them.

It is always uplifting to go into schools and hear children speaking passionately about the Environment and there is no doubt that schools are promoting a strong message to pupils to care about where they live and preserve wildlife. Group litter-picks and individual class litter-picks demonstrate children are keen to get actively involved in protecting green spaces which are so vital to Felixstowe.

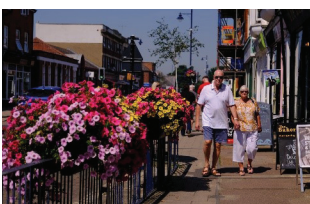
If you or your school wants to get involved in the Green Hero scheme please get in touch by email litterfreefelixstowe@gmail.com or via Facebook Green Impact Felixstowe



Felixstowe in Flower 2024



Felixstowe in Flower has been brightening the town with fabulous floral displays, sponsored by local businesses, since 1985. The tubs, baskets and troughs are located throughout the town centre, along Sea Road and Walton High Street, and expertly watered and cared for by the Felixstowe Town Council Grounds Team.



If you are interested in sponsoring a tub, basket or trough, you can find more information at www.felixstowe.gov.uk/felixstowe-in-flower, or by emailing sue.faversham@felixstowe.gov.uk.

Felixstowe Allotment Association



This time last year I prepared a brief update about the Felixstowe Allotment Association and displayed a selection of vegetables picked that same day from my allotment plot. Today, the Association membership stands at 320 members most of whom are picking furiously as the crops all seem to come at once. Today's picking being sweetcorn.

The growing season has not been without its difficulties, rain being the most obvious. The weeds have had a field day, and many extra hours have had to be used to keep on top. That said, the fruit being picked this year is huge, very much like last year.

The Mayors Awards this year in May included an allotment committee member, Keith Horn for his sterling work with a number of volunteer groups. As the Chair of the Association, might I add my own thanks for his support and hard work which to my knowledge spans in excess of 12 years.



This growing season has seen more gatherings at the shop and hut at Cowpasture with coffee and cake Saturday's once a month up until August. These events have been very well attended and provide an opportunity to chat over a hot drink and talk all things allotment. Once again without committee members organising it and without members turning up, these events would not be the success they are.

The Association as a "stakeholder" has been invited to attend meetings set up concerning the North Felixstowe Garden Development. We have, from day one, sought to preserve the Cowpasture allotment site, guard it as a precious resource and have requested additional allotment sites across the new developments. To date, we do seem to be listened to but might I suggest you offer your own views to the project team pulling this development together.

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WHAT'S ON AT A GLANCE

SEPTEMBER

FRI	13	EVE	8:00PM	The James Brown Story
SAT	14	EVE	7:30PM	The Upbeat Beatles
SAT	21	EVE	7:30PM	The Stars from the Commitments
FRI	27	EVE	8:00PM	The Story of Guitar Heroes
SAT	28	EVE	7:30PM	George Benson by Absolute Benson

OCTOBER

FRI	04	EVE	8:00PM	The Music of Adele by Candlelight
SAT	05	EVE	7:30PM	The Illegal Eagles
SAT	12	EVE	7:30PM	An Evening of Burlesque (18+)
THU	17	EVE	7:30PM	Crown Ballet: Swan Lake
SAT	19	EVE	7:30PM	Musicals – Live Band Sing-Along
FRI	25	EVE	8:00PM	Creedence Clearwater Review
SAT	26	EVE	7:30PM	Rock On, Tommy! (Tommy Cannon)
SUN	27	MAT	4:00PM	Harry Panto (OCTOBER HALF TERM)

NOVEMBER

FRI	01	EVE	8:00PM	Dreams of Fleetwood Mac
SUN	03	EVE	7:30PM	The Dreamer (Magic)
SAT	09	EVE	7:30PM	Think Floyd
SUN	10	EVE	7:30PM	Lipstick on Your Collar
FRI	15	EVE	8:00PM	Herman's Hermits
SAT	16	EVE	7:30PM	Su Pollard
SAT	23	EVE	7:30PM	The History of Rock
SAT	30	EVE	7:30PM	Seriously Collins

MUCH MORE ON OUR WEBSITE: FXSPA.CO.UK

FRI 20 DEC, 2024 – WED 1 JAN, '25: Christmas Panto

PRE-SHOW DINING BOOKABLE: 01394 336 336

THE **LOUNGE**
 RESTAURANT & THEATRE BAR

THE **TERRACE**
 BRASSERIE & BAR



SAT 21 SEP - 7:30PM



SAT 28 SEP - 7:30PM



20 DEC '24 – 1 JAN '25



SAT 11 JAN, '25 - 7:30



Love Felixstowe 2024

Love Felixstowe returned to the town for the second year, following a successful debut in 2023. The free, three day festival provided a packed schedule of fun, food, entertainment and activities for residents of Felixstowe and visitors from all across the country.



Spanning from 6-8 September, the Love Felixstowe Festival was organised by the Felixstowe BID in conjunction with East Suffolk Council and Felixstowe Town Council. The final day of the festival coincided with Stage Six of the Men's Tour of Britain, which saw internationally acclaimed cyclists racing across the finish line on Sea Road.

Love Felixstowe offered a free, outdoor cinema, screening family favourites, which included The Greatest Showman, Shrek, and Greta Gerwig's Barbie. The weekend was packed with free, family-friendly activities and entertainment. From yoga sessions, to boat-building workshops, face painting and glitter, a climbing wall, high ropes, giant games and circus workshops. Love Felixstowe also provided a fantastic programme of entertainment and live music from local musicians, including the Felixstowe Community Choir, Jazz Vibe and the Over 50s Brass Band, Rob Lewis, Gray Davies and BearFoot Soul on the main stage at the Beachside Events Area.

Shining a spotlight on local businesses, delicious food and drink was available across the weekend, provided by Felixstowe-local sellers, and shops across the town decorated their windows in support of the Men's Tour of Britain. This year, the Love Felixstowe Festival also had a green twist, with a Green Market at Great Eastern Square, which saw the debut of the new Felixstowe BID

market gazebos, and showcased eco-friendly businesses, and local community groups taking action for the environment. Reusable 'Love Felixstowe' cups were available across the weekend to ensure that everyone could enjoy September sunshine and a cool drink without unnecessary waste.

If you're feeling the love after the Love Felixstowe weekend, a limited number of 'Love Felixstowe' t-shirts, sustainably printed on organic cotton, are available from Taba Naba, The Greenhouse Cafe and Coes in the town centre.

If you are interested in sponsoring the Love Felixstowe Festival, please email manager@felixstowebid.co.uk.





THE MEN'S TOUR OF BRITAIN



On 8 September 2024, internationally acclaimed cyclists raced over the finish line on Sea Road, Felixstowe, as the Stage Six of the Men's Tour of Britain concluded in the town. Stage Six began in Lowestoft, and riders raced 158.4km across the East Suffolk countryside, travelling through towns such as Aldeburgh and Grundisburgh.

The final sprint saw Slovenia's Govekar, of Bahrain Victorious racing across the line, shortly followed by Denmark's Rasmus Pedersen and Great Britain's Ben Swift. Great Britain's Stevie Williams was the overall winner of the 2024 Men's Tour of Britain. Matevz Govekar raced to victory in the race's sixth and final stage.

STAGE SIX RESULTS

1. Matevz Govekar (Slo) Bahrain Victorious 3hrs 22mins 18secs
2. Rasmus Pedersen (Den) Decathlon AG2R La Mondiale Development Team
3. Ben Swift (GB) Ineos Grenadiers
4. Ethan Vernon (GB) Israel-Premier Tech
5. Erlend Blikra (Nor) Uno-X Mobility
6. Rory Townsend (Irl) Q36.5 Pro Cycling
7. Noah Hobbs (GB/Groupama-FDJ Conti)
8. Robert Donaldson (GB) Trinity Racing
9. Jonas Abrahamsen (Nor) Uno-X Mobility
10. Sean Flynn (GB) dsm-firmenich PostNL, all same time

GENERAL CLASSIFICATION

1. Stevie Williams (GB) Israel-Premier Tech 21hrs 25mins 14secs
2. Oscar Onley (GB) dsm-firmenich PostNL +16secs
3. Tom Donnenwirth (Fra) Decathlon AG2R La Mondiale Development Team +36secs
4. Mark Donovan (GB) Q36.5 Pro Cycling +40secs
5. Joseph Blackmore (GB) Israel-Premier Tech +41secs
6. Jelte Krijnsen (Ned) Q36.5 Pro Cycling +1min 39secs
7. Edoardo Zambanini (Ita) Bahrain Victorious +1min 40secs
8. Mathias Bregnhøj (Den) Sabgal - Anicolor Cycling Team +1min 58secs
9. Noa Isidore (Fra) Decathlon AG2R La Mondiale Development Team, same time
10. Sean Flynn (GB) dsm-firmenich PostNL +2mins 03secs



Credit to Jon Wills and Mike Bowden / Felixstowe BID for photos of the Tour and Love Felixstowe on pages 14 and 15



Two Sisters Arts Centre Leaps into Autumn

Two Sisters Arts Centre is located in the now redundant church of St Mary's Trimley opposite the Mariners Pub. Opened in 2019 it boasts comfortable seats usually arranged cabaret style for a more relaxed atmosphere, a licensed bar and a free car park (100 yds back towards Felixstowe on the opposite side of the road at Gt Street Farm) and is well used both by the community and for ticketed events.



By the time you read this Two Sisters will have opened as part of the Heritage Open Weekend with Liz Rastrick's exhibition of The History of Trimley villages and a recital on the still in situ organ.

There is then a packed programme for the Autumn including the wonderful soprano Christina Johnston in concert on 15th Sept, Scottish contemporary singer/ songwriter Simon Kempston on 28th Sept, The Kings Irish folk trio on 4th Oct, WAMFEST workshops on 13th Oct and an event to raise money for Amnesty featuring D'Ukes electric ukulele band on 19th Oct. Tickets for all these events and more can be reserved by phoning 01394 279613 or purchased on line at www.ticketsource.co.uk/two-sisters-arts-centre

It's also home to local theatre company Black & White Productions who launch a new village hall tour of their latest production Writing Crime in Akenfield from Two Sisters on 9th Oct and include a matinee date at Harvest House on Sunday 13th Oct. This play with music, written by Suzanne Hawkes, looks at the fascinating and unlikely relationship between writers Patricia Highsmith (The Ripley Novels & Strangers on a Train) and Ronald Blye (Akenfield). With humour and original songs – if you didn't catch it the first time round – this is definitely not to be missed. Tickets for this one from www.ticketsource.co.uk/black-white-productions.

Felixstowe Community Choir

Felixstowe Community Choir has had a busy few weeks after singing with the Festival Orchestra at Proms on the Prom, the free picnic music day.

On Saturday 7th September, the choir will be singing to shoppers in the town centre for the Love Felixstowe celebrations., an event we took part in last year and are delighted to be invited again.



One of our favourite events of the year is the Felixstowe Proms at St John's Church on 5th October, when we join the Festival Orchestra, singing and waving our flags! As well as singing some new and favourite songs we always end the evening leading the community singing with Jerusalem, Rule Britannia and the other traditional songs.

Autumn is when we start to learn some seasonal songs ready for our Christmas concerts. We are booked for 'Brass and Voices', another Music in Felixstowe event, on Sun 1st December, Carols for Christmas at Felixstowe Library (Sat 14th December) and a new concert for us with 'Carols at La Vida' on Weds 18th December. The choir has never appeared at a nightclub before!

If you like singing and laughing, join our adult mixed choir on Monday evening's at 7.30 at the Orwell Hotel. £5 on the door. We sing to live music, have no auditions, have no sheet music or special clothes to buy. Led by our wonderful Music Coach, Emily Bennett, we just love singing – especially pop and show tunes.

Pier Projects

We were delighted to launch 'Views from Convalescent Hill' across the weekend of 4th -7th July, starting with the opening of a co-curated exhibition at Felixstowe Museum that explores the heritage of rest, wellbeing and care in Felixstowe. This was followed by the first in a series of performative encounters; Dana Olărescu 'All Ears: A Community Listening Station' and Elaine Aston's presentation of her new artwork 'Rest Easy'.

It was brilliant to see so many of those who have created this project. Thank you to all who came along and to our hosts Felixstowe Museum and Felixstowe Library. The exhibition runs until 3 November, Thursday to Sunday, 11am to 5pm, including Bank Holidays.

Please join us for:

Dana Olărescu, All Ears: A Community Listening Station

Participatory event
Thursday 10 October, 12-3pm, Felixstowe Library
Free, book a 30 minute slot via www.vfch-archive.co.uk

Join artist Dana Olărescu on World Mental Health day for an opportunity to have an open conversation with someone you've never met to rethink rest, wellbeing, community health, and care.
30 minute slots are available between 12:00-15:00, simply turn up and chat about anything that's on your mind. Booking advised.



Dr Gavin Francis, Recovery: The Lost Art of Convalescence

Online talk
Wednesday 18 September, 7-8pm
Free, book visit www.vfch-archive. Please be aware that this talk will be recorded and shared on the digital archive.
In this one hour talk, author and GP Dr Gavin Francis will discuss his book 'Recovery The Lost Art of Convalescence' - an uplifting account of hope and healing- and consider how we might make space for rest and recovery in our daily lives.

Pier Peers

The first cohort of Pier Peers - a new artist development programme - met in-person on

Saturday 20th July. The session included a workshop by artist and writer Harun Morrison, who also led two fully-booked workshops 'Environmental Justice Questions' in July last year.



Pier PROJECTS



Watch out for WAMFest this October

A wonderful array of musicians, artists, makers and more are being lined up for Felixstowe's fabulous WAMfest 2024.



WAMFest, which celebrates Women in Art and Music, will spread joy in venues across the town by providing numerous concerts and workshops as well as literary events and plenty of chances to have a go yourself.

WAMfest kicks off with an evening of music at The Alex Brasserie on Friday, October 11th. Returning from last year is Bollywood singer Nazneen Molu who will be accompanied by pianist Jo Clements. Hannah Hammond, Jazz band Birdland and rock band Flair are confirmed and more to be announced.

On Saturday, October 12 the action switches to the beautiful surroundings of Harvest House when literary lovers can enjoy interactive author sessions, poetry, performance and music in the Conservatory. The Palm Court will be filled with music and dancing – think harmonies, and multicultural dance including Moldovian, Indian, salsa, flamenco, and djembe drumming!

The Art Bazaar which proved so popular at last year's event will be back with a host of beautiful hand-crafted treasures – perfect if you are thinking of starting your Christmas shopping.

On Saturday night WAMfest heads for The Grosvenor when the tempo and the volume will be up for a night of live music in the surrounds of this great town centre pub.

Sunday is different again with a variety of workshops taking place at the Two Sisters Arts Centre in Trimley. Ever fancied having a go at writing or taking a gong bath? Looking for a chance to sing with a group or watch the art of stone carving? Look no further. We even have a burlesque workshop so there really is something for everyone. Culminating with a stress busting session by my Therapy Solutions.

Visual artists will also have their chance to shine at a week-long exhibition at 142 Gallery in Hamilton Road, launching October 10th.

Organiser Laura Locke and her team have been hard at work curating the fourth annual WAMFest and have once again agreed a stunning line up.

“Multiculturalism has become the focus for this year's WAMFest and we are thrilled that so many talented women are joining us for this wonderful festival.

“We have always aimed to be inclusive and to offer a platform for breakthrough acts as well as those who have become established local treasures, and I think this year's festival will deliver that and much more.”

Tickets for the events are available on Ticket Source. Full schedule will be available from 1st September. Full day tickets for Harvest House and Two Sisters are available at £15 or £30.

To indulge in a weekend of fabulous female inspired entertainment just be sure to book early to avoid disappointment.

<https://www.ticketsource.co.uk/felixstowefestivalevents>

For more information visit our website www.wamfestfelixstowe.art

The Dorian Singers



By the time you read this the Dorian Singers will have started rehearsing for our Christmas Concert. We rehearse on Wednesdays at 7.15pm at Trimley St Martin School. (First rehearsal 11th September.)

If you would like to join the choir, why not come along to a rehearsal where you will receive a warm welcome. There is no audition to join the choir but an ability to read music would be helpful.

At the time of writing this article the programme has not been finalised, but we are looking at several choruses/chorales from “Sleepers Wake” by Bach and possibly a work called “A Midnight Clear”, which has nine beautifully arranged carols.

The programme will also include some popular carols for the choir and well-known carols for the audience to sing. Dr Brian Latchem

Suffolk Sound – Radio at the Heart of the Community



Since we launched in July 2023, over two thousand guests have featured on our programmes. Local musicians, dignitaries, faith leaders, and leaders of local businesses, charities and industry. People from day to day life right across Suffolk have also been on air, telling us about their work and events in the county.

Suffolk Sound has also been out on the road with our mobile studio, broadcasting live from events such as The Suffolk Show, Ipswich Music Day, Cancer Support Suffolk's Classic and Sports Car Event, and Romeo Done live from Isaacs on The Quay.

Weekdays between 7am and 6pm we love to share with you your favourite music from the 70s through to today. Ensuring that each track you hear will be one that you recognise. At 6pm, we turn to our specialist music programmes from Rock to Soul, from Britpop to Jazz ... and everything in between!

Weekends prove that we are the best radio in the county! Mark Murphy from 7am, is joined at 9am by Lesley Dolphin with Dolphins's Dart. A few weeks ago, Life's A Pitch TV returned to local radio with the best guests and pundits following the Tractor Boys. The weekend continues with Britpop, Country, Faith, Showtunes, Gardening and, of course, Romeo Done.

Suffolk Sound is entirely volunteer-led and not for profit. All of our presenters and directors are volunteers taking no wages or dividends. The revenue we generate from advertising covers us to operate technically and to invest in growing our reach www.suffolksound.com

Music In Felixstowe – What's On September to December



After a fantastic Proms on the Prom on August Bank Holiday Monday playing to a packed audience we are putting on some very exciting events over the next few months. This will be our annual Last Night of the Proms on October

5th followed on by a variety of jazz, Brass and Choir at Christmas, with some other classical and light popular music events in between.

You can see details of all our concerts on our website www.felixstowemusic.com and in our brochure which can be obtained from the Town Hall, Stillwater Books, the Library and other places.

September 11th at midday Orwell Hotel Library VIP Jazz band

September 22nd 3.00pm St Andrew's Church piano quartet

October 5th at 7.00pm St John's Church Last Night of the Proms

October 18th at 7.30 Ferry Sailing Club Dixiemix Jazz Band

October 30th at midday Orwell Hotel Library “Autumn” words and music

November 13th at noon Orwell Hotel Library. Ward String Trio plays Mozart

November 17th at 3.00pm St John's Church Haverhill Silver band

December 1st at 3.00pm St John's Church Christmas Brass and Choir

December 18th at noon Orwell Hotel Library Champagne Quartet at Christmas

**Tickets on www.ticketsource.co.uk/music-in-felixstowe
Stillwater Books and Music In Felixstowe 01394 670633**

We are delighted to have received grants from Felixstowe Town Council and from the Lions Club of Felixstowe in the latest funding round, helping us to bring more free music into the community. If you know anyone who is unable to get out and would benefit from a free performance at home please contact us on:-

01394 670633 and musicinfelixstowe@gmail.com

Health and Wellbeing



Skydive with Suffolk Mind this September



On Saturday 21 September, Suffolk Mind's annual Skydive is taking place at Beccles Airfield.

This once-in-a-lifetime opportunity will see you soar to around 13,000 feet and when you and your instructor leave the plane, you will fall at about 120mph, descending to 5,000 feet in around 40 seconds!

All we ask is a registration fee of £50 and a minimum fundraising amount of £350, which will help support Suffolk Mind's vital services.

Every £25 raised could support the running of Suffolk Mind's Helpline for one hour, which means around 13 people could be supported by our team.

Most recently, someone emailed in to say they had hit rock bottom. He was homeless and living in a campervan, but he needs to move on as the farmers are selling the land. He felt so isolated and had no friends to support him. We recommended Suffolk Night Owls and counselling to help him, but also gave him other organisation numbers to help him practically.



This story is just one of many examples of how the Suffolk Mind Helpline supports people and while it is not a crisis line, more and more calls to the line are crisis situations.

Find out more about the Skydive including FAQs and registration on the Suffolk Mind website: suffolkmind.org.uk/skydive

Felixstowe Community Hospital League of Friends



This year, the League has already invested over £12,000 in enhancing the hospital, contributing to both patient comfort and the beauty of the garden. In August, the hospital will celebrate 115 years of service to the Felixstowe community. To mark this special occasion, a celebration will be held at the hospital, and a commemorative sundial will be placed in the garden.

We extend our heartfelt thanks to all our supporters—none of this would be possible without your help. Fundraising efforts continue, with a fun quiz and race night planned for September, which promises to be an enjoyable event.

Do you have bookkeeping experience and a few spare hours each week to volunteer? The League of Friends charity is looking for a new treasurer to join our committee. It's an exciting time for the charity as we begin to collaborate more closely with the hospital authorities to help shape the facilities and services provided.

We're a friendly group, dedicated to supporting Felixstowe Hospital. Our current treasurer will remain on board to ensure a smooth and gradual handover.

Interested? Drop us a message!



Suffolk Remembers Unites Hospice and Local Community

Hundreds of people, from the Suffolk community, gathered along Felixstowe seafront to join St Elizabeth Hospice in marking the charity's annual Suffolk Remembers event which once again brought Suffolk Day to a close on 21st June.

Taking place from 9pm-10pm, this year's event saw performances from Ipswich singer, Roma Manteiga-Nicholson, Pop Chorus choir and Martlesham Brass as well as a number of poetry readings, as the sun came down on the Suffolk coast.

The words 'Suffolk Remembers', as is tradition, were illuminated along Felixstowe seafront on the longest day of the year, while people gathered to remember their loved ones and leave a candle dedication in memory of those no longer with us; with all the letters sponsored by local businesses in support of the hospice.



Felixstowe Town Mayor, Councillor David Rowe, said: "Suffolk Remembers has been a moving and fantastic experience to be a part of and one that has allowed me to remember loved ones, whilst stood alongside members of our community. We have had a great Suffolk Day here in Felixstowe. We began the day with an event for care homes and local schools this morning, before then ending Suffolk Day with Suffolk Remembers, an event which really shows Suffolk as its best, with the stunning backdrop of Felixstowe seafront providing the perfect setting."

Now in its eighth year, Suffolk Remembers is a free to attend event, sponsored by East of England Co-op Funeral Services, with donations raised on the evening going to the independent Suffolk charity, which every year cares for more than 4,000 patients, living with a progressive or life-limiting illness, and their families throughout East Suffolk, Great Yarmouth and Waveney

Colin Dixon, Head of Funeral Services at the East of England Co-op, said: "My colleagues and I are truly proud to be a part of this special event that brings people together to remember those no longer with us.

"It is a privilege to offer comfort and reassurance to local families, sharing a cup of tea as we overlook the beautiful Felixstowe coastline. Suffolk Remembers is a unique event, and we are honoured to support it year after year in aid of such an amazing charity."

All were welcome to dedicate a candle, even if they have not previously been under the hospice's care, as the hospice encouraged all who have lost a friend or relative to take the opportunity to join people from across the region in remembering them through Suffolk Remembers 2024.

Each dedication also included a photo and a message to a loved one which were included in the Suffolk Remembers' online gallery as well as a battery candle added to the hospice's physical event display.

St Elizabeth Hospice is an independent Suffolk charity providing free services to improve life for people living with a progressive or life limiting illness throughout East Suffolk, Great Yarmouth and Waveney.

Centered on an individual's needs, the hospice provides specialist support, whenever and wherever it is needed, whether at home, in the community or at the hospice. To find out more about St Elizabeth Hospice call 01473 723600 or visit www.stelizabethhospice.org.uk.



Active Felixstowe

Felixstowe Bowls Club - The Felixstowe Open 2024

The week saw a mixed bag of weather conditions, at the start of the week spectators were wrapped up in blankets, but by the end of the week the green was bathed in sunshine. Players from all over East Anglia and beyond competed in the 93rd edition of the tournament, with the Ladies Singles final being contested between Kat Bowman from Leicestershire and Jackie Bryant from Bedfordshire with Kat winning 21-13 to retain her title.

The Open Triples was a more local affair with a team from Felixstowe and Suffolk, Aaron Giles, Steve Giles and Dave Parker taking on Adrian Beecroft, Gary Hard (substituting for Stan Rutterford) and George Ward from Ipswich Bowls Club in the final. This was a very close match with only a few shots between the teams. Going into the last end the Ipswich trio held a one shot advantage and managed to win the last end to take the title for the first time 13-11.



The Under 18s competition saw some of the England Under 18 team, who had just competed in Belfast the week before, take part. Charlie Beeton took the title by winning all 4 of his games, however he was given a scare in the first game against Rhianna Russel from Hertfordshire. The standard of play was very high and many of the competitors may also be playing for England in the near future.

The middle of the week saw a change with the introduction of a Drawn Pairs, which paired experienced bowlers with less experienced bowlers, many of whom had only played once or twice. Fresh from winning the under 18s Charlie Beeton was paired with Bronwyn Adams who is only 9. There were up against it being the youngest pair in the tournament, however they did win one set. After a fun day of bowls former England international John Rednall and his partner Chris Edgcumb beat Steve Topple and Keira Thurston 2 sets to 0 in the final.

The Pairs competitions were staged at the end of the week. The Ladies Pairs final saw Andrea Dickinson and Sue Stone from Brantham taking on the local pairing of Pauline Black and Margaret Insley (substituting for Sue Fothergill). After 12 ends the scores were level, however the Brantham pair then came on strong to take the title 22-14. Andrea last won a title in 2019 when she won the Ladies Singles.



On the last day of the tournament we held an Under12s 'mini mat' tournament with 8 youngsters taking to the green using junior bowls and playing on half length rinks. Some of the juniors had come from Heath Primary School in Kesgrave. After playing 3 group games of 3 ends each, Leyton played Bronwyn in the final over 5 ends. In a very close affair Leyton won 6-5.

The final event of the week was the Men's Pairs, which saw Steve Giles and Phil Last take on Roger Adams and John Rednall. Giles and Last had been impressive on their run to the final winning their first 2 games by over 10 shots each before coming out on top in a very tense semi-final against Kyle Leeks from Cornard and Aaron Giles from the host club. In the end however, Adams and Rednall took the title for the third time, 12 years after their first title. Sponsor and Club President Jill Lemon closed the tournament in great sunshine. Many of the competitors have qualified for the National Finals in Leamington and we wish them well.

Felixstowe Road Runners



FELIXSTOWE ROAD RUNNERS



Felixstowe Road Runners have presented a cheque for £2000 to East Anglian Air Ambulance in memory of Ben Jacobs, a much-loved club member, who was tragically killed in 2023.

The cheque was received by Yvonne Cornwell in front of over 450 runners before the start of the club's annual Kirton 5 mile race. Ben's son and daughter, Tom and Olivia, were also in attendance.

East Anglian Air Ambulance provide life-saving critical care 24 hours-a-day, 365 days-a-year by air and road. The charity receives no regular government funding and relies on donations to keep their two helicopters flying and saving lives.

Ben was airlifted to Addenbrooke's Hospital in Cambridge following a cycling accident in May 2023 where he sadly died two days later. Ben was active member of Felixstowe Road Runners, and the club was proud to show their support for the charity that did so much to help Ben and thousands of others each year across Norfolk, Suffolk, Cambridgeshire and Bedfordshire.

If you would like to support their work, visit eaaa.org.uk

SUNDAY LUNCH

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NON MEMBERS WELCOME

2 COURSE
£20.00

3 COURSE
£24.00



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Felixstowe Judo Club Hosts Successful Open Competition



Felixstowe Judo Club is thrilled to report that our open competition held in July was a resounding success, with over 50 enthusiastic participants. This event was specially designed for novice judo players aged 5 to 15, offering them a valuable opportunity to learn the rules and etiquette of competitive judo in a supportive environment.



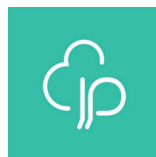
We were delighted to welcome young judo practitioners from 13 clubs across Suffolk, Norfolk, Essex, and Cambridgeshire. The competition provided an excellent platform for these young athletes to gain experience, build confidence, and foster camaraderie with peers from different regions. Understanding the structure of a competition,

adhering to etiquette, and learning to handle both victory and defeat gracefully are crucial aspects of judo training that will benefit our students both on and off the mat.

While we traditionally take a break in August, we are excited to announce that classes will resume on Monday, 2nd September. Our training sessions are held every Monday and Friday, with junior classes for ages 5 to 12 from 6 pm to 7 pm, followed by sessions for teenagers and adults from 7 pm to 8:30 pm. We warmly welcome new students to join us and experience the many benefits of judo. The first lesson is free, providing a fantastic opportunity to try out this dynamic martial art.

For more information about our club and class schedules, please visit Felixstowe Judo Club. Join us and discover the joy and discipline of judo!

Junior ParkRun - Volunteer for a sense of wellbeing!



Have you ever thought about volunteering in your local community, but felt that there aren't enough hours in the day? Are you looking for an opportunity that is flexible and requires only 30-45 minutes of your time and enthusiasm? If so, why not try volunteering with junior parkrun?



Felixstowe Prom junior parkrun is a timed 2k event for 4-14 year olds that runs every Sunday at 9am, meeting on the grassy area by the Leisure Centre. Our event relies entirely on our growing group of wonderful volunteers: we have various roles available, including marshalling,

barcode scanning, timekeeping and tailwalking, however every role is straightforward and rewarding. Whether you want to come along every week or only occasionally, your contribution will be valued by juniors and parents alike!

According to research, people who volunteer at parkrun report feeling a strong sense of community and belonging, as well as improved mental health. Our 'hi-viz heroes' are at the heart of a local event that is welcoming and inclusive, supporting our brilliant juniors to keep active and have fun. It's a great way to start your Sunday - smiles and sea views are guaranteed!



In order to volunteer, you simply need to be registered with parkrun, which is free and takes only a few minutes at www.parkrun.org.uk/register. If you are interested in finding out more, please contact us at felixstowepromjuniors@parkrun.com or via our Facebook page. We would love to hear from you!



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For vacancies and general enquiries please do not hesitate to contact Tracey or Amanda on 01394 278480 or email us: bellstone@bellstonerescare.co.uk

Feel free to check out our new website at www.bellstonecare.co.uk for a little insight of how we do what we do best.



Felixstowe to Commemorate 80th Anniversary of Lancaster Bomber LM258, HA-Q, and its Heroic Crew

On Sunday 25 August at midday, a special commemorative service was held to mark the 80th anniversary of the tragic loss of Lancaster Bomber LM258, HA-Q of 218 Squadron, and its seven heroic crew members.

On that fateful evening in 1944, Lancaster LM258 took off from RAF Methwold at 18:55 hours on a critical mission to strike a V-1 Flying Bomb site, in Vinchy, France. The aircraft, carrying a crew of seven, was struck by enemy flak near St Omer on its return journey.

At 21:15 hours, East Suffolk Police received reports of the Lancaster approaching Felixstowe at a dangerously low altitude. The crew, realizing they could not maintain height on two failed engines, attempted to reach RAF Woodbridge's Emergency Landing Ground (ELG) but were forced to turn back toward the coast. Witnesses recall seeing the bomber circling Felixstowe with its undercarriage lowered before it tragically plunged into the sea a quarter mile southeast of Felixstowe's New Pier. The wreckage was quickly consumed by flames and sank in 12 feet of water.

An RAF Walrus amphibian from 277 ASR Squadron and two High-Speed Launches from Felixstowe Dock arrived at the scene within minutes. Despite their swift response, only three of the seven crew members were recovered from the sea, all of whom tragically lost their lives.

- Sgt Angus Craig (19 years old), the rear gunner, was still alive when found but sadly succumbed to his injuries three hours later in the RAF Sick Bay at Felixstowe.

- Sgt George Covell (20 years old), the mid-upper gunner, and F/O Charles Bryce Oxenham (20 years old), RNZAF, the Bomb Aimer, were both found deceased.

In the following days, the remaining bodies of the crew were discovered along the Suffolk coastline:

- Sgt William Augustus Dyer (20 years old), the navigator, was found in Harwich Harbour on September 1, 1944.

- Flt Lt Doug Haggis (25 years old), the pilot, was washed up on Fagbury Beach, Trimley St Martin, on the same day.

- Flt Sgt Ernest George Murray (26 years old), the wireless operator, was discovered near the Spa Pavilion at Felixstowe on September 2, 1944.

- F/O Glyn Davies Mathias (25 years old), the flight engineer, was the last to be found, washing ashore at Landguard Point, Felixstowe, on October 6, 1944.

F/O Mathias was buried in Felixstowe Cemetery while four others were interred at Cambridge City Cemetery and the other two taken back to their home towns in Ilford, Essex and Northumberland. Ahead of the main commemoration, on Friday 23 August, the Mayor of Felixstowe, Councillor David Rowe, will lay a wreath at the grave of F/O Glyn Davies Mathias in Felixstowe Cemetery.

In 2001, Felixstowe honoured the crew's sacrifice with the unveiling of a granite memorial at the Town Hall. The inscription at the bottom reads: "For that noble action we shall be forever indebted," a line taken from a letter of condolence sent by the Felixstowe Town Clerk to the crew's next of kin in September 1944.



Felixstowe Probus 2 Club



Felixstowe Probus 2 Club was formed in April 1981 and meets every Monday (except bank holidays) at the Dooley Inn, Ferry Lane, Felixstowe. On ordinary meeting days, members gather for tea/coffee and a chat from 10.00 am leading on to a short business session that commences at 10.30am. After the business session, a talk by a speaker or member follows, usually with a Q&A period before the meeting closes around 11.30 – 12.00 noon.

Once a month, normally on the 3rd Monday, we have a lunch at the Inn, gathering from 12.00 for 12.30. Twice a year, we hold a seasonal lunch for our ladies, partners, and widows of past members.

At this year's AGM in May which included the election of officers, outgoing chairman Mr John Brinkley handed over the chain of office to Mr John Varden, who along with newly elected vice chairman Mr Peter Mee will lead the club for the next 12 months.



At the meeting it was also agreed to donate £250 to Felixstowe Community First Responders in support of the fantastic work they do for the town. The presentation of the cheque was made at the June 24th meeting to Mr Lyndon Hunt by John Brinkley.

For any further information about the club, please contact Shaun Rudduck, Treasurer by email shaun_rudduck@msn.com

Felixstowe Lighting Up Day 2024



Are you a singer or band?

We are looking for music for our flagship Christmas 'lighting up' afternoon in the middle of Felixstowe on Saturday 30th November.

We are looking for people to do a 15/20/25-minute set of predominantly Christmas material (though it can have non-Christmas material interspersed) The stage and sound system will be in place – all we need is for you to turn up and perform!

(If you are a solo singer that would need backing tracks or accompaniment, you can bring your own or talk to us about this - don't let not having tracks available put you off.)

Please send an email to flxchristmas@rayners.org.uk with a brief description of your act and a link to a live recording/filming of a performance or demo that you have previously made.

Model Railway Exhibition – 20th October.

Follow us on Facebook for more details on more of the above.

For more information about Lions of Felixstowe please see our web page for more details Felixstowelions.org.uk



The Rotary Club of Felixstowe announces that it made 29k from the recent Charity Boxing tournament and we would like to thank all our supporters and sponsors making This possible. This prestigious annual event held at Brackenbury Sports Centre

Felixstowe saw a full house of 300 diners enjoying a 3 course meal and watching some outstanding Amateur boxing.

On the night there was a raffle with the first prize being a cruise kindly donated by Fred Olsen Cruise Lines, an auction of sporting memorabilia and a fun prediction competition. The matchmaker of the boxing was Martin Webb.

England and Harwich coach and once again we had some very close fights. Hilary Lissenden , the ACOO sport, East London University was the guest referee. The winner of the Dave Norman cup for the best host club fighter was Ryan Guiver



From the £29 500 proceeds Felixstowe Rotary Club has decided to donate 50% to The St Elizabeth Hospice with the balance going to Rotary Club of Felixstowe Charitable trust to use in the local community

After Felixstowe Rotary Club raised £29,500 from their charity boxing tournament on the 17th May. We were delighted to have made St Elizabeth hospice as our main beneficiary, who received 50% of the proceeds. The presentation was made at our club meeting this week. You will see below

Roger Beaton on the left chair of the boxing committee presenting the cheque to Celia Joseph , the community and partnership fundraising manager of the hospice.

Recently, Doug Pipe handed over the presidency of The Rotary Club of Felixstowe to Paul Griffiths, pictured on the right. The Vice Presidency was handed over to Nick Barber.

Result of Byelection for Felixstowe South Ward

Following the Byelection on 4 July 2024, Cllr Wendy Underwood was elected to Felixstowe Town Council to represent Felixstowe South Ward.

Cllr David Rowe, Mayor of Felixstowe, said, "I would like to congratulate Cllr Underwood on her election to the Town Council. I look forward to working with her in the coming months and years".

You can find more information about your elected representatives on page 3 of the magazine.



Felixstowe Salvation Army – Serving the Force

At the Suffolk Police Awards Evening, Retired Salvation Army Officer Major Glenys Askew received a Volunteers Long Service award for 20-years as a police chaplain. When Suffolk Police introduced chaplaincy in 2004, Major Glenys was one 13 new chaplains, and was appointed to serve at Lowestoft and Beccles. She went on to serve at Bury St Edmunds, and currently serves at Force Headquarters at Martlesham.



Major Glenys is pictured receiving her award and citation from Chief Constable Rachel Kearton and Police and Crime Commissioner Tim Passmore. The Major is also an active member of the Felixstowe Salvation Army Corps.

Felixstowe Sea Cadets



July at Sea Cadets is an odd time of year; it marks the start of our boating season. Cadets are pulling their wetsuits out of the cupboard, not bothering to try them on, completely

ignoring the fact they've grown 15 cm since they last wore them. Newer cadets wonder why we want to chuck them in a swimming pool, and adult volunteers ensure our buoyancy aids and lifejackets are up to code. They also desperately try to remember where they put the doohickie that connects the whatamacallit to the thingamabob, and when we find it, it's right where it's supposed to be, which is why we couldn't find it. Seriously, why is it THERE?

Then, we have to check that the dinghies have the right sails, the powerboats are fully stocked with petrol filters, first aid kits, and sweets (the one truly vital component), and ensure everything is stowed safely. Finally, we get out on the water, and it is glorious. It doesn't matter if it's raining or sunny; it's all good. Felixstowe Ferry is our preferred sailing spot, with its nice wide river, lots of expensive yachts to avoid and the opportunity to practice capsizing. However, if the wind isn't blowing, we might head to Ardleigh Reservoir for canoeing, kayaking, or team rowing.

Once a year, usually in August, when the tide is very low, we spend the evening playing games on Horse Sands, a bit of the Deben riverbed exposed by the low water.

This year, like most years, we also took part in the Felixstowe Carnival. We decided Jaws was the most appropriate film for our float. So our cadets, sporting some truly horrendous injuries (most of which were fake, promise!) and our minibus showed off all its shark teeth, all while being chased by our powerboat. Seriously, we're gonna need a bigger boat. We were accompanied by the ferocious land-dwelling blue shark, a real hit with the Carnival crowd, though its dancing skills leave a lot to be desired.

Looking ahead, Sea Cadets and the Royal Navy have a tradition of celebrating Trafalgar Day, the day Nelson defeated the French and Spanish in the famous sea battle. All the Sea Cadet units in our area take turns in hosting the celebration and this year it is Felixstowes' turn. On Sunday October the 13th we will be joined by all the Eastern Area Sea Cadet Units and marking the day Nelson won his famous battle, but lost his life. We will be dressed in our best uniforms and marching through the town, complete with band.

Are you ready for your own adventure? Doesn't matter is you are a master mariner or new to watery adventures, we have a place for you in our crew. If you are aged between 10 and 18, or an adult, you are more than welcome to join us for an upcoming event, training session, or expedition. Discover the thrill of life on, and off, the water with the Sea Cadets. You can find us on Garrison Lane by the railway bridge in Felixstowe.

For more information, visit our website at www.sea-cadets.org/felixstowe or reach out to us directly at enquiries@felixstoweseacadets.co.uk.

Don't miss out on the opportunity to discover the wonders of the sea and a life of adventure with Felixstowe Sea Cadets!

School News



Felixstowe School



The last school year has been a busy one, full of achievements at Felixstowe School, we are delighted to share with you the numerous successes and exciting developments that have taken place, and also look forwards to the coming school year with anticipation.

Our commitment to providing a well-rounded education both inside and outside of the classroom was exemplified through our recent enrichment day and careers fair. Students from all year groups engaged in a diverse range of activities and lessons, focusing on crucial aspects of the RSHE and Personal Development Curriculum. The presence of an Apache Helicopter added a unique dimension to this event, captivating our students' imaginations and broadening their horizons.

In conjunction with the General Election, we organised a Mock Election to educate our students about the intricacies of our government and political system. This hands-on experience proved invaluable in fostering a deeper understanding of civic responsibilities. The day culminated in a Fancy Dress Fun Run for Years 7 and 8, combining physical activity with charitable endeavours.



Our annual Sports Day was a resounding success, embodying the true spirit of community and belonging. It was heartening to witness the entire school participating with enthusiasm, with Helmingham House emerging victorious. The sense of camaraderie and healthy competition was palpable throughout the event.

We have also celebrated the outstanding achievements of our students through various ceremonies. The Key Stage 3 Awards Evening, Year 11 Graduation, and Year 13 Graduation were momentous occasions, recognising the hard work and dedication of our students both within and beyond the classroom. Students were recognised for their exemplification of our school values, Inspiration - Aim High, Influence - Work Hard, and Integrity - Be Kind.



Students in the school have also been working on enriching our environment and making a contribution to the community that we live in. They have been successful in creating a Travel Policy, and worked with an organisation called ModeShift to secure some funding to promote active and healthy modes of travel

to and from school. In addition, our school garden, which this year received the highest level of awards under the RHS School Garden awards, has also been successful in accessing funding from Tesco - thank you to all of those who contributed and supported with this by dropping the blue tokens into the box in store. Students who are regulars in the gardening club were also fortunate to participate in a workshop on willow weaving with a fabulous local artist, Tracy Barrit-Brown, and created some

magnificent sheep sculptures to be displayed in the school garden.

It is with great pride that we announce Ofsted's recent judgement of our school as 'Good' in all areas. The inspectors particularly commended our Sixth Form provision and Personal Development programme, along with our ambitious curriculum and high expectations for students. This recognition is a testament to the collective efforts of our students, staff, and the wider school community.

Looking ahead, we are thrilled to offer a range of enhancing trips. Our Sixth Form students studying A Level Geography will have the opportunity to explore Iceland in March 2025, while those pursuing A Level Media and Creative Arts will attend a Media Live event. For our Key Stage 4 students, we are planning a language immersion trip to Spain in March 2025, designed to support those studying GCSE Spanish. Following the success of this year's ski trip, we are eagerly anticipating another exhilarating experience at Easter 2025.



of curriculum-

These achievements and opportunities reflect our ongoing commitment to providing a rich, diverse, and challenging educational experience for all our students. As we continue to strive for excellence, we would like to express our gratitude for your continued support and engagement in our school community.

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Felixstowe Art Group - Annual Exhibition



We were pleased to announce the winner of the Trophy for the people's favourite at our annual exhibition, or should we say winners as it proved a joint finish with both Carole Massey with "Gambian elder" and Simon Sayer's "The tail of the hurricane". We like to take this opportunity to thank all members that participated and visitors for supporting this event.

If you were unfortunate to miss these events, we will be holding a mini one-day exhibition on Saturday 23rd November at the Old Felixstowe community centre from 10am -4pm. So, we hope you will join us. A further date for your diary is Wamfest at Harvest House on 12/10/24 where a couple of our members will have stands.

We plan to hold further events where possible as sadly our gallery space at Suffolk Living will come to an end from start of October, we would like to thank the proprietor for hosting us so far.

Celebrating the Tour of Britain event, a large bike themed art project was created by group member Jim Lait with Langer school children on the school field. We hope you had the opportunity to view this project. A thank you to Jim for picking up this challenge put to you by our group Chairman Yvonne Smart.

Our Tuesday events programme (7.30-9.30pm a small fee applies) are open to members and guests, those of interest include 12/11/24 - Anne Plummer's Calm waters in acrylic and on 10/12/24 - Chris Parfitt, illustrated talk of crafts and paintings from various countries. Further events scheduled are open to Members only as they include work nights and life drawing should you wish to join us for these and other benefits, please go to our website www.felixstoweartgroup.com for details. Article provided by Janet Woodard

Tree Planting Commemorates 30th Anniversary of Town Twinning with Salzwedel



On Saturday 20 July, Felixstowe Town Council hosted a Civic Reception, attended by Felixstowe Town Councillors, the Salzwedel Association and Jenny Riddell-Carpenter, MP, to celebrate the 30-year Anniversary of Town Twinning with Salzwedel

in Germany. A Charter was signed by The Mayor of Felixstowe, Cllr David Rowe, and Burgermeister Olaf Meining of Salzwedel to mark the historic occasion.

A Broad-Leaved Lime Tree was kindly gifted to Felixstowe Town Council on behalf of Burgermeister Olaf Meining, to commemorate the 30th Anniversary of the Town Twinning partnership.

A Tree-Planting Ceremony was later held in Allenby Park, attended by the Mayor of Felixstowe, his fellow Town Councillors, and members of the Felixstowe Salzwedel Association.

A commemorative plaque is situated in next to the Broad-Leaved Lime Tree in Allenby Park, reading '1994-2024, 30 Years of Town Twinning, Felixstowe and Salzwedel'.



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Volunteering Opportunities at FACTS



Felixstowe Area Community Transport (FACTS) provides accessible transport for anyone of any age with a physical, cognitive, or sensory impairment which limits or restricts use of public transport.

FACTS are reliant on the kindness of our volunteers to operate these vital services, which allow our passengers to attend appointments, social activities and community groups, visit family and friends, as well as get into town or to the supermarket to do their shopping.

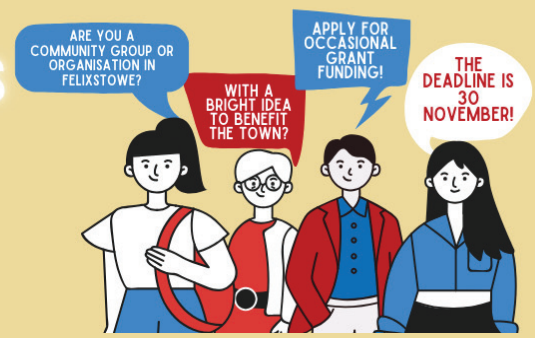
We are looking to add to our team of volunteer drivers to help transport our passengers, either in our fleet of wheelchair adapted vehicles or their own cars. Our vehicles come in a variety of sizes, so we can accommodate volunteers with and without the D1 entitlement on their driving licence. Training is offered for all roles through MIDAS (Minibus Driver Awareness Scheme), and you can volunteer as much or as little as you would like.

Driving for FACTS gives volunteers the opportunity to meet new people and enjoy a chat with our passengers, whilst helping those who may struggle to travel independently stay 'out and about' through our door-to-door transport service.

If you are interested in giving back to the local community and would like more information about volunteering, or would like to learn more about how FACTS can get you out and about, please contact us by phone on 01394 282857, by email at admin@factsbus.org.uk or visit our website at www.factsbus.org.uk

DO YOU HAVE A BRIGHT IDEA TO BENEFIT FELIXSTOWE?
APPLY FOR OCCASIONAL GRANT FUNDING FROM FELIXSTOWE TOWN COUNCIL BY 30 NOVEMBER 2024.
MORE INFORMATION AND AN APPLICATION FORM CAN BE FOUND AT WWW.FELIXSTOWE.GOV.UK/GRANTS

BRIGHT IDEAS TO BENEFIT THE COMMUNITY



Are you a community group, organisation or charity with a bright idea to benefit Felixstowe and the surrounding area?

Felixstowe Town Council is committed to supporting and strengthening the many community groups in Felixstowe. We know that the Council can make a difference through our grants process, but it is also important that we seek a relationship with many of these groups to explore other ways in which they can develop and grow as they need to.

Occasional Grant Scheme



For the year 2024/25 a total of £25,000 has been made available to support community organisations which are able demonstrate a clear need for financial support and which contribute towards the vision

and aims for Felixstowe. Projects and activities must have a specific benefit to residents of Felixstowe. We are particularly keen to hear about any Environmental projects that you are planning and require funds towards.

The deadline to apply for Round 2 of our Occasional Grant Funding from Felixstowe Town Council is 30 November 2024.

Any properly constituted group, club or organisation based in Felixstowe and/or operating for the benefit of its residents can apply.

Please see our website for further information, to download an application form and to view our Occasional Grant Policy. The policy gives details of how to complete the application and what information to include. If you need help with the application process or to submit your completed application form please contact Debbie Frost debbie.frost@felixstowe.gov.uk or 01394 288192.

Annual Grants

In addition, the Town Council provides regular annual support to a number of other local organisations including Art on the Prom, Felixstowe Carnival, Felixstowe Book Festival, Citizen's Advice and Felixstowe Coast Patrol.

Other Funding:

CIL Funding

The Community Infrastructure Levy (CIL) is a planning charge, introduced by the Planning Act 2008, as a tool for local authorities in England and Wales to help deliver infrastructure to support the development of their area.

These funds can be applied for at both district and local level. For further information on the application process, please go to East Suffolk Council's website <https://www.eastsuffolk.gov.uk/planning/developer-contributions/community-infrastructure-levy/cil-spending/>.

Expressions of interest for Felixstowe Town Council CIL funding can be made at any time. Projects should be based on the provision, improvement, replacement, operation or maintenance of infrastructure; or anything else that is concerned with addressing the demands that development places on an area. For further information email debbie.frost@felixstowe.gov.uk

Felixstowe Relief Charity



Felixstowe Relief Charity

Felixstowe Relief Charity has a small fund available to provide relief to beneficiaries who are in need, by reason of youth, age, ill-health, disability, financial or other disadvantage or to aid education.

For further information email trustees.frc@gmail.com or telephone Darren Aitchison on 07838 215964 or Margaret Morris on 01394 274345

Other Grant Awarding Bodies:

East Suffolk Council



The Enabling Community Budgets (ECBs) are intended to support activities delivered by community, voluntary and social enterprise organisations.

A total of £412,500 has been allocated from New Homes Bonus (funding generated through new houses built in the district) for 2024/2025. For further information contact your local East Suffolk Councillor or go to <http://www.eastsuffolk.gov.uk/community/community-grants-and-funding/> for further information on this and other East Suffolk grant schemes.

Suffolk County Council



In 2024/2025, Suffolk's County Councillors have been given a locality budget of £450,000, divided between them; each councillor has £6,000 to spend.

Councillors are able to make recommendations about funding from this budget for local projects in their division, which should benefit the community.

Last year groups and projects that benefitted included:

- village halls
- sports and social clubs
- toddler groups

For further information contact your local Suffolk County Councillor or go to <https://www.suffolk.gov.uk/council-and-democracy/councillors-and-elected-representatives/councillors-locality-budget>

Suffolk Community Foundation



SUFFOLK Community Foundation

Many of Suffolk's small community grants are administered through the Suffolk Community Foundation.

For up to date information and a list of funds visit: <https://www.suffolkcf.org.uk/>



In the first round of grants this year, contributions were given towards many projects including Training Room furniture at T S Landguard Felixstowe Sea Cadets, Heritage Open Day Promotion via the Felixstowe Society, a Trailer Tarpaulin for Santa's

Sleigh via Save the Children and Multicultural Workshops for WAMFest 2024.

Broadway House

When Felixstowe Town Council was formed in 1974, one of its first projects was refurbishing a wooden Victorian building on Orwell Road for a senior citizens' drop-in centre. Originally built as a reading room for local domestic staff.



Post-1974, the building's ground floor operated successfully as a Senior Citizens Centre, managed by F.O.P.W.A (Felixstowe Old Peoples' Welfare Association), and hosted various local organisations' meetings in the evenings. Over time, maintaining the building became a significant challenge for the Town Council, leading to the realisation that it was nearing the end of its usability.

The Council decided that a Senior Citizens Centre should be maintained for Felixstowe, but recognised that demolishing and rebuilding the current structure was the only feasible solution. To ensure the new building's viability and minimize costs for community charge payers, potential partners were considered. These partners valued the building's history and were committed to ensuring the new structure retained the best features of the original and reflected Felixstowe's architectural style.

The old building was carefully demolished in December 2003, salvaging some roof slates and the Victorian finial for reuse in the new structure. The Senior Citizens temporarily relocated to a nearby church hall, with plans to move into the new premises before Christmas 2004.

Construction of the new building began in April 2004, it featured a spacious community hall on the ground floor with complete kitchen and toilet facilities. The first and second floors housed four social housing flats managed by Orwell Housing Association.

The finial from the old building was installed on the new Broadway House, and the Senior Citizens' Centre held its 2004 Christmas party in the new building. The first tenants moved into their flats in early 2005.

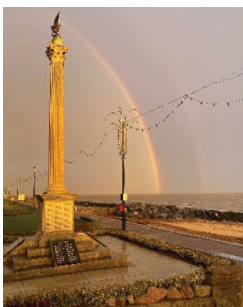
Thanks to innovative partnership arrangements, Felixstowe acquired a brand-new building funded from sources other than the community charge. The Town Council is immensely proud of this achievement, and the 'icing on the cake' was receiving the Felixstowe Society's award for Environmental Enhancement.

Remembrance 2024



Felixstowe Town Council, the Felixstowe branch of the Royal British Legion and local clergy jointly arrange Remembrance Services for the town.

The events to mark Remembrance 2024 can be found below:



Sunday 10 November – Remembrance Sunday

- Civic Remembrance Service 9:45am, St Johns Church.
- Civic Act of Remembrance 10.45am, War Memorial.
- Service at the War Graves, Midday, Felixstowe Cemetery.

Monday 11 November – Armistice Day

- Two minutes of silence, 11am, at Felixstowe War Memorial.

Please join us as we commemorate Remembrance 2024.



Heritage Open Day 2024



Heritage Open Days is England's largest community-led festival of history and culture, involving thousands of local volunteers and organisations. Every year in September it brings people together to celebrate their heritage, community, and history. Stories are told, traditions explored, and histories brought to life, proving the chance to experience hidden places in Felixstowe for free.

2024 Heritage Open Day was hosted in Felixstowe between 6-8 September. Sites open to the public included Felixstowe Town Hall, Martello Tower P,

Harvest House, Felixstowe Museum, Landguard Fort, the Spa Pavilion, Smock Mill, and the Two Sisters Arts Centre, amongst many others.



For more information about Heritage Open Day, please visit www.felixstowesociety.org or www.heritageopendays.co.uk

North Felixstowe Garden Neighbourhood Survey



Residents in Felixstowe and the surrounding area are encouraged to give their view on the North Felixstowe Garden Neighbourhood via a public survey, which is open until 24 September.

The North Felixstowe Garden Neighbourhood aims to provide new housing, as identified in the Local Plan, as well as a new school and a leisure centre. Protecting the natural environment and enhancing public spaces in and around Eastward Ho is also a key part of the plan.

East Suffolk Council is leading the master-planning process aiming to develop an outline planning application for the site for submission in Spring 2025. The project is still in the decision-making stages that considers all options before deciding on the final layout and content of the masterplan. In terms of North Felixstowe Garden Neighbourhood being realised, this is a 10-15 year project.

Take part in the survey: <https://eu.surveymonkey.com/r/northfelixstowemasterplan>. Paper versions of the survey are available to pick up at Felixstowe Library and Felixstowe Town Hall. You can also email the project team at northfelixstowe@eastsoffolk.gov.uk

Who are the Felixstowe Town Council Grounds Team?



The Felixstowe Town Council Grounds Team undertake a number of important duties and play an essential role in keeping your public spaces maintained. These public spaces include Allenby

Park, Gosford Way Park, Felixstowe Cemetery, five allotment sites and 492 allotment plots, the Felixstowe Flood Memorial and the Felixstowe War Memorial. Not only do these sites provide important public spaces to

residents and visitors of Felixstowe, but they are also biodiverse and rich with wildlife.

Felixstowe Cemetery

The Felixstowe Town Council Grounds Team are integral to the operations of Felixstowe Cemetery, facilitating burials and internments, and ensuring that the Cemetery Grounds are well maintained, and grave plots and other memorial sites are well-cared for. Felixstowe Cemetery is home to many mature trees and shrubs, and numerous species of wildlife, which the Grounds Team consider in their upkeep of the Cemetery.

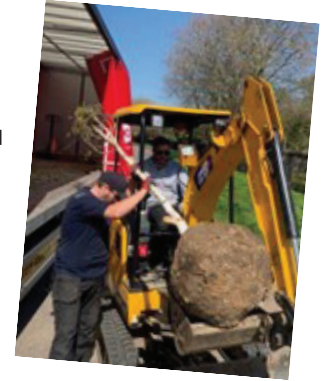


Parks and Public Spaces

In September of 2022, Felixstowe Town Council acquired Allenby Park and Gosford Way Park. The Felixstowe Town Council Grounds Team undertake the maintenance of these spaces, regularly cutting grass, caring for the trees and shrubs on site, planting bulbs in the spring and performing maintaining the public play equipment.

Felixstowe in Flower

Felixstowe in Flower has been bringing colour to the town since 1985. The Felixstowe Town Council Grounds Team erect the hanging baskets, water and care for them over the time they are displayed. The baskets are displayed throughout Felixstowe Town Centre, along Walton High Street and Sea Road, and are sponsored by local businesses.



If you are interested in joining the Felixstowe Town Council Grounds Team, there is currently an opening for a Grounds Maintenance Apprentice.

Allotments

Felixstowe Town Council owns five allotments sites at Ferry Road, Cowpasture, Taunton Road, Railway Hill and the Cemetery Field at Langley Avenue. The Felixstowe Town Council Grounds Team care for these sites, conducting frequent maintenance and repairs, and assisting over 492 allotment tenants.



More information about the opening can be found at www.felixstowe.gov.uk/grounds-maintenance-apprentice. Email jobs@felixstowe.gov.uk for an application form.

Lifetime Mortgages - Gaining in Popularity?

The Later Life Lending market looks poised to bounce back this year after a rise in interest rates dampened demand in 2023.

Although we are only now starting to see a slight shift in the interest rates this year, many advisers (including ourselves at Fairfield Money) are seeing an increase in Equity Release enquiries and from that we are noticing a pattern in the types of clients that are emerging.

The first type are people in their late 60s and early 70s, looking to release a large one off payment to boost retirement funds or help their family.

The second type is a new group of 'younger' borrowers aged 55-64. These clients are looking for help to pay off existing mortgages, manage monthly budgets or reduce debt.

Contact us:
adrian@fairfield-money.com
 01638 551476
www.fairfield-money.com



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 LATER LIFE
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 SPECIALIST



There has been more product innovation to assist the second group of borrowers described previously. A few lenders have launched payment-term lifetime mortgages (PLTMs). These help customers reach a higher loan-to-value ratio than that of a standard lifetime mortgage, this would enable them to release more equity from their homes - this is useful for those looking to repay significant existing debts.

These specific loans require borrowers to make mandatory repayments until their 66th birthday. (For couples, this will be until the elder of the two reaches that age.) After the age of 66 these products transition to a standard roll-up interest lifetime mortgage, although customers can continue making payments if they wish to do so.

If you would like to find out more about these and other later life lending options, please contact us.



This is a lifetime mortgage. To understand the features and risks please ask for a personalised illustration. Our typical advice fee would be £1,000. A lifetime mortgage may impact your entitlement to means-tested benefits and the inheritance you may leave.





FELIXSTOWE TOWN COUNCIL

OCCASIONAL GRANT FUNDING

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