



**Felixstowe Youth Development Group**  
 2<sup>nd</sup> Floor, 54 Cobbold Road, Felixstowe, Suffolk, IP11 7EL

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[www.leveltwo.org](http://www.leveltwo.org)

Registered Charity No. 1102380

Registered Company No. 04125056

**Report for Felixstowe Town Council 2024**

We continue to be grateful to Felixstowe Twon Council for its ongoing support which enables us to provide a wide range of support services for young people & families than would otherwise be possible. Level Two’s Vision is "to promote the welfare of local Young People age 7-25 through supportive relationships and positive experiences designed to enhance their personal and social development." We are committed to developing provision to make a significant improvement in the life chances of all young people, focusing particularly on the more vulnerable.

Our town centre Youth Hub provides a safe place where, through open-access sessions, young people are supported to become healthier, more engaged with their communities and more able to fulfil their potential.

Our experienced and qualified staff are well respected both by young people, parents and other professionals working with young people. Their ability to engage in positive and supportive relationships empowers young people to take responsibility for their own development.

Provision	Overview
<b>Counselling</b>	A young person receives a minimum of 50mins face to face, once a week. The length of the intervention can vary according to need; however, it is a minimum of 12weeks. The aim of our Counselling provision is to enable clients to make sufficient progress in understanding and coping with their complex mental health challenges. They then feel resourced within a supportive network & not so reliant on the ever-diminishing statutory mental health provision. After the intervention the client will be contacted to check that outcomes have been sustained & to explore whether a re-referral is needed. Referrals are made by GPs, health professionals, social care team & schools. Young people & families can refer themselves. We work in partnership with local NHS mental health service.
<b>Mentoring</b>	This mental health intervention is person centred, for vulnerable young people age 7 – 25yrs. Mentees receive a minimum of 50mins face to face once a week. The length of the intervention depends on individual need, varying from a minimum of 12 weeks to more than a year. The outcomes achieved & referral pathways are very similar to that of counselling.
<b>Parent, Family &amp; Carer Support</b>	We offer support for parents in an informal way by being open for parents to drop-in for a chat or to make an appointment to meet with one of our workers. From time to time, based on need, we also run parent support group sessions. We also facilitate a monthly Family Carers group session from our Youth Hub.
<b>Hub Based Early Intervention Sessions</b>	Weekly sessions at our Youth Hub, during term-time & in school holidays. Our early intervention programme looks at different topics on a wide variety of issues, highlighted to us by the young people. Staff encourage young people to engage in activities, access resources with information, offering advice and guidance through visual aids and fun interactive activities to maximise the learning for the young people.





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<b>Primary School Support</b>	We are working in all 10 Primary schools in Felixstowe, both the Trimley's & 3 neighbouring villages. We work with children in Key Stage 2 (age 7+) with particular emphasis on Year 6 and the transition to High school. Work is undertaken in small groups, 1:1, whole classes and via whole school assemblies. Specific topics are offered to the schools, such as friendship, anger management and anxiety, but a steer is also taken from the school so that the needs of individuals are met. Young people have also benefited from the presence of youth workers in the playground, at the beginning of the school day & at break/lunchtime. This has built up strong professional relationships between the young people, staff, parents and youth workers.
<b>Felixstowe High School Support</b>	In addition to the delivery of Mentoring & Counselling, we offer a twice weekly drop-in for young people where they can chat through concerns and access information about our services. This includes LGBTQ support & Sex & relationship advice. Our staff are trained by the Terrance Higgins Trust and offer the C-Card scheme to those in Yr. 9+. We also contribute to the PHSE curriculum by supporting enrichment days.
<b>Drama Group</b>	We have a weekly Drama group for young people age 10yrs – 19yrs. There are no auditions & young people really value this session to express themselves in more creative ways.
<b>Dedicated Additional Needs Sessions</b>	We welcome young people with special needs to join our open access sessions but recognise that sensory or other specific needs may hinder some from participating. For this reason, we offer a dedicated weekly SEND session tailored to low demand reduced sensory needs. We have also worked closely with Stone Lodge Academy offering PHSE days and enterprise week – these are linked to their Life Skills curriculum learning.
<b>Detached &amp; Outreach</b>	We support young people out in the community, taking free hot chocolate, resources & services to young people who are less likely to access centre-based provision.
<b>Not School / Pupil Referral Units</b>	Tutors can use our Hub facilities to work with young people who are not in mainstream education.
<b>Holiday Activities</b>	We offer a variety of activities, trips & visits, Hub based & further afield. We are an Accredited Arts Award Centre. This forms a summer production at a local theatre
<b>Community Allotment</b>	We share a community allotment with the Grove Medical Centre. At the allotment and integrated into hub session, young people can learn knowledge of growing and cultivating plants, cook with produce they have grown, benefit from intergenerational conversation & all the good we get from being outdoors.

