



Felixstowe Parkrun



Felixstowe Parkrun continues to be as popular as ever. On behalf of the team and the people who come to parkrun I would like to thank the Town Council for the £300 we were given. We have used our Grant money for a new, louder PA system for the Runners briefing and Walkie Talkies for the Marshals to use when out on the course. Initially we were going to buy a simless mobile phone but on second thoughts the Walkie Talkies seemed more sensible.

Sarah Fitch - Event Director Felixstowe parkrun



What is Felixstowe parkrun?

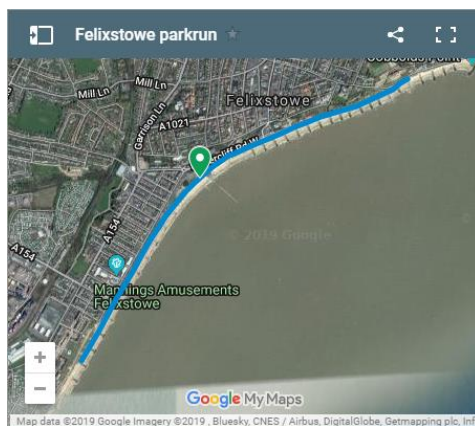
It is a 5km run - it's you against the clock.

When is it?

Every Saturday at 9:00am.

Where is it?

The event takes place at Undercliff Road West, Felixstowe, IP11 2AE.



What does it cost to join in?

Nothing - it's free! but please register before your first run. You only need to register with parkrun once. Don't forget to bring a **printed** copy of your barcode. If you forget it, you won't get a time.

How fast do I have to be?

We all run for our own enjoyment. Please come along and join in whatever your pace!

Felixstowe parkrun needs you!

It is entirely organised by volunteers - email felixstowehelpers@parkrun.com to help.

We're friendly!

Every week we grab a post parkrun coffee in the Boardwalk Cafe Bar - please come and join us!