

Ms Debbie Frost
Deputy Town Clerk
Felixstowe Town Council
Town Hall
Felixstowe
IP11 2AG



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## Together, we are providing a respite lifeline

Dear Ms Frost

Many thanks to Felixstowe Town Council for their generous grant of £354 in 2017 towards providing essential respite breaks for disabled people and their carers from Felixstowe.

Enclosed is a report on how the grant was used.

Thank you to all at the Town Council for your highly-valued support and interest in our work, it is very much appreciated.

Yours sincerely,

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# Report to Felixstowe Town Council

Revitalise would like to say a huge thank you to Felixstowe Town Council for your extremely generous gift of £354 in 2017 towards providing breaks for disabled people and their carers from Felixstowe. The support we have received from the Town Council for the previous two years has been hugely appreciated.

### Key Achievements

During 2016/17 Revitalise provided:

- ❖ 4,601 centre breaks for people with disabilities and carers at our three centres in Southampton, Essex and Southport
- Volunteers worked 3,280 weeks at our centres to ensure that all our guests had a break that offered fun, freedom and choice
- Our Charity Shops benefitted from around 100 volunteers working to raise funds to support our activities
- ❖ In 2016/17 Revitalise allocated £620,000 from our hardship funds, enabling our most financially disadvantaged guests to access a much needed break. We continue to source income for this most valuable bursary fund

#### How your grant was used

Your grant helped us to provide an essential respite break for one disabled person and their carer from Felixstowe. Whilst with us, this guest received 4\*, all-inclusive, accommodation with an ensuite wet room and tracking hoists if required, 24-hour on-call nurse led care, a daily programme of entertainment, the choice of a range of daily excursions on our fleet of accessible minibuses, and the companionship of our army of residential volunteers – 80% of whom are aged under 25.

Postcode	Date of break	Gender	Age	Disability	Centre	Themed Week
IP11 9**	19/08/17	Male	51	Multiple Sclerosis	Jubilee Lodge	Summer in the City

## The impact of our breaks

It is through the words of our guests that we can best reflect how much a break means, and below are two quotes we have recently received from our guests.



"The company, good food, trips out to places of interest, being able to relax with other people around. We are so grateful to be able to get a holiday that caters for all our needs. We could not wish for more."

"The break was like an oasis in a desert, for one week everyday stress was relieved in a warm super friendly environment. For one week I felt normal with everyone very supportive."

We can only provide our essential service through the generosity of our supporters like you...Thank you