

Felixstowe parkrun received £300 from the Town Council for useful equipment that wasn't part of our startup kit from parkrun UK.

Parkrun is a not for profit community event run by volunteers, that takes place on a Saturday morning all over the world. It is a 5k timed run that is totally free of charge and it encourages physical activity and community participation.

With our grant money we purchased a gazebo for our volunteers to use as an administration point during and after the runs take place. We have also spent some of the money on boxes to put the kit in and clipboards and stationery and a folding table.

We need to address the crowd of runners who come to parkrun each week so we purchased a megaphone but this wasn't up to the job so we then bought a portable PA system.

At the time of writing we have just had the first parkrun and have been overjoyed with the outcome. So many people came from Felixstowe and surrounding areas to take part and we have had local businesses report increased turnover which bodes well for the future.



Our Megaphone before it broke!!



Some of our team and volunteers at the first Felixstowe parkrun

