



August
2013

NEWS UPDATE

The
Newsletter
of Felixstowe
Town Council

Public Health, Local Government and National Health Service Changes

One of Felixstowe Town Council's Working Parties which meets quarterly is the Community Services Group (Health Councillors) chaired by the current Mayor, Councillor Jan Garfield. Councillor Garfield herself has a healthcare background and the Town Council often receives queries and feedback regarding various healthcare matters in Felixstowe. There have been a number of changes to healthcare recently, both nationally and locally, which have a direct impact on local residents. Following a recent meeting with the new Director of Public Health for Suffolk, Members of the Community Services Group felt that it would be useful to include some information about these changes in the Town Council's newsletter.

There is an increasing demand upon the National Health Service, coupled with an increasingly ageing population and a longer life expectancy. The challenge is how to continue to provide a modern National Health Service (NHS), in a time of austerity. Following reviews and consultations, significant reforms in England have been made law by the Health and Social Care Act 2012. Under the Health and Social Care Act 2012, a restructure has taken place and responsibility for public health is being transferred back to local government from the NHS. In Suffolk, responsibility for this remit falls to Suffolk County Council. The Act states that each local authority must take such steps as it considers appropriate for improving the health of the people in its area. Importantly this was the first time a duty to improve public health had been introduced. In addition, the local authority must appoint a Director of Public Health and establish a Health and Wellbeing Board. This has now taken place. A small team, based in Endeavour House, are now seeking to implement the considerable changes introduced under the Act. Before the reforms, the NHS in England was structured under the Department of Health with 10 Strategic Health Authorities and 152 Primary Care Trusts, with health services being provided through NHS Trusts and primary care services. Now, a new structure is in place including NHS England, Clinical Commissioning Groups, Community Health Services, Public Health England and Public Health departments based in local authorities. The flow of funding has also changed. For Felixstowe, the Ipswich and East Suffolk Clinical Commissioning Group (CCG) has an allocation of funding from Public Health England, and the CCG is now led by doctors and clinicians.

Suffolk County Council is now responsible for taking steps to protect the health of the local population, ensuring NHS Commissioners receive the public health advice they need, ensuring appropriate access to sexual health services is available and ensuring the National Child Measurement Programme and NHS Health Checks are provided. Overall, the public health goal is to improve public health and to reduce public health inequalities. The Suffolk Public Health Team has had transferred to within its remit a number of existing contracts with time left to run. These are being monitored and reviewed. In terms of budget, the allocation for Suffolk is understood to be equivalent to £35 per head of the monies available for Suffolk from NHS England, with Suffolk being in the bottom quartile. This allocation was based on past history, not necessarily on current need. Broadly speaking Suffolk

is a relatively healthy county which means that less budget is allocated. There is broad acknowledgement that the allocation formula would need to be reviewed. A key element of the Health and Wellbeing Board is engaging in consultation. Public health is affected by a complex mix of factors including education, environment, finance, employment opportunities and whether a person is active, happy and exercising. These matters are now part of the remit of the Health and Wellbeing Board.

A key area for public health is the importance of giving children the best start in life, and there is an increasing focus on children's mental health as well as physical health. A new Children's Director is now also in post at Suffolk County Council who would be involved in this debate. The pressures of modern living could also adversely affect adult mental health. It was acknowledged that there is work in place to look at the provision of mental health services across Suffolk. Other areas which remain a challenge in terms of public health consequences were alcohol (considered to have the most significant adverse impact), drugs and smoking. Public education on these issues is important. The contact for the Public Health Team at Suffolk County Council is Nicky Clouter, Executive Assistant to the Director of Public Health: nicky.clouter@suffolk.gov.uk

Felixstowe Sea Front Health Walks

Health walks are a good way of keeping fit and socialising. Felixstowe has a series of planned walks:

12th Aug, 2nd Sept, 16th Sept, 30th Sept, 14th Oct, 28th Oct

A fortnightly Monday morning walk for all (Bank Holidays will be skipped to the next week). Meet at 10.45am outside the Leisure Centre entrance. Start your week off with a refreshing entry level Health Walk along the Promenade at Felixstowe. An average walk of approx. 1 - 1½ hours depending on walkers and weather on the day. Grade 1 (2 if a greater distance).

Tuesday 20th August

Meet at 10am in the car park at the south end of Cordys Lane, past Trimley Station. Walk is from the parking area at Searsons Farm along tracks and footpaths, taking in Fagbury Cliff view point, (no facilities available). Grade 3 approx 3 miles or 4.8 km, about 90 minutes.

Tuesday 10th September

Meet at 10am in the parking area at Manor Road caravan park. Walk is then down to Landguard Point and back, so there may be some uneven surfaces to walk on. Grade 3 approx 2 miles or 3.2 km, about 90 minutes.

Monday 23rd September

Meet at 10 am in the parking area just north of The Grove Roundabout. Walk is through The Grove and along some footpaths and lanes back through The Grove. Grove Road - north off Grove Rd roundabout (Beatrice Ave/Colneis Rd). Grade 3 approx 2.8 miles or 4.4 km, about 90 minutes.

Monday 7th October

Meet at 10am in the picnic area at the start of Capel Hall Lane (no facilities available). Walk is out though Capel Hall Farm, using footpaths and tracks to return through Falkenham village. Grade 3 approx 3.8 miles or 6.1 km, just over 90 minutes.

Contact details: Health Walks Team, Livewell Suffolk, Adelphi House, 8 Turret Lane, Ipswich, IP4 1DL. Tel: 01473 229292, info@livewellsuffolk.org.uk, www.livewellsuffolk.org.uk



www.visitfelixstowe.co.uk

Wings on Waves

Please join us for a memorable day on 4th August. A Church Service will be held at 11 am at St John's Church, Orwell Road, Felixstowe and this will be followed by a Parade by Cadet Forces at 12.30pm, from the Spa Pavilion to the Town Hall. At 3pm an Air Display will take place (weather permitting) over the sea, opposite the Town Hall. Aircraft include the Catalina Flying Boat (kindly sponsored by the Port of Felixstowe), the Grace Spitfire and many more. Visitors can also enjoy stalls and refreshments along the seafront area.

Felixstowe Carnival and Art on the Prom

There are two big events to look forward to – the Felixstowe Carnival Weekend is on Saturday 10th and Sunday 11th August, and Art on the Prom is on Sunday 1st September. Full details on both are available from the Tourist Information Centre and www.visitfelixstowe.co.uk

Felixstowe in Flower

The Town Council hopes that you are enjoying the floral displays and hanging baskets organised and funded by Felixstowe Town Council, with grateful thanks to all our sponsors.

HOW TO CONTACT US

Felixstowe Town Council, Town Hall, Undercliff Road,
Felixstowe, IP11 2AG

Tel: 01394 282086 Fax: 01394 285920
Email: caroline.barrett@felixstowe.gov.uk
enquiries@felixstowe.gov.uk

Officials of the Council:

Town Clerk: Mrs Caroline Barrett
Technical Advisor: Mrs Rosemary Jones

WHEN WE MEET

The Full Council meets at 7.30pm.

Feel free to come along to our meetings to see and hear what issues we are talking about. There is a public question time at the start of each meeting so that you can let us know your views on Felixstowe issues.

Forthcoming meetings:

14th August and 2nd October 2013 at Felixstowe Town Hall

WHAT WE DO....

Some services the Town Council provides:

- Allotments • Felixstowe in Flower
- Cemetery • Broadway House and Walton Community Hall
- Felixstowe Town Hall Lettings • Youth Forum
- Civic occasions and Flood Memorial
- Grant Support to Local Organisations



• Weddings and Civil Partnerships

Enjoy your Civil Ceremony or Civil Partnership at Felixstowe Town Hall.

For further information,
please contact

celia.page@felixstowe.gov.uk

Some of what we do in partnership:

- Consultation on planning applications • Libraries
- Highways matters/transport issues • Safer neighbourhoods
- Felixstowe Futures • Twinning • Christmas Lighting
- Play area/sports facilities

A LIST OF YOUR TOWN COUNCILLORS

EAST WARD

Mr Graham Newman [Deputy Mayor]

1 Mellis Court, FELIXSTOWE IP11 2YQ

Phone: 01394 670316 Email: graham.newman@suffolk.gov.uk

***Mrs D M Savage** [Vice Chairman F & GP]

16 High Beach, FELIXSTOWE IP11 7LE

Phone: 01394 285895 Email: doreen.savage@suffolkcoastal.gov.uk

***Mr C D Slemmings** [Chairman F & GP]

52 Westmorland Road, FELIXSTOWE IP11 9TJ

Phone: 01394 285441 Email: chris.slemmings@suffolkcoastal.gov.uk

NORTH WARD

***Mr M L Deacon**

282 High Street, Walton, FELIXSTOWE IP11 9EA

Phone: 01394 211146 Email: mike.deacon@ntlworld.com

Mr M Walker

110 Garrison Lane, FELIXSTOWE IP11 7RB

Phone: 01394 279818 Email: martin.walkerftc@btinternet.com

***Ms K A Williams**

Liberty House

Gulpher Road, FELIXSTOWE IP11 9RF

Phone: 01394 277066 Mobile: 07814499375

Email: kwilliams@williams-wroe.com

SOUTH WARD

Mr R J Garfield

27 Rogers Close, FELIXSTOWE IP11 9DG

Phone: 01394 210887 Email: jongarf@ntlworld.com

***Mrs J M Sennington**

71 Upperfield Drive, FELIXSTOWE IP11 9LT

Phone: 01394 285030 Email: joan.sennington@suffolkcoastal.gov.uk

Mr C W Webb

24 Orwell Road, FELIXSTOWE IP11 7DB

Phone: 01394 275056 Email: jedwina_webb@lineone.net

SOUTH EAST WARD

***Mrs J M Garfield** [Mayor]

27 Rogers Close, FELIXSTOWE IP11 9DG

Phone: 01394 210887 Email: janet.garfield@suffolkcoastal.gov.uk

***Mr A J A Smith** [Chairman Plans]

'The Porch', 15 Foxgrove Lane, FELIXSTOWE IP11 7JU

Phone: 01394 283283 Email: andy.smith@suffolkcoastal.gov.uk

Mr M W Stokell [Vice Chairman Plans]

8 Church Lane, Walton, FELIXSTOWE IP11 9DJ

Phone: 01394 270727 Email: mikestokell@btinternet.com

WEST WARD

Mr N Barber

31 Fairfield Avenue, FELIXSTOWE IP11 9JQ

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***Mr S Bird**

70 Hintlesham Drive, FELIXSTOWE IP11 2YL

Phone: 01394 275128 Email: stuart.bird@suffolkcoastal.gov.uk

***Mrs M Morris**

79 Ranelagh Road, FELIXSTOWE IP11 7HY

Phone: 01394 274345 Email: margaretamorris@hotmail.com

***Mr M Sharman**

130 Chelsworth Road, FELIXSTOWE IP11 2UJ

Phone: 01394 213071

*Denotes: District Councillor as well as Town Councillor

County Councillors:

[Felixstowe Coastal Division]

Mr Nick Barber, 31 Fairfield Avenue, FELIXSTOWE IP11 9JQ

Phone: 01394 283266 Email: nick.barber@suffolk.gov.uk

Mr Graham Newman, 1 Mellis Court, FELIXSTOWE IP11 2YQ

Phone: 01394 670316 Email: graham.newman@suffolk.gov.uk

[Felixstowe North/Trimley Division]

Mr John Goodwin, 23 Beatrice Avenue, FELIXSTOWE IP11 9HB

Email: john.goodwin@suffolk.gov.uk Phone: 01394 277650

District Councillor for the South Ward:

Mr P Coleman, 18 Cavendish Road, FELIXSTOWE IP11 2AR

Phone: 01394 282705 Email: peter.coleman@suffolkcoastal.gov.uk

Remember ...

We want to hear your views. Please let us know by telephone or email, using the contacts shown on this page.