

Level Two Youth Project - Over View

The support from the Felixstowe Town Council towards our core costs is invaluable in helping us to offer the provision outlined below. Several Town Councillors have also contributed to specific projects from their community enabling budgets. We appreciate the positive relationship we have with the Town Council, both through the representatives that the Town Council have designated, and through the presence of Councillor Mike Deacon as a Management Board member.

Our **Vision** is "to promote the welfare of local Young People age 10-25 through supportive relationships and positive experiences designed to enhance their personal and social development." We are committed to developing provision to make a significant improvement in the life chances of all young people, focusing particularly on the more vulnerable. In 2014 we worked with over 660 individual young people with over 6500 contacts.

Our town centre Youth Hub provides a safe place where, through **open-access, age related and gender specific sessions**, young people are supported to become healthier, more engaged with their communities and more able to fulfil their potential. In five weekly open access or focused activity sessions, they receive **information advice and guidance**. Through discussion or creative arts they can express their ideas, concerns or fears, as well as share their successes in a supportive relaxed and encouraging environment.

We work closely with all 7 junior / primary schools and the Felixstowe Academy. This enables us to support young people in **Year 6 in transition to High School**. We do this as a large group session open to all Year 6 and through a small focus group session for the most vulnerable.

Our one to one **health and well-being mentoring** is designed to raise the aspirations of vulnerable young people, equip them with the skills to accept responsibility and make informed decisions. It also gives them coping skills to deal with difficult situations that are beyond their ability to change. Our health and well-being work also covers **sexual health and relationships**. We provide our own service and work closely with the school nursing team.

Young People with disabilities and those with additional learning needs are also welcome at both Open Access and dedicated sessions, where they can engage with youth workers to benefit from a safe social setting, interact with peers and have access to all that Level Two offers.

During **School Holidays** we offer a fun and varied programme of activities, at the youth hub, out and about locally and further afield to enjoy days out to places such as Outdoor adventure Centres, Museums and attractions, Theme Parks and Ice skating.

.Our project has use of a minibus, and we would like to use this facility to deliver more **'Detached' sessions** out in the community, as well as transport young people from nearby rural villages to sessions at our youth hub.

We encourage 16-25 year olds to take up **volunteering opportunities** in the project. We also offer the opportunity to complete an accredited qualification on a level 1 course "Understanding Youth Work Principles". We also support student placements at degree level.

Shez Southernwood

Stephen Wyatt

Project Manager

Vice Chair

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