

Felixstowe Youth Development Group

2nd Floor, 54 Cobbold Road, Felixstowe, Suffolk, IP11 7EL

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www.leveltwo.org

Registered Charity No. 1102380 Registered Company No. 04125056

Report for Felixstowe Town Council 2020



We are grateful to Felixstowe Twon Council for its ongoing support which enables us to provide a wider range of support services for young people than would otherwise be possible.

This following is an account of the work we have carried out in the last year. However, it needs to be noted that as of March 19th the Coronavirus pandemic has serverely restricted what we can offer.

Level Two's Vision is "to promote the welfare of local Young People age 7-25 through supportive relationships and positive experiences designed to enhance their personal and social development." We are committed to developing provision to make a significant improvement in the life chances of all young people, focusing particularly on the more vulnerable.

Our town centre Youth Hub provides a safe place where, through open-access, age related and gender specific sessions, young people are supported to become healthier, more engaged with their communities and more able to fulfil their potential.

Our experienced and qualified staff are well respected both by young people and other professionals working with young people. Their ability to engage in positive and supportive relationships empowers young people to take responsibility for their own development.

General Overview of Level Two Youth Project (2020)

Services offered

Open Access – these are weekly sessions during term-time, at weekends & in school holidays. These sessions are staffed with experienced & qualified youth workers and volunteers. At these sessions they can access our Early intervention resources which look at different topics on a wide variety of issues, highlighted to us by the young people. Staff encourage young people to engage in activities, access resources with information, advice and guidance through leaflets, books, visual aids and fun interactive activities to maximise the learning for the young people. They can also use the Hub as a safe space to socialise and meet with friends using all facilities on offer including our creative arts room and use of computers.

Key Stage 2 & above, in-school support & Yr. 6 transition - Working in all 7 Primary schools in Felixstowe & the Trimleys, a dedicated team of youth workers works with young people across the year groups, with particular emphasis on Year 6 and the transition to High school. Work is undertaken in small groups, 1:1, whole classes and via whole school assemblies. Specific topics are offered to the schools, such as friendship, anger management and anxiety, but a steer is also taken from the school so that the needs of individuals are met. A feelings group & mindfulness sessions have also been effective. Young people have also benefited from the presence of youth workers in the playground at the beginning of the school day and at break/lunchtime; this has ensured that strong professional relationships are built up between the yp and youth workers. It has also been an invaluable opportunity to promote Level Two, resulting in many Year 6 young people attending Open Access sessions during the week and many more families learning about our existence.









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LGBTQ – We provide a safe space for young people age 14+ who identify or need support with LGBTQ+ issues. This is delivered by way of a drop-in at Felixstowe Academy.

Additional Needs – We encourage young people with additional needs to attend our main stream open access sessions. In addition we can run dedicated session during the school holidays for young people with additional needs. We also work closely with Stone Lodge Academy offering regular Cheerleading sessions, PHSE days and enterprise week – these are linked to their Life Skills curriculum learning.

Parent / Carer Support – We offer support for parents in an informal way by being open for parents to drop-in for a chat or to make an appointment to meet with one of our workers. From time to time based on need we also run parent support group sessions.

Detached / Mobile Youth Bus – Using our minibus we support young people out in the community, taking free hot chocolate, resources & services to young people who are less likely to access centre based provision. We are currently in the process of purchasing a bespoke Youth Bus which will enhance this area of our provision & open this service up to wider communities. Our Outreach work provides a sustained service of activities & support over a 6wk period in different locations.

Mentoring – 1-1 well-being service supporting young people's mental health for those age 7 -25yrs. Young People can self-refer or be referred by one of our staff, GP, social care team, school or other. This can take place at our youth hub, in school or another agreed suitable venue.

Counselling - We have a Qualified Registered Counsellors offering a counselling service.

Holiday Activities – Each school holiday we offer a variety of activities, trips and visits. There is a cost to access some of these activities, although subsided for those unable to access due to financial hardship. These activities take place at the youth hub, out & about within the local community & further afield.

Volunteering opportunities – There are many ways to volunteer with us – both with face to face youth work and behind the scenes with tasks such as IT / Media support, maintenance and repair, driving our minibuses, admin support, fundraising and much more. Our volunteers are DBS checked, and references sought. They receive induction, supervision and support in the same way as our paid staff.

Sexual Health – Sex & relationship advice is offered to young people as and when needed. Our staff are trained by the Terrance Higgins Trust and offer the C-Card scheme to those in Yr. 9+. We are looking to expand this service offering sexual health services out in the community, working in partnership with the Grove Medical Centre.

Drop-in at FXA – A weekly drop-in is available at FXA where young people, staff and parents can chat through concerns and access information about our services.

NEET – We are open during the day for older young people age 16+ to come to the Hub to receive support and sign posting on Benefits, Housing, CV writing, interview prep, apprenticeships, Job searches.

Not school – The Raedwald Trust & the Princes Trust use our facilities at the hub to work with young people who are not in mainstream education, employment or training for a variety of reasons.

Training & Meeting Venue - Our Hub is used by & open to other agencies to use for meetings & training.





