

Felixstowe Twins Club

What we are

Felixstowe Twins Club provides weekly play sessions for twins and other multiples and their siblings during term time and holidays. We also provide support to parents and grandparents and other carers of twins and multiples. range of additional needs.

Why we are necessary

As children centres have closed the service we provide is more important than ever. They say it takes a village to raise a family, sometimes those with twins need a little more help than that. There is no help better than speaking to others who have been through it and are able to share tips and give advice about what worked for them.

Our reach extends to all parts of Suffolk, but particularly Felixstowe and east Suffolk.

What we provide

We provide an invaluable service to new parents as well as lasting friendships.

We hold our meetings in a venue provided by Felixstowe Opportunity Group who are themselves a local charity relying on our support.

Our setting provides –

- Soft Play Area
- Outside Playroom
- Fully Enclosed Garden with Outdoor Play Equipment
- Sensory Room
- Free Flow Play
- Adult Led Activities
- Parent respite for part of the session in our onsite parent lounge

We also have a Facebook group for support and facilitating buying and selling of old equipment.

We also have a WhatsApp group that has been essential during the coronavirus lockdown, providing support to parents with young twins - some of whom were born during lockdown.

Our plans

We rely on attendance fees so ensuring we have enough families attending each session is important or we would be unable to keep running. Currently we are endeavouring to raise awareness of the group as each year as sets of twins move onto school numbers can dwindle. We have produced leaflets that have been distributed a NICU at Ipswich hospital and to new parents at John Lewis among other venues. We have also promoted the group via Facebook, and we have a post on the Twins Trust about our group, but to continue growth we need to do more.

Felixstowe Twins Club has been running since approximately 1980, so as we approach our 40th anniversary we are looking to raise awareness of the facility with a campaign commemorating the anniversary and involving members new and old. We intend to arrange a reunion (after the pandemic) where we will engage with the press with a view to publicising the club. We have started up a Felixstowe Twins Club Reunion group as well for those interested in a reunion and we have already had some interest from the local radio station in covering it.

The grant from Felixstowe is being used to enable us to continue to run, helping us to pay fees for the venue and also publicising our services.

In addition to the event we hope to run after lockdown eases we will be promoting the group via a website.