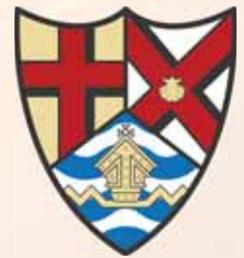


# Autumn

Issue 14 The Seasonal Magazine  
for Felixstowe Residents **2022**



**FELIXSTOWE**  
TOWN COUNCIL



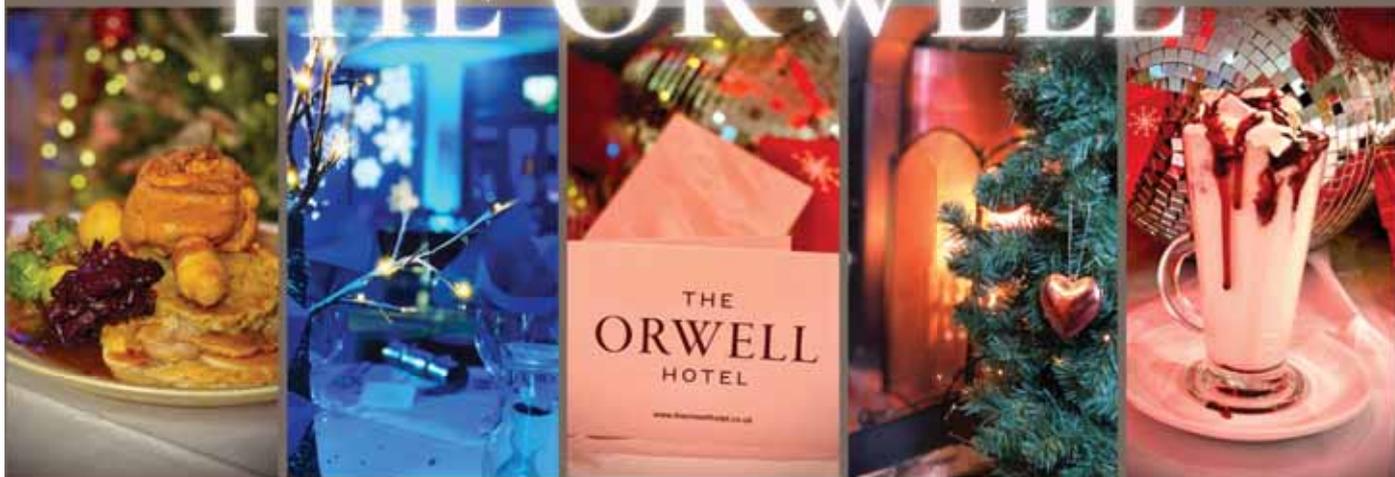
- Felixstowe Wins Coveted Green Flag Award • Love Felixstowe
- Town Council Goes Electric • Grants Deadline Approaching
- WAMFest Returns • Santa's Sleigh Tours Felixstowe

EST. 1898

# THE ORWELL HOTEL

FELIXSTOWE

# CHRISTMAS AT THE ORWELL



Saturday 4th Dec - Old Skool Band £49pp

Saturday 11th Dec - The Lockerbillies £49pp

Saturday 17th Dec - Disco Night £40pp

*Including a 3 course meal & the above entertainment*

Christmas Eve Dinner 2 course £29pp - 3 course £34pp

Christmas Day Lunch Adult £100pp - Child £50pp

*Including a drink on arrival, entertainment by the Champagne Trio, 3 course meal, coffee & treats*

Boxing Day Lunch Adult £40pp - Child £20pp

*Including a 3 course meal & entertainment by Tyler & Kemp*

New Years Eve with The Ladybirds £90pp

*Including a drink on arrival, 3 course meal & a toast drink at midnight*

reservations@theorwellhotel.co.uk



01394 285511

# Hello everyone and welcome to this Autumn edition!

It has been a long, sizzling summer, and I trust that you have enjoyed the blue skies, a dip in the sea and our amazing events – many free! From Felixstowe Carnival to the award-winning Felixstowe Triathlon and everything in between, there was something for everyone. I have been privileged to be at the heart of most events, inspired by Felixstowe's strong community spirit and local talent. Recently, I shone the spotlight on my own chosen charities as we celebrated our first Charity Event. A sincere 'thank you' to everyone who attended the Mayor's Afternoon Tea and to Mark Adams, Trustee of The Compass for hosting the event in his lovely and unique garden.

Alongside my chosen charities, Felixstowe Community Hospital League of Friends, The Compass and Felixstowe Opportunity Group, we have planned an exciting array of events for the coming months. If you're looking for something different to do with your evenings and would like to support three fantastic, local charities, take a look at the posters for our upcoming, scheduled events below. Whether you have a taste for the finest fashion in Felixstowe or fancy yourself as an expert detective at our murder mystery evening, there's a chosen charity event for everyone to enjoy.



On 24 August, I was proud to stand with our Ukrainian families as they celebrated Ukrainian Independence Day, sharing their culture and singing their national anthem with such passion and pride. A poignant event as it also marked six months since the start of the war with Russia. On the evening, an emotional candlelit vigil was held to remember the lives of those lost in war.

As we now move into Autumn, Felixstowe still has much to offer with WAMfest (page 20), Heritage Weekend, a new Love Felixstowe festival, hosted by the Felixstowe BID, (see pages 17 and 18) and the spooky return of a Halloween favourite at Landguard, the Little Fort of Horrors.

Sadly, we are all bracing ourselves too as the rise in energy bills soar and the cost of the supermarket shop escalates. People in our community will face severe hardship, many forced to choose

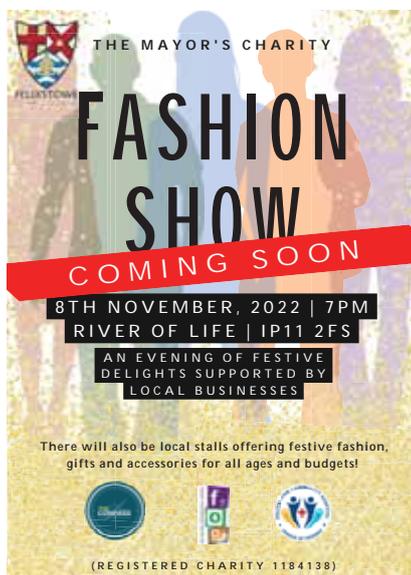
between heating or eating. It is reassuring, then, that East Suffolk Council,

Felixstowe Town Council, Felixstowe Community Partnerships and Churches Together are working to offer packages of support for individuals and families to help tackle the cost-of-living crisis. From access to food, finance support to local, free, safe warm spaces – more detailed information will be available over the coming months as packages are finalized.

However, it is important to recognize that the cost-of-living crisis goes beyond politics. This is a moral issue too and we all have a responsibility to our neighbors and to those in our community that have the least or the greatest need. I have every faith that Felixstowe will show compassion during these tough times ahead.

Cllr Sharon Harkin, Mayor of Felixstowe

## Upcoming Mayor's Chosen Charity Events:



## Your Magazine

We would be pleased to receive relevant articles from community groups and voluntary organisations letting residents know what is happening in the Felixstowe area.

If your group would like to submit an article for consideration in the next quarterly edition (Winter, covering December 2022 – February 2022) send it via email to [enquiries@felixstowe.gov.uk](mailto:enquiries@felixstowe.gov.uk) by Tuesday 15th November

If possible, include hi-res images/photos and your group's logo. You don't have to send a fully-written article – bullet points or a few notes are fine to help point us in the right direction – but it must be no longer than 250 words.

We will aim to cover many different articles from issue to issue and will seek to offer a fair and equal representation for community groups throughout the town. Sometimes articles may have to be edited, shortened or dropped altogether.

## Advertising

Limited advertising space will be available in future editions to support the cost of publication, with priority given to local, reputable businesses.

**Call 01394 282086 or email [enquiries@felixstowe.gov.uk](mailto:enquiries@felixstowe.gov.uk) for prices and to book your ad.**

Photo credit: With thanks to Stephen Squirrel for cover photo and various header images.

## Getting in Touch

Drop into the Town Hall or call us during office hours (9am – 4pm Mon-Fri) or email us at any time. We'd love to hear from you.

Phone: **01394 282086**

Email: [enquiries@felixstowe.gov.uk](mailto:enquiries@felixstowe.gov.uk)

Address:

**Felixstowe Town Hall  
Undercliff Road West  
Felixstowe  
IP11 2AG**

[www.felixstowe.gov.uk](http://www.felixstowe.gov.uk)



**Felixstowe is a  
Fairtrade  
Town**

# An Update from the Mayor's Chosen Charities

The Mayor of Felixstowe chooses a number of charities to support over the duration of their Mayoral term. Look out for a soon-to-be-released Events Programme, which will outline all of the exciting Mayor's Charity Events scheduled to take place over the following year. In the meantime, find out what The Compass, Felixstowe Community Hospital League of Friends and Felixstowe Opportunity Group are up to below.



## Felixstowe Community Hospital League of Friends

We were thrilled to be chosen as one of this year's Mayor's charities and are now working with The Compass and Felixstowe Opportunities group, planning some exciting joint events for the year ahead.

Saturday 16th July was our Annual Summer Bazaar, and we were delighted to see so many turn out to show their support. Special thanks go out to those local businesses who provided raffle prizes, in particular Felixstowe Travel who donated our first prize of tickets for 2 to Duxford Air show with travel included. Felixstowe Mayor, Sharon Harkin attended and spoke to nurses, craft stall holders and members of the public. The event was a great success raising in the region of

£950 which will go towards providing vital equipment to the Hospital and local health care services.

Friday 19th August saw us celebrate the Hospital's 113th birthday with an afternoon tea party providing an opportunity to give thanks to both past and present staff. Originally called the Croydon Cottage Hospital, was built in 1909. Both the site and the building itself were gifted by Mr C H E Croydon, an Ipswich jeweller who had a home in Montague Rd. The Hospital continues to operate providing Minor Injury Unit, a variety of clinics and wards for patient recovery. The birthday event was attended by Felixstowe Mayor Sharon Harkin, the daughter of Joan Rich, staff and patients. A picture board of old hospital photos was set up and became quite the talking point as those featured were named!

Coming up we have Afternoon Tea on 3rd September, a Quiz Night on the 23rd September, a coffee morning on 8th of October and a Fashion Show 8th of November ready for the festive season. We will also be arranging more volunteer gardening sessions to help maintain the Hospital gardens for patients and staff.

Please show your support and follow our activities on Facebook 'Felixstowe Community Hospital League Of Friends' or contact our membership secretary on [membershipchlf@gmail.com](mailto:membershipchlf@gmail.com). We are always keen to welcome new friends to the charity and as this year will be a fun packed time, we'll also be very grateful for any volunteer helpers to support our events - just message or email us.



## The Compass - Life is SO complicated



'Thank you for calling. Your call is important to us. You are number 14 in the queue. Enter your date of birth after the tone...'

Familiar? We live in a world which is increasingly complex. Our banking system is faceless and has a language of its own. Cash transactions are almost a thing of the past. The opportunities to get in to debt are vast, and the option to phone and chat through a problem with a real person, almost non-existent.

It is difficult to give a one-line explanation as to what The Compass does, but a huge part of our work is around supporting individuals and families for whom our self-service, faceless, IT-driven world has become unmanageable. Add to that scenario broken relationships, health issues, redundancy, debt or social anxiety and life quickly becomes overwhelming. Most of our service-users are referrals from statutory agencies.

We opened our doors in April 2021, and have worked with over 170 cases, of which we have been able to move on over 140. Our stated aim is to help people from dependence to independence. We work with whole households, not just the referred individual. The Felixstowe community has been superb in supporting our work, through practical help and charitable donations. As we are a Christian charity we work with many of the local churches, relying on them for volunteers, prayer support and use of facilities for life-skills courses. We are currently facing a tsunami of need due to the cost of living crisis. As we head towards winter, never will the support of the whole community be more important.

Article provided by Dee Balshaw, Chair of Trustees

## Felixstowe Opportunity Group



This year, Felixstowe Opportunity Group decided to stay open for the summer holidays. We published a comprehensive program of activities on our website and lots of folks have been coming to visit for the first time. We have been busy with arts and crafts, and in this lovely warm weather, with thanks to Katie Thompson, one of our lovely Mums, we made chalk ice to draw with.

We have been open four days a week for tots and their older siblings, and have welcomed lots of new faces over the last few weeks. One of the favourite activities was making stop motion animation movies with Lego. There were two groups of children who, after only a very short set of instructions, were able to create movies of Lego people and cars, buildings, and even a full-scale battle! The children had lots of fun and are hoping learn more at an after school club.



We have been able to help new visitors who have children with additional needs and require support. As English was not their first language we helped them to source support locally and the family is now more aware of how they can help their son.

It has been so lovely to see the children start to develop friendships as many of our regular visitors have been attending since we opened in February and play really well together. This gives all our Mums some time to chat to each other about all manner of subjects. We have sorted out most of the world's problems and given each other loads of hints and tips about everything from parenting to cooking to gardening and furniture restoration.

The summer has been a wonderful time of growth in our little corner of the world! We are going to be sorry to lose our older children in September as they move up to school, but we are hoping that lots of new families will come to see us with younger children.

# Who do I talk to about....?

With three tiers of local government in Suffolk it can be confusing knowing which authority to contact about local matters or a particular service. This brief list outlines some of the key areas covered by each council to help untangle the web and to show who does what in your area.



FELIXSTOWE  
TOWN COUNCIL

**Felixstowe Town Council is the council closest to its residents and is responsible for:**

[www.felixstowe.gov.uk](http://www.felixstowe.gov.uk)

or call 01394 282086 or visit

- The office of the Town Mayor, Deputy Mayor and Mayoral engagements
- Awarding grants to support local community group and charities
- Remembrance events in conjunction with the Felixstowe Branch of the Royal British Legion
- The upkeep of Felixstowe's War and Flood memorials
- Felixstowe's Community Emergency Plan
- Felixstowe in Flower floral basket scheme and competitions
- Floral bedding at the Triangle and seafront
- The locally funded Police Community Support Officer (PCSO)
- Supporting the provision of Community Public Access Defibrillators
- Felixstowe Town Hall – the administrative home of the Town Council, a local base for partner community services such as the Suffolk County Council Registrar, open to the public for meetings and a popular wedding venue
- Broadway House – the home of Felixstowe Old People's Welfare Association (FOPWA)
- Walton Community Hall – available for private and community hire

- Allotment sites at Cowpasture, Ferry Road, Railway Hill and Taunton Road
- Felixstowe Cemetery and its Gardens of Rest
- The Felixstowe Civic Awards scheme to recognise our local community heroes
- Supporting the town's twinning and partnership arrangements with the German towns of Wesel and Salzwedel
- Felixstowe Youth Forum
- Funding the Christmas Lights (supported by the Lions Club of Felixstowe)
- Annual funding contribution to key local service providers including Felixstowe Volunteer Coast Patrol Rescue Service, Level Two Youth Project, Felixstowe Forward, Citizens' Advice and the Landguard Partnership
- Making representations on local planning applications, strategic plans and consultations
- Representing the community at around 20 outside bodies, organisations and partnerships affecting many aspects of life in Felixstowe



EASTSUFFOLK  
COUNCIL

**East Suffolk Council provides a range of regulatory and community services across the whole of the East Suffolk district and is responsible for:**

[www.eastsuffolk.gov.uk](http://www.eastsuffolk.gov.uk)  
Or call 0333 016 2000 or visit

- The collection of council tax and business rates
- Local planning and building regulations
- Kerbside waste and recycling collections, including fly tipping (in conjunction with East Suffolk Norse)
- Benefits
- Community Safety
- Elections
- Street cleaning
- Housing needs
- Maintaining the resort of Felixstowe and the provision of beach huts
- Maintenance of Felixstowe's public parks, open spaces and play areas (in conjunction with East Suffolk Norse)
- Public car parks (note: currently the police are the only on-street parking enforcement authority)
- Licensing, Environmental and Port Health
- Leisure services (in conjunction with Places Leisure)



SUFFOLK  
COUNTY COUNCIL

**Suffolk County Council is the top tier of local government, providing services on a county-wide basis and is responsible for:**

[www.suffolk.gov.uk](http://www.suffolk.gov.uk)

Or call 0345 606 6067 or visit

- Highways (except motorways and major A roads which are the responsibility of Highways England)
- Education and Libraries
- Social services
- Trading standards
- Public transport
- Bus passes and disabled parking permits
- Registry of births, deaths and marriages
- Most street lighting, pavements, rights of way, footpaths and cycle ways
- Adoption and fostering
- Fire and rescue services
- Waste and Recycling centres

## Felixstowe Fairtrade Forum



This tourist season we have launched a new leaflet listing all the shops and cafes in Felixstowe serving Fairtrade products. You can pick up a copy at the Tourist Hut on the sea front or at the library. You can also view the list on our website at [www.felixstowe-fairtrade.org.uk](http://www.felixstowe-fairtrade.org.uk), which has recently been refreshed to make it more user friendly. Do take a look.

The leaflet contains a message from Patrick Kaberia, our contact in Kenya, who is Patron of the Suffolk Association of Fairtrade Towns (SAFT). He says: "I am sending you this message to encourage you to support Fairtrade in Felixstowe by buying fairtrade products in local shops and cafes. Fairtrade makes a big difference to communities like mine. As well as ensuring fair prices and good working conditions we receive a Fairtrade premium to fund projects of our choice to help the local community, for example by increasing the space in our local school and planting native trees to help reduce the effects of climate change."

Cafes and shops featured in the leaflet are also being promoted via our Facebook page and on Instagram. We hope this publicity initiative will encourage more local shops and cafes to serve Fairtrade products. If you serve Fairtrade goods and are not yet included please contact us via the website and we will investigate.



# Town Councillors 2020/2023

**Mayor of Felixstowe: Cllr Sharon Harkin**

**Deputy Mayor of Felixstowe: Cllr Mick Richardson**

## Coastal Ward

**Darren Aitchison**

darren.aitchison@felixstowe.gov.uk  
07479 556736



**Nick Barber**

nick.barber@felixstowe.gov.uk  
07876 757268



**Seamus Bennett**

seamus.bennett@felixstowe.gov.uk  
07818 664751



**Steve Gallant \***

steve.gallant@felixstowe.gov.uk  
01394 276336



**Sharon Harkin**

sharon.harkin@felixstowe.gov.uk  
01394 671758



**Mark Jepson \***

mark.jepson@felixstowe.gov.uk  
01394 278622



**Doreen Savage**

doreen.savage@felixstowe.gov.uk  
01394 285895



**Steve Wiles \* \*\***

steve.wiles@felixstowe.gov.uk  
07986 566225



## Marshes Ward

**Mick Richardson \***

mick.richardson@felixstowe.gov.uk  
07946 028517



## Port Ward

**Stuart Bird \* \*\***

stuart.bird@felixstowe.gov.uk  
01394 275128



**Tracey Green \***

tracey.green@felixstowe.gov.uk  
07759 218476



**Graham Newman \*\***

graham.newman@felixstowe.gov.uk  
07802 397905



**Andy Smith**

andy.smith@felixstowe.gov.uk  
01394 283283



## Walton Ward

**Mike Deacon \***

mike.deacon@felixstowe.gov.uk  
01394 211146



**Margaret Morris**

margaret.morris@felixstowe.gov.uk  
01394 274345



**Kimberley Williams**

kimberley.williams@felixstowe.gov.uk  
01394 284180



### Key

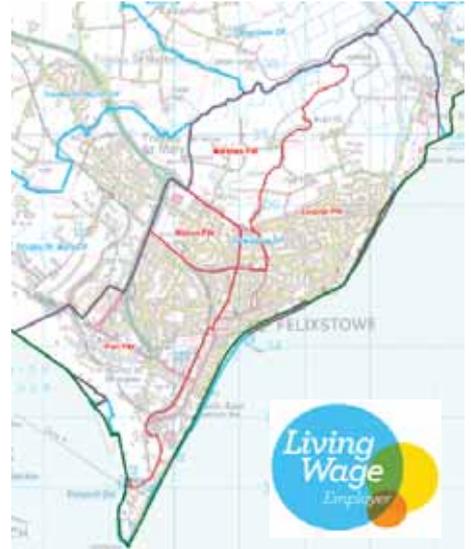
\* Councillor is also a Member of East Suffolk Council

\*\* Councillor is also a Member of Suffolk County Council

## Member of Parliament for Suffolk Coastal:

**Dr Therese Coffey MP**

therese.coffey.mp@parliament.uk  
020 7219 7164



# Felixstowe Town Council

## UPCOMING COUNCIL MEETINGS

The Council comprises 16 Members representing four wards who are elected every four years. Council also delegates some of its functions to its Committees. Please note forthcoming meeting dates below:

14 September	Civic & Community	7.30pm
21 September	Planning & Environment	9.15am
05 October	Planning & Environment	9.15am
19 October	Planning & Environment	9.15am
19 October	Civic & Community	7.30pm
26 October	Finance & Governance	7.30pm
02 November	Planning & Environment	9.15am
09 November	Full Council	7.30pm
16 November	Planning & Environment	9.15am
23 November	Assets & Services	7.30pm
30 November	Planning & Environment	9.15am

Note: all meetings listed are open to the press and public, who are also welcome to attend online via Zoom. 15 minutes are set aside for public participation, during which time members of the public can speak or ask a question. Details on when meetings take place, the matters for consideration and records of decisions made are all available on our website, facebook page and twitter. For further information please telephone 01394 282086 or email [enquiries@felixstowe.gov.uk](mailto:enquiries@felixstowe.gov.uk).

## Contacting Council Staff

**Phone:** 01394 282086 (all staff)

**Email:** [enquiries@felixstowe.gov.uk](mailto:enquiries@felixstowe.gov.uk)

**Address:**

Felixstowe Town Hall, Undercliff Road West, Felixstowe, IP11 2AG

**Website:** [www.felixstowe.gov.uk](http://www.felixstowe.gov.uk)

**Ash Tadjrishi** – Town Clerk and Responsible Financial Officer  
[townclerk@felixstowe.gov.uk](mailto:townclerk@felixstowe.gov.uk)

**Debbie Frost** – Deputy Town Clerk  
[debbie.frost@felixstowe.gov.uk](mailto:debbie.frost@felixstowe.gov.uk)

**Sue Faversham** – Civic Events Officer  
[sue.faversham@felixstowe.gov.uk](mailto:sue.faversham@felixstowe.gov.uk)

**Sarah Morrison** – Planning Administration Assistant  
[sarah.morrison@felixstowe.gov.uk](mailto:sarah.morrison@felixstowe.gov.uk)

**Shaun Congi** – Financial Administration Assistant  
[shaun.congi@felixstowe.gov.uk](mailto:shaun.congi@felixstowe.gov.uk)

**Holly Miles** – Communications Apprentice  
[holly.miles@felixstowe.gov.uk](mailto:holly.miles@felixstowe.gov.uk)

**Janine Smith** – Administration Assistant  
[janine.smith@felixstowe.gov.uk](mailto:janine.smith@felixstowe.gov.uk)

# Your Community Stories

## Felixstowe Wesel Association



"Thank you for a wonderful greeting from the huge number of spectators who gave us a cheerful welcome in the Carnival parade" were the words spoken by Wesel Carnival Prinz Andre and Prinzessin Susanne on their first visit to Felixstowe.

Together with other representatives from Wesel, our guests enjoyed the Friday evening Carnival Proms Night music at Beachside events area, sightseeing

around the town, meeting Mayor Sharon Harkin, viewing the Port of Felixstowe from the harbour ferryboat service, and time to enjoy the beach and sea swimming and meeting members of our Association.

Greetings to Felixstowe were also received from Wesel Carnival President Ludger Becker and others who were sadly unable to come because of Covid.

Thanks to Level 2 for their help with transport arrangements, one-to-one transport for the loan of their vehicle for our carnival float, Tim Garrett-Moore for this photograph and all our Members who helped and came to our "Farewell evening meal" at the Brook hotel.



Visits to Wesel from Felixstowe have re-started first by members of the Felixstowe Rifle Club, then some private visits with plans being made, we hope, for an Association group visit later this year.

## Autumn at Landguard Fort



From the musket ball to the nuclear bomb there's over 400 years of military, social and geo-political history in both the building

itself and the many exhibits on offer for visitors to discover, experience and enjoy....and we've lots of special events planned for the autumn season too:

- A weekend saver joint ticket giving access to both Felixstowe Museum and Landguard Fort saving adult visitors over 10% when compared to the cost of two separate tickets. This ticket cannot be purchased in advance. It can be bought on the day of your visit at the ticket office of either venue.
- On the 1 and 2 October the 95th Rifles will be at the fort re-enacting this elite regiment of the Napoleonic era – cooking and eating authentic rations and practising the drills and tactics that were refined on the battlefields over 200 years ago.
- Prepare to be scared! The Halloween 'Little Fort of Horrors' is back on the 28 and 29 October. Scream your heart out with our live actors, special effects and spooky atmosphere at one of the most haunted places in Britain.
- And we're making plans for Santa and his elves to visit the fort from the 16 to the 18 of December. As well as the giving all the good girls and boys a chance to tell Santa what they'd like for Christmas there'll be a post box for any last minute letters to Santa, hot chocolate, mulled wine and mince pies to get everyone into the Christmas spirit. Who knows – it might even snow!

For more information, opening times and to book tickets please visit the 'what's on' page at [www.landguard.com](http://www.landguard.com).



## East Suffolk Council – Development to Langer Park and 'The Gallopers' Return



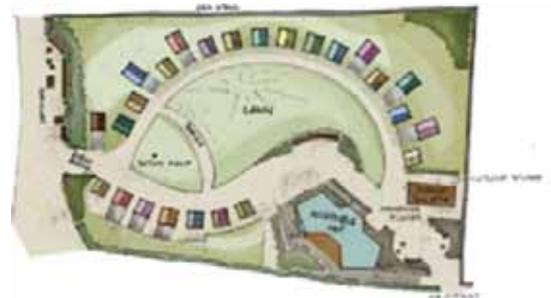
In June, we were delighted to unveil our two new bespoke benches in Langer Park created by Tim Germain, a furniture maker based in Ipswich. Tim used oak sourced from The Grove woodland to make these striking additions to the park.

The refurbishment of the toilet block is complete with the toilets available between 6am - 4.30pm each day.

And finally, the park is now sporting some long-awaited new signage. We've used old aerial photos to show how much the area has changed over the years. We absolutely love them – what do you think?

### Seashore Village & Activity Park

We are excited that the Seashore village and Activity park begins construction in late September. On completion, the development will provide 27 beach huts to purchase, landscaped gardens and a toilet block featuring a changing places facility as well as 5 hireable beach pods. The outdoor activity park will include outdoor gym equipment, climbing walls, table tennis and 3 lane petanque piste – a fantastic addition to the south seafront.



### Old Fashioned Carousel

We were delighted to welcome back Downs Traditional Steams Fair and their 'Pride of the South' galloper who spent a couple of sunny weeks on the old trim trail site in August. Did you know that this particular carousel dates back to 1893 and has appeared in 'Chitty Chitty Bang Bang', 'Half a Sixpence' & 'Who framed Roger Rabbit' films?





## Do you "Dare to Dip" with Sam Phillips?

My name is Sam Phillips and I am one of many people who has suffered with anxiety and depression. Ever since I was young, I over-obsessed about my health. I was basically a hypochondriac. It was ruining my life, which led on to severe depression and panic attacks.

After struggling with addiction and finding myself in a dark place, I discovered cold-water therapy, which has been the major tool to get me back on track.

In 2021, I set myself 30-day cold shower challenge and realised afterwards that - both mentally and physically - the benefits are incredible. So I upped the ante and in March last year I set myself the challenge of going into the North Sea every day for a year, calling the challenge 'Dare to Dip'.



I completed the year-long challenge on 15 March and what a journey it was!

When I started, I had no idea it would inspire so many others. On day one, I dipped alone. On day two, someone joined me. On day three, more people joined and the group grew and grew.

By the end of the 365 dips, hundreds of people had got involved in the challenge, helping to raise hundreds of pounds for Anxiety UK and awareness for mental health.

I got an Mayors Award for outstanding contribution in my community and I was a Pride of Britain finalist, which still hasn't sunk in. But I know it's made my daughters proud, which is what I set out to do! My girls are my world! They've taken the blue out of the skies and put it back in my eyes and I am forever grateful.

Because I personally know how effective cold water therapy can be and I've seen it help so many others, I've now come up with a challenge: Dare to Dip December.

People all over the UK are already getting involved and even people in the USA and Canada have accepted the challenge so far!

I'm challenging people to do some form of cold-water therapy for the whole 31 days of December, whether in the form of cold showers, lakes, sea or ice baths. Obviously safety is key and I would ask anyone with health issues to seek medical advice before taking on the challenge. I also ask people not to dip alone, so get your pals involved. The aim is to save lives - not to lose any!

Cold-water therapy has improved my life massively and it could do the same for you.

The goal is to improve and change people's lives for the better. So get involved if you struggle with mental health, or even if you don't and just want to help raise awareness!

That just leaves us with one question... do you dare to dip this December?

## Old Felixstowe Community Association



We are pleased to announce that one of the actors from the popular TV sitcom Hi-Di-Hi will be giving an illustrated lunchtime talk on Thursday 29 September about his career as an actor and broadcaster. David Webb who, with his twin brother Tony, played the yellow coat twins on the series, was also a regular presenter on BBC Radio Suffolk for several years. The event will be 50's themed to reflect the times of the Holiday Camp era, so you are welcome to dress appropriately, but it is not compulsory! Tickets are priced at £10 and will include a fish and chip lunch, soft drinks will be available to purchase. Please contact me on 07572119834 or Gina on 272466 for more information.

We have been working hard on a project to resurface our courtyard at the Centre, appropriately named the Jubilee Courtyard. The official opening will be on Saturday 8 October at 11am during our popular Community Market so please join us to grab a bargain and see our ever-improving facilities at the Centre. Felixstowe Town Council made a very generous grant of £1,000 towards the project for which we are most grateful.

Our current Treasurer wishes to stand down and we thank her so much for all her hard work conducted in such a professional manner. If you are interested in joining our friendly team or know of anyone, please contact Lorna who will give you an idea of what is involved. Lorna can be contacted on 07743 123779 or email treasurer@oldfelixstoweca.org.uk

Article provided by Celia Page, Chairman

## Memory Lane



At the beginning of 2022 local care company Home Instead took over the running of the Memory Lane Support Group in Felixstowe. The group was formed by the Felixstowe Dementia action Alliance and has been running for a number of years providing

support for those with dementia and their carers in the community of Felixstowe and Peninsula. Since January 2022 there has been a new steering group to oversee the group.

The Memory Lane support group currently meets fortnightly on Fridays between 10.30am and 1pm at the Salvation Army, Cobbold Road Felixstowe. The group is well attended and has been supported by donations from local businesses and families. It has



also received funding thanks to the Port Community Fund/ Suffolk Foundation and the Boost Grant from the East Suffolk Council.

A second Memory Lane Support Group has been set up at Trimley Memorial Hall, High Road Trimley for those with dementia and their carers in the community. The group meet on alternate Fridays between 10am to 12pm.

Wendy Chard Head of Community Engagement and Dementia Trainer for Home Instead said "Home Instead are passionate about our community work and understand how challenging some days can be. We want to help people to live well with dementia. Our aim is to be there to support members of the groups over coffee and cake, have some fun, but also provide access to information, signpost to resources which is available in the area in order to help those attending the groups. We are actively seeking volunteers to help at the Felixstowe group".

If you wish to support the groups and for further information please contact Wendy on 01473 272301.



# Felixstowe Chamber News



It has once again been a busy time at the Chamber in recent weeks, as we add to our Committee and grow our membership in and around Felixstowe.

We are pleased to announce two new Committee members: Leanne Gittins, a Kirton-based recruitment expert and Bronze member; and Andy Proctor, of Silver member C&S Warehousing, in Walton Avenue. Welcome to them both; their combined knowledge and expertise will be valuable assets to the Committee.



Leanne Gittins



Andy Proctor

We hosted one of our most successful events so far this year at Felixstowe Museum on 20th July, where guest speaker Christopher Grover, Active Travel Officer in the Department of Growth, Highways and Infrastructure for Suffolk County Council, gave us an insightful presentation on the Council's 'The Way to Go' initiative, which provides information about walking, cycling and public transport, and encourages people to adopt alternative ways of travelling.

As well as learning about the business and wellbeing advantages of alternative modes of transport, Chris gave us the chance to try out a two-wheeled electric bicycle and a three-wheeled electric cargo bicycle. Not only were these new eco-vehicles great fun to trial (in the blazing Landguard sunshine!), but they also inspired us with healthier, cheaper and more environmentally-friendly transport options to consider.

David Gledhill, the Chair of Landguard Peninsula Charitable Trust, also gave guests a taster of Felixstowe Museum – a former submarine mining establishment – with the aim of encouraging more visitors to this fascinating seafront treasure.

We really appreciate Christopher's time and a big thank-you to the Museum for being such an excellent host. Thanks also to the Old Felixstowe Brewery



Company, who provided a pop-up licenced bar, showcasing their locally-produced stouts, beers and ales.

We are looking forward to our Chamber visit to David Button Independent Funeral Directors on the evening of 23 August, which is open to both members and non-members. Long-standing Gold member David and his team have kindly offered a rare opportunity to for the Chamber to visit The Old Bank in Walton, where we will learn about the important work that they carry out, how they interact with the community, with the chance to ask any questions – all over convivial refreshments, in a calming atmosphere.

If you are interested in learning more about what the Chamber can offer you and your business, or you would like to become a member of our Committee – or perhaps you would like to sponsor one of our upcoming networking events – please contact Amanda Oliver, Business Officer, via

[amanda.oliver@felixstowechamber.co.uk](mailto:amanda.oliver@felixstowechamber.co.uk)

[www.felixstowechamber.co.uk](http://www.felixstowechamber.co.uk)

# Level Two



What a wonderful summer we are having here in sunny Felixstowe. We were delighted to be part of the Felixstowe Carnival again this year; what an absolutely wonderful event & massive well done to "Mr. & Mrs. Carnival", John and Julie Bellemy, for skilfully crafting such an amazing weekend of events for us all to enjoy.



Our 21st Birthday of Level Two Youth Project was such a special celebration, thank you to all who joined us. We will be opening up the Hub again in the Autumn for you all to come and see what incredible services and facilities we give to Felixstowe.



We are in full swing of our Level Two summer Programme, full of activities for young people to enjoy. Please see our website or social media for more details.

Our Phone Box renovation continues & is taking shape nicely. More on this and other community ventures and projects we are leading on soon!

We remain the only dedicated comprehensive Youth Service in Felixstowe, meeting the needs of children & young people aged 7-25yrs in our area. In addition to our summer Programme, all other services continue. These include 1-1 Mentoring and Counselling, Outreach and Detached sessions weekly at the Pier & the Skate Park and family support as & when needed.

Wishing all our teachers in all the schools we work in a restful summer break and we look forward to reengaging with you in September.

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**Felixstowe**

# Festival of Remembrance

7.30pm  
Thursday 10<sup>th</sup> November 2022  
Spa Pavilion, Felixstowe  
Tickets £15

Tickets available from the Spa Pavilion  
Box Office  
01394 284962 or [www.spapavilion.uk](http://www.spapavilion.uk)

Christina Johnston    Master of Standards    Drums Head Service  
Felixstowe Harmonies    Royal Hospital School Corps of Drums

In Support of the  
2022 Felixstowe Poppy  
Appeal  
Registered Charity No 235278

## Felixstowe Royal British Legion



The past few months have been a busy period for the Felixstowe Branch of the Royal British Legion. We have started regular meetups with veterans, serving military and their families, there is a breakfast club every last Tuesday of the month at Station Café in Great Eastern Square and then an evening social every second Friday of the month at Felixstowe and Suffolk Bowls Club in St Edmunds Road. These are very well attended, if you would like to join us please just come along.

At the beginning of June we organised a parade through the town as part of the Queens Jubilee celebrations. The parade was led by the Royal British Legion Band from Leiston who were followed by Standard Bearers and cadets from the local Sea, Army and Air units. These were followed by Scouts and Guides from the town, all the youth groups involved have the Queen as their patron. The parade started in the town centre and finished outside the Town Hall, where the Mayor read the Royal Proclamation and spoke to some of the cadets.

Later in June we held memorial services for VE Day and the 40th anniversary of the end of the Falklands Conflict, these were well attend and very poignant events.

The main events we are involved with before the end of the year are Poppy Appeal, the Festival of Remembrance and Remembrance Sunday. This years Poppy Appeal will be launched on Saturday 29 Oct, this will involve an event at the Triangle which will include live music, military vehicles and a parade. This will mark the start of the two week Poppy Appeal, we plan to have stalls in Morrisons, Co-Op and Lidl as well as a gazebo at the Triangle each Saturday. If you would like to volunteer as a collector in one of the supermarkets please get in contact.

Following on from the success of last year our Festival of Remembrance will be held at the Spa Pavilion again, it will take place on Thursday 10 November starting at 7.30pm. This years entertainment will include Christina Johnston, Felixstowe Harmonies, the Royal Hospital School Corps of Drums, the Royal British Legion Band and performances from the local cadet units. This will be a truly memorable evening, please book your tickets through the Spa Pavilion box office.

Remembrance Sunday is always a very well supported event, with the parade and service taking place at the War Memorial at 11am on Sunday 13 November. Please come along and show your respects to those that made the ultimate sacrifice protecting our country during war.

We will again be holding a Veterans Christmas Meal at the Brook Hotel in early December, look out for more details in the local free press and on social media.

I'd like to thank everyone for your continued support, the Felixstowe Branch is made up of volunteers who give up their time to support the charity and our veterans and serving personnel. If you would like more information about any of our events or would like to get involved please contact Darren Aitchison, Chairman of Felixstowe RBL on 07838 215964 or [felixstowe.chairman@rbl.community](mailto:felixstowe.chairman@rbl.community)

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## Felixstowe Master Mariners



After a short summer break the Felixstowe Master Mariners Club have re-commenced their monthly lunch meetings at Felixstowe Ferry Sailing Club, on the last Tuesday of each month. The Club is open to all Master Mariners and those with a close nautical affiliation and for a modest yearly subscription. Members are under no obligation to attend lunches.

Members usually gather for pre-lunch refreshments at 1200 hrs and then enjoy an excellent lunch provided by local caterer KB Catering ([kbcatering31@gmail.com](mailto:kbcatering31@gmail.com)). This is followed by a short and topical talk by an invited speaker.

You can find all about our Club, how to join and details of speakers that have kindly agreed to give us an after lunch talk, by visiting [www.mastermariners.uk](http://www.mastermariners.uk)

# Getting Ready for Rudolph and Looking for Helpers



With bright lights gleaming and Christmas soundtrack ringing out, the sight of Santa in his sleigh pulled by his faithful reindeer, Rudolph, has been loved by the communities of Felixstowe and the surrounding villages for well over four decades.

Preparations are now underway for the Christmas 2022 campaign with the Rotary Club of Felixstowe and Save the Children, to bring seasonal cheer and raise funds for worthy causes. Over thirteen December evenings, and four weekend daytime appearances, volunteer collectors, team leaders and drivers – as well as those donning the famous red suit and beard – will venture down streets and stand by shops with collecting tins and electronic payment machines to raise vital funds for our charities. For the second year running, we will be working with Felixstowe Lions, who are helping us do our best to cover our ever-expanding town. We look forward to seeing you and thank you in advance for your generosity and support.

We are always keen to welcome new volunteers, whether individuals, families, friends, organisations, or colleagues looking for a team-building experience. It's a great way to fire up the Christmas spirit and have the satisfaction of bringing joy to fellow citizens. If you are interested, please contact [p.j.griffiths@btinternet.com](mailto:p.j.griffiths@btinternet.com).

We would also like to express our gratitude to Vicky and Harry, the Landlords of The Half Moon in Walton for once more providing Rudolph with his winter stables. In addition, we were very grateful to receive a grant from Felixstowe Town Council. More information is available on page 16

## Open your Eyes to Better Sleep with Suffolk Mind



Set up your day to get a better night's sleep and feel better for it. It's the one gift within our grasp which could support the mental wellbeing of generations to come.

Sleep, just like diet and exercise, is hugely important for our wellbeing, but post-pandemic, as many as 9 out of 10 of us think we could get better sleep.

Parents, grandparents, or those with other caring responsibilities (for partners /elderly relatives) are more likely to be at risk of poor quality sleep or affected by insomnia.

During the pandemic, limited activity and reduced social contact unpicked established routines, prevented us from meeting our emotional and physical human needs and impacted the nature of our sleep for the longer term too.

Embracing positive sleep patterns can stop this slow-motion creep and set a game-changing example for long-term mental health. Try introducing little actions and changes to lifestyle choices and encourage others to do so.

### Here's 8 daytime things to do to help get a better night's sleep:

1. Exercise. Tire the body, burn the stress hormone cortisol.
2. Eat well. Enjoy a balanced diet.
3. Cut the caffeine to just mornings. Limit alcohol intake too.
4. Take private time-out to reflect on thoughts in the day.
5. Introduce a bedtime routine. Avoid stimuli like TV/internet before bed.
6. Hone some relaxation techniques. Breathing exercises can support sleep.
7. Keep the bedroom focused on sleep. Remove 'to do' distractions/screens. Create separate activity areas, if required. Set ground rules, so others recognize/respect intentions.
8. Meet your emotional needs for the best chance of getting a good night's sleep

Suffolk Mind support people through mental health services across Suffolk, including Felixstowe through Open Space at the library on Thursdays, and our Felixstowe Waves service. Many of our services are now available to access online or via phone, including counselling, Suffolk Night Owls, and our courses. For more information visit [suffolkmind.org.uk](http://suffolkmind.org.uk)

# Felixstowe Rotary Club



## Rotary Club Charity Boxing Match

On Friday 20th May the Rotary Club of Felixstowe held its 7th Charity Boxing Event at Brackenbury Sports Centre.

Due to the COVID-19 pandemic, it has been 3 years since we last held this popular event but we were very pleased to host a sell-out evening, sponsored largely by George Baker Shipping. Guests enjoyed an excellent dinner and then watched young boxers who had travelled down from Teesside and also from the local area. The boxers fought a number of bouts and received trophies for their efforts.

Dave Norman, who has been our MC and auctioneer in previous years, had a special trophy named in his honour. A team bout was held, and this Cup was awarded to the winning team. During the interval between the Junior and Senior bouts, an auction of sporting memorabilia was held which raised a substantial amount and this, added to the ticket sales meant that we made a total of £24791.00. This is a record amount of money. Funds raised will go into The Rotary Club of Felixstowe's funds and be dedicated towards supporting local charities and deserving cases.

### Clip 'N' Climb with Felixstowe Rotary

Felixstowe Rotary Club were delighted to be able to invite 30 children from schools in the Felixstowe area to attend the Ipswich 'Clip and Climb'

After being kitted out and receiving safety instructions they were ready to go! It was the first time they had been able to attend such a facility so as you can imagine the height of the walls seemed daunting, but once they had familiarised themselves with the climbing technique they were away. It was amazing to see the joy on their faces as they completed each climb.

We had excellent feedback from the teachers on the confidence this exercise had given them. The project was arranged by our President and Youth Development Officer, Andrew Rowden.

## Young People from Felixstowe Meet the Mayor after Winning Top Royal Award



Young People from Felixstowe Meet the Mayor after Winning Top Royal Award

A group of young, Felixstowe locals won a top, Royal Award following a project that they completed as part of Inspire Suffolk.



Cameron Sadler, Poppy Ferrar, Talena Dalton and Mason Grant aged 18-22, from Felixstowe were awarded the prestigious Dell Technologies Community Impact Award from His Royal Highness The Prince of Wales after making an big impression as they decided to tap into the wisdom of their local community's older residents.

The Dell Technologies Community Impact Award is awarded to young people who have made positive contributions to their local community whilst developing their own skills.

The group chose to connect with three local care homes, where they asked residents to submit letters with life advice for their 16-year-old selves. The young people worked with a local printer to transform the letters into a book.

The Mayor of Felixstowe, Cllr Sharon Harkin, later met the young people from for a congratulatory lunch. There, she learned about the project that they had completed alongside Inspire Suffolk, and what happened behind the scenes at the glamorous Awards ceremony, hosted by Ant and Dec and attended by Prince Charles.

# Our Environment

## Felixstowe Allotment Association



The weather seems to be the recurring theme this year. Today I'm sitting in Yorkshire on the hottest day ever! 39C. Needless to say, I'm concerned for my plants and so pleased the allotment members pull together and keep an eye on each other's crops. Any extended

periods away always create watering pressures during these summer months.



I'm delighted to report at the recent open day at the Cowpasture Allotments site under the National Garden Scheme we raised a tad under £1,100 pounds, jointly with the open garden in Beatrice Avenue. It was so pleasing to see many visitors during the day, including the Mayor and the Deputy Mayor of Felixstowe.

Additionally, the Town Council has seen more tenants taking advantage of the smaller plots at the Cowpasture site. Attached, is a recent drone shot of the allotments showing the ever growing development. We now have new members from this site with a possible steady increase as the population of Felixstowe grows.

By the time you read this article, most of the members will have had access to the Kings seed catalogue and will be considering next year's crops. The opportunity to buy seed potatoes, onions and the like comes from membership to the Allotment Association.

Furthermore, we are also looking at the forthcoming winter meetings held on the 4th Thursday of each month, starting on 22 September. The guest speakers may talk vegetables, or may even enlighten you with other topics selected for their local interest! These meetings are held at OFCA, Church Road, starting at 7.30pm. All welcome.

An earlier speaker this year was Andrew Williams from Home Farm Nacton. They grow and nurture huge quantities of vegetables for the major supermarkets. In June we were lucky enough to have a guided tour by tractor and trailer around some of the vast fields.

The highs and lows of modern day farming are clearly seen when you observe the set up at Home Farm. That includes a move away from manual labour to automated weeding and harvesting machines, one of which you can see. Another similar machine runs on solar power and not diesel. I'm not likely to see one on my allotment this decade!

The Allotment Association is always happy to give advice and guidance should you either have an allotment, or are thinking about getting one. The meeting hut at Cowpasture can be visited and we try to provide a hot drink most Saturday mornings.

## Litter-Free Felixstowe



Litter-Free Felixstowe was delighted to take part in events in Felixstowe in recent months. In June, the first town centre litter pick took place as part of our contribution to Felixstowe Flower followed by a performance of local children and volunteers on the main stage at the Platinum Jubilee event. The children of Colneis & Fairfield school had learnt the 'Litter-Free song' and it was a delightful rendition in front of an enthusiastic crowd. At the end of the month, Litter-Free was invited to take part in the Felixstowe Carnival procession.

The Carnival was a great way to raise awareness of Litter-Free Felixstowe and we were joined by the Litter-Free's own Womble. Volunteers, of all ages, walked, cycled and scooted the route displaying flags and banners. Obviously, the hot weather has created an influx of visitors to the town and it is very important that we all assist the Town Council and East Suffolk Norse to keep Felixstowe as clean as possible. We are grateful to the Carnival organisers for providing the opportunity to show the work of Litter-Free as an important part of our community – we all want to help the local environment and also prevent plastic going into the sea.

We have been delighted to see so many children taking part both during the Carnival and at recent group litter-picks. Local Brownie, Cub and Beaver groups have also recently invited Litter-Free to give a talk and join meetings. All have taken part with great enthusiasm and we have also been pleased to see the Mayor and members of the Ukrainian community joining in our efforts.

## Felixstowe's Seafront Gardens wins coveted Green Flag Award

Felixstowe's Seafront Gardens has once again been officially recognised as one of the country's best parks after receiving a Green Flag Award.

The serene Victorian cliffside site was today awarded the international quality mark for parks and green spaces for the seventh successive year.



This uninterrupted string of awards followed East Suffolk Council's four-year restoration project, launched in 2011, to return the Grade II listed greenspace to its former glory as part of a town-wide regeneration programme.

The Green Flag Award scheme, managed by environmental charity Keep Britain Tidy, under licence from the Department for Levelling Up, Housing and Communities, recognises and rewards well-managed parks and green spaces, setting the benchmark standard for the management of green spaces across the United Kingdom and around the world.

Judges reported being very impressed by the well managed and maintained Seafront Gardens, which they called a "credit to the town" and deserving of the Green Flag Award. They also praised the site's links to numerous community groups and the strength of the Friends of Felixstowe Seafront Gardens.

## New Electric Van for the Felixstowe Town Council Grounds Team



FELIXSTOWE  
TOWN COUNCIL

As part of Felixstowe Town Council's dedication to our Climate Emergency Action Plan, the Grounds Maintenance Team are now conducting their daily duties with the help of a brand-new electric van. The van will be used for many tasks, including the upkeep of Felixstowe Cemetery and the maintenance of two newly-acquired local parks, Allenby Park and Gosford Way Park, amongst other work across the town.

Felixstowe Town Council has declared a Climate Emergency, and is dedicated to reducing the organisation's carbon emissions and the environmental impact of our responsibilities throughout Felixstowe. The arrival of the new electric van follows the transition to electric power tools, such as a battery-powered, rechargeable hedge trimmer, and developments to the much-loved Felixstowe in Flower planting scheme, as our previous, annual planting patterns were swapped for lower-impact perennial plants.



Look out for the new electric Felixstowe Town Council van as the Grounds Maintenance Team conduct their duties throughout Felixstowe.

**Have you or your loved one recently received a dementia diagnosis?**

**FAIRSTEP**  
SOLICITORS

Our clients often say they wish they had been given a 'to-do list' to consider following a dementia diagnosis and two items which should be a top priority but are often overlooked, are making Lasting Powers of Attorney and reviewing Wills.

Our experienced, friendly and dedicated team are passionate about assisting those living with dementia and are on hand to help.

**Need help or advice? Please feel free to call us on 01394 277941 or email us at [jasmin@fairstep.co.uk](mailto:jasmin@fairstep.co.uk)**

**Find us at 174-176 Hamilton Road, Felixstowe, IP11 7DU**

## Choose Petal or Paper Confetti for a Plastic Free Felixstowe



Felixstowe Town Hall and the adjoining Town Hall Gardens are the site of many happy moments around weddings and civil partnerships. This summer I approached the gardens with my heart in my mouth. What would I find? I was so relieved to see nothing more than a few pale pink paper confetti horseshoes fluttering about in the sea breeze.

It has not always been so. I have watched as people have fired confetti cannons full of plastic confetti shapes and string. I went back afterwards and picked up almost 200 pieces of plastic. On other occasions I'd walk through the garden or in front of the Town Hall and would spend hours picking up thousands of plastic confetti discs and handfuls of glittery stars.

Plastic gets into our oceans in so many ways. Estimates vary but the majority of litter in our oceans comes from land-based sources. Not just deliberate littering. Plastic confetti released for a brief moment at the town hall gets picked up by the wind and blown across the road into the sea or washed down the street drains and straight out to sea. Something that takes just a few seconds will persist for hundreds of years in our ocean environment.

Concerned, I contacted Felixstowe Town Hall. They responded by ensuring that their booking forms state that only paper confetti or flower petals may be used and this is reiterated on their website too. It's hard to enforce once the Town Hall has closed and the fun continues - who's to say what might happen? People also come from other venues for their confetti moment in the seafront gardens.

But hopefully we are seeing a small but significant change. Awareness and behaviour change around single use plastics grew after Blue Planet was aired and although there has been a huge setback thanks to the covid pandemic it's hard to ignore the issue now.

Here is my confetti moment from my civil partnership ceremony at Felixstowe Town Hall this summer. The confetti was dried rose petals from our garden (three years' worth as the original date was 2020!) and paper rainbows.

Kate Osborne is the founder of Beach Bonkers, inspiring people about the natural treasures to be found on Suffolk's special shingle beaches. She does this by leading beachcombing walks, giving talks and taking the beach to landlocked libraries.

See [www.beachbonkers.org.uk](http://www.beachbonkers.org.uk) for more details or call Kate on 0751 255 7200.



## Want to Plant a Tree for Free? The Queen's Green Canopy Continues...



The Queen's Green Canopy initiative coincided with Her Majesty's Platinum Jubilee, providing local

authorities with packs of free trees, this initiative aimed to encourage the planting of trees to form a 'Green Canopy' across the UK, in recognition of this royal milestone.

Felixstowe Town Council planted and distributed over 100 trees in the local area, including 70 trees at The Abbey Grove. This

November, The Queen's Green Canopy initiative continues with a second round of tree planting. If you are a local community group or organisation and you would like to plant a free tree in Felixstowe under the Queen's Green Canopy initiative, please email

[townclerk@felixstowe.gov.uk](mailto:townclerk@felixstowe.gov.uk) for more information.



## Climate Emergency Working Group... we want to hear from you!



The Town Council's Climate Emergency Working Group met on 13 July to update the Action Plan and discuss community engagement, networking and working with schools among other things.

It was noted that carsharing since Covid had been less viable but should now be routinely promoted. As such, the following line will now be added to all Town Council agendas and car sharing encouraged:



"The Council kindly asks that anyone planning to attend the meeting in-person to consider car-sharing or low-carbon modes of transport to the Town Hall."

Improving energy efficiency in Council's buildings was discussed in light of the increase in energy bills and as part of Council's commitment to reduce its carbon footprint. 100% renewable energy is currently used in all buildings and this was recommended to continue. Solar Panels, battery storage, further insulation and any other options available will be investigated.

### We want to hear from you!

A meeting has been organised with local stakeholders, to provide a forum for local groups to present and discuss ideas for reducing carbon emissions across Felixstowe. If you are part of a group that would be interested in attending on the evening of 13 September, please telephone 01394 288192 or email [debbie.frost@felixstowe.gov.uk](mailto:debbie.frost@felixstowe.gov.uk) to arrange an invitation. The meeting will be held both in-person at the Town Hall and online.

## Taking Care of your Community Spaces... It's a Walk in the Park!



In line with its ongoing commitment to improving community facilities, Felixstowe Town Council recently completed the transfer of two local parks from

East Suffolk Council. The play areas in both Allenby Park and the park at Gosford Way were upgraded in 2017 as part of a partnership project between Felixstowe Town Council and East Suffolk Council. Whilst, for now, East Suffolk Norse are working alongside Felixstowe Town Council to keep the parks well maintained, going forward, with both parks under local control, their ongoing management will be carried out by the Town Council's in-house Grounds Team.



Whilst many of us are still drinking our morning coffee, the Felixstowe Town Council Grounds Team are hard at work. Responsible for the day-to-day jobs of maintaining the Cemetery and watering the hanging baskets and planters around the Town and Seafront and occasional jobs like clearing allotments, tree trimming, building maintenance and headstone testing. This team have even taken on larger projects like the Memorial Garden at Felixstowe Cemetery, installing trees and planters through the High Street and the insulation at Walton Community Hall.

They're an industrious team with a varied range of experience. The newest recruits having joined the team just over a year ago, and our more seasoned members having an impressive 11 years' and 33 years' service under their belts. Based at the Felixstowe Cemetery office, they each offer something different and have a keen interest in the varied aspects of their job. Which is why they're eager to take on Felixstowe Town Council's latest acquisitions of Allenby Park and Gosford Way Park.

For all enquiries about Allenby Park and the park at Gosford Way, please contact us via [parks@felixstowe.gov.uk](mailto:parks@felixstowe.gov.uk).

## Landguard Wildlife Discovery Days

During August, Landguard Nature Reserve delivered another two successful Wildlife Discovery Days.

Once again, the popular Willow Wildlife Trail was showcased. Each sculpture created by Tracy Barritt-Brown was displayed with props including, bee homes, bat boxes, hedgehog highway and butterfly feeders, plus signs giving fascinating facts and tips for helping each species at home.

Additions to this year's events included a rabbit trail, rock pool, and large educational floor game about seals on the shore.

Wildlife themed crafts were also provided and visitors could build bee homes, craft with paper, and help create a new bottle top 'under the sea' wall art for the learning area.

Huge thanks go to:

Suffolk Outdoor Learning Ltd for providing scavenger hunts, jellyfish creation and mould painting which was enjoyed by many children, teenagers and adults.

Felixstowe Coast Patrol for attending with their friendly crew to provide information about their services to Felixstowe, demonstrate rescue techniques and give tours of their rescue boat. Local artist, Soren Bone for helping to bring the wall art to life with her fabulous illustration and painting skills. All in all, they were great days enjoyed by many. Thank you to all who joined us and participated in the fun!

Article provided by Leonie Washington, Landguard Ranger



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# KATE CAIN, BID MANAGER

As your newly appointed BID Manager, I would like to introduce myself, update you on the BID's progress to date and the future plans to help improve the trading environment in Felixstowe. I have been involved with the BID since June 25<sup>th</sup>, and I am really looking forward to delivering against the business plan and shouting about all that Felixstowe has to offer.



Here is a quick snapshot of some of the projects we have completed, some that are underway and others we have planned for the future. If you would like more details and want to be involved please contact me at:

[manager@felixstowebid.co.uk](mailto:manager@felixstowebid.co.uk)



## What We Do:

Lobbying of East Suffolk Norse and East Suffolk Council for increasing the upkeep and maintenance of the BID area, including refuse management, graffiti, street and furniture maintenance.

## Norse have subsequently:

- Hired a pedestrian street cleaning operative.
- Hired a further cleaning operative for the prom.
- Closed the troublesome Leisure Centre toilets and replaced with four new portaloos until the Beach Village is completed on the South Seafront.
- Increased refuse monitoring and collection with a high concentration on heavy pedestrian and traffic days.
- Intervention with Norse to address Hamilton Road flooding issues, resulting in a full drain cleaning programme to prevent further flooding damage.
- Procurement of an additional £12,000 from East Suffolk Council and Felixstowe Town Council to assist with the strengthening of the 'Visit Felixstowe' brand with the provision of a cohesive marketing strategy to include a new website and social media platforms.
- The creation of a new website for 'Visit Felixstowe', which is being populated with new business profiles as well as optimised content and useful information. [www.visitfelixstowe.org.uk](http://www.visitfelixstowe.org.uk) is the landing page of the free WiFi, newly launched by East Suffolk Council.
- The BID is responsible for the delivery of the 'Visit Felixstowe' brand and online platforms, including social media. Many businesses have already featured and been showcased to over 10,800 people. To arrange for your business profile to be updated, please get in touch.

## A priority for the BID is to continue to grow the 'Visit Felixstowe' brand and its reach:

- Promotion of Felixstowe via digital advertising panels in Cambridge. Our research places Cambridge as the number one tourist destination outside London and Harwich.
- Promotion of Felixstowe via FirstBus driving campaign, attracting a footfall from Ipswich, Stowmarket and further afield, in line with our plan to reach potential exposure along the A14 corridor.
- The BID has proposed a video showcasing the town centre. This can be viewed at [www.visitfelixstowe.org.uk](http://www.visitfelixstowe.org.uk)
- Installation of planters and trees throughout Hamilton road in celebration of The Queen's Platinum Jubilee in partnership with Felixstowe Town Council
- Free online HR guidance via YourHR Guide. Providing health and safety training, recruitment guidance and much more. Get in touch for more details on this.
- Three new tourist information huts. One in the town centre, at The Triangle, one near the railway concourse to catch train visitors and one larger hut to be situated on the old fish hut stand near Felixstowe Pier and to replace the two existing huts.
- 'Love Felixstowe' mini-festival on the back of Heritage Week, with attractions in The Triangle on Saturday 17 September and The Pier Plaza the following day.
- Provisions of social media marketing, Google and online guides, business advice as part of @Inc's 'Digital Springboard' initiative that has been created to help local businesses.

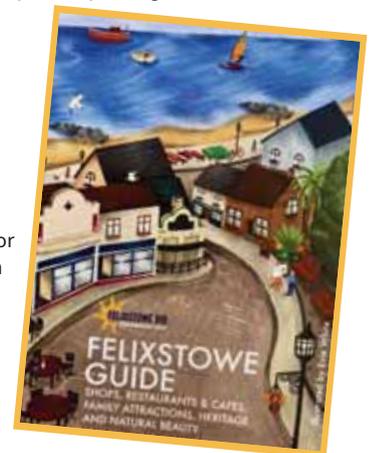
## Support of local seasonal events, including:

- Felixstowe in Flower & Felixstowe Carnival.
- The Queen's Platinum Jubilee celebrations.
- Christmas events and promotional campaign

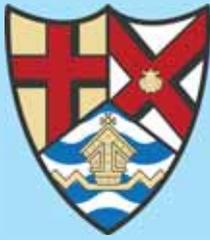
If you have any interest in getting more involved with the BID or taking advantage of the various initiatives, please get in touch with me via [manager@felixstowebid.co.uk](mailto:manager@felixstowebid.co.uk).

The BID hosts monthly meetings with East Suffolk Council to discuss and progress any issues around the wider economic regeneration for the town centre and the seafront. Working closely to ensure that Felixstowe is safe, clean and appealing for everybody, as well as the bigger, medium to long-term projects that will have significant influence on the town's growth. When we all work together, representing businesses, we have a significant influence and impact.

The BID commissioned local designer Evie White to create a map highlighting the diverse town centre and seafront businesses. Get in touch if you would like to stock them at your premises. The map will also be downloadable online.



# Occasional Grant Funding from Felixstowe Town Council



**FELIXSTOWE**  
TOWN COUNCIL

Are you a local community group organisation with an innovative idea to help the Felixstowe community? Felixstowe Town Council offers Occasional Grant Funding to local community groups and organisations with ideas to improve lives in the local area. The Deadline to apply for Occasional Grant Funding is approaching on the 30 November, In line with our Climate Emergency Declaration and the Climate Emergency Action Plan upheld by our Climate Emergency Working Group, Felixstowe Town Council particularly encourages those local community groups or organisations to submit project proposals with a demonstrable, positive environmental impact.

If you have a bright idea, an application form is available on the Felixstowe Town Council website:

[www.felixstowe.gov.uk/council-services/grants/](http://www.felixstowe.gov.uk/council-services/grants/)

In need of some inspiration? Following our latest allocation Occasional Grant Funding, these community groups are already underway with their projects. You can find out more about how we're funding improvements to life in Felixstowe by reading the project reports below.

## Felixstowe Men's Shed (FMS)



We have been at our workshop for one year this August and continue to expand our facilities. We now have an independent electrical power supply and no longer rely on a generator. This has enabled our new table saw to be fully operational. This saw was purchased with a grant from Felixstowe Town Council and provides the ability to cut large timber and timber sheets in a modern and safe environment with built in dust extraction.

We are actively looking for new members to come and benefit from Shed, to learn and impart



skills with modern and traditional facilities. We are a friendly bunch and although we take health and safety seriously there is always laughter and banter in abundance.

Why not come along and see just what is on offer, some come by bus, others by the FACTS Community service with special disability facilities. You need to be 18 years old and we welcome women. So why is called Men's Shed? The concept is based on the established fact that men do not cope as well as women in respect of loneliness and building social connections. It all started in Australia and is now worldwide with over 700 Men's Sheds in the UK.

We are located at 158 High Road, Trimley St. Mary, IP11 0TN and are open 10.00am – lunchtime Tuesdays and Thursdays and Saturday mornings 9.00am to 12.00noon.

Further information and details showing past projects can be found on Facebook and [www.felixstowemensshed.org.uk](http://www.felixstowemensshed.org.uk)

## East Suffolk Disability Advice Service



Following a grant from Felixstowe Town Council towards the continuance of the Crisis Intervention Service, the last twelve months have been

a period of rapid growth for DAS: the numbers accessing the service was up over 50% in the first six months of this year and in order to cope we have taken on more staff and volunteers. As it seems these larger client numbers are set to continue with no let-up in the cost-of-living and energy cost crises we needed to acquire



small additional premises below our main office to accommodate our bigger team. Having a ground floor presence will be a boon to visiting clients as well as our wheelchair bound staff and volunteers.

Meanwhile, despite the increased demand, we have maintained our 100% success record at appeal tribunals going now well into a third successive year. In January we started our new specialist energy support and Pension Credit service which is having a growing impact.

On the crisis service we helped 344 clients in the first six months and this compares with 29 in the whole of 2019! The preventative impact of our work on disabled people's higher propensity to self-harm and suicide in these circumstances has been endorsed by Dr Dan Poulter, MP.

As you can see from the photograph we were glad to support the Felixstowe Christmas Market in November with a stall in aid of the White Ribbon campaign (Men against violence against women). Our manager was interviewed twice by Radio Felixstowe where she explained the services we provide and how to contact us.

Rod Gibson, Secretary & Trustee



## Office Renovations – FACTS Bus Felixstowe

FACTS were grateful to be a recipient of Felixstowe Town

Council's Occasional Grant Funding earlier this year. The grant we received has now enabled us to make vital updates to the security and interior of our office.



FACTS have been providing accessible transport for the Felixstowe community for over 30 years, and our

office Garrison Lane is the hub of our operations. Without it we would not be able to function effectively.

We have now had a brand new CCTV system installed, which has vastly increased the security of our office and equipment, and provides reassurance to our staff. We have also been able to update and modernise the interior of our portacabin, to make the working environment for our staff more pleasant. This includes the fitting of a new carpet and upgrading our lighting.

In recent times we have seen a rising cost in the running of vehicles especially with the increase in fuel prices. This has resulted in FACTS becoming more reliant on grants and donations so that we can continue to operate and serve the Felixstowe community. The existence of affordable and wheelchair accessible transport is vital to help people retain their independence, keep them out and about in the community and ultimately prevents them from becoming isolated, and therefore we are incredibly grateful to Felixstowe Town Council for their grant.

## St Andrews Preschool



In 2021 St Andrews Preschool were lucky enough to receive £800 from Felixstowe Town Council to purchase some blinds to dress the windows of the church hall they have operated from since 1973.

Unfortunately the curtains the committee purchased with fundraising monies around 30 years ago had disintegrated beyond purpose and so were removed. Leaving the staff and children with a problem of having to move around the hall to escape direct sunlight when the sun moved around the hall during the day. The Preschool also had children who benefitted from sensory play and attempts to blacken the hall for some light play often failed. In addition, the lack of dressing around the windows lead to a problem with acoustics when trying to promote good pronunciation and settle new children.

During the COVID-19 pandemic, staff re-evaluated the environment and wanted to create a more homely, home-from-home environment and so did some decorating to achieve this. Unfortunately the budget did not and would not stretch to blinds! Blinds had been on the wish list for quite a few years, but had kept being pushed back down the list due to urgent items of resources for the children. We applied for the grant and were lucky enough to be successful. This has now solved all the previously mentioned problems, and we are very grateful to have received the grant.



# Your Community Stories

## Ukraine2Felixstowe: Settling into life in Felixstowe



Felixstowe has become a place of safety for a number of Ukrainians fleeing the war in their homeland. About 40 Felixstowe residents have kindly provided accommodation

under the UK Government's 'Homes for Ukraine' scheme and their 'guests' are embraced their new lives in the temporary homes.

Despite some language issues, the majority of Ukrainians have found work in various sectors from logistics through to hospitality and many are also volunteering within the community.

Ukraine2Felixstowe is a group of volunteers



which includes the host households and many others have offered services and assistance including English language training. The result is that the refugees, many of whom are single women and children, have been able to settle in quickly. The continuous support from local organisations, individuals and businesses has been invaluable. The Felixstowe 'hosts' should be particularly proud of their contribution.

Although the sponsorship period under the scheme runs for between six and 12 months (maximum), Ukrainians have already started to consider their options. Clearly many are keen to return to their country as soon as it is safe but in the light of the ongoing atrocities and devastation, it is likely that further accommodation will be required on a temporary or permanent basis. There is ongoing work with the Council and private rental sector to ensure that these people, who have been through so much uncertainty, are able to source suitable housing whilst they rebuild their lives. Everyone would like to continue to express gratitude for the warm welcome and help they have received from the people of Felixstowe.

## Felixstowe Area Group of the N Gauge Society



What is "N Gauge"? It is railway modelling on a scale of 1:148. Our Group meet every Thursday evening between 7pm and 10pm at Great Street Farm, High Road, Trimley St Mary, IP11 0NT. Members can also access the club room at other times by arrangement with Chris Shum – 01394 277211.

We held an American & Continental themed Open Day on June 11th at the Welcome Hall, Trimley St Mary. This replaced our normal Felixstowe N Gauge Show, as we were unable to find a suitable venue in Felixstowe. We had several layouts running along with trade support from Scograil (Europe). The event was well attended with several first-time visitors to our events.

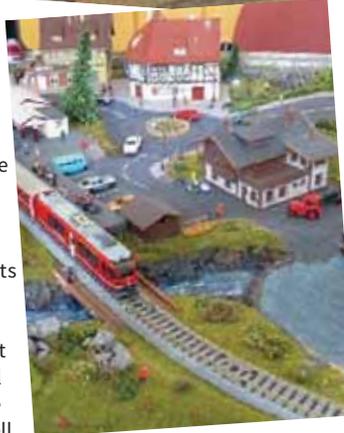
We still hope to be able to restart our June Felixstowe Show next when we will hopefully have found a new venue.

Our next Open Day will be on Saturday October 29 at the Welcome Hall between 11am and 4pm. Admission to our Open Days is FREE

Several of our members layouts have been out and about over the last year, when circumstances allowed.

Whilst we have lost the odd member we now have a membership of 35, 6 of whom are new members this year, and several of these attend on Thursday evenings, as well on Mondays, which are serious modelling days. Whilst our membership numbers are healthy, we would welcome more help from our "armchair" members on Open Days etc.

[www.felixstowengauge.org.uk](http://www.felixstowengauge.org.uk)



## Martlesham Heath Aviation Society: The Development of Airborne Radar



We all know that Bawdsey Manor was the home

of, what was known as "chain home" radar. The ring of masts around the south and east coast of Britain, which was so successful in providing early warning of approaching

enemy aircraft in WW2.

Public interest in the rapid development of aviation between the wars was intense. The secret installation at Bawsdey Manor, across the river from Felixstowe was the cause of much intrigue. Perhaps the Bawdsey scientists were working on "death rays", or perhaps the powerful rays were capable of stopping aero engines?

Many family cars made the short journey from Felixstowe to Bawdsey Ferry to test out the theory that the beam from the impressive array of towers would affect their car engines. Indeed, my father took our Ford Eight down there himself. I am pleased to say he arrived back safely!

One of the scientists at Bawdsey manor was a young Keith Wood. Keith was to assist Dr EG (Taffy) Bowen. Together they would work on the early development of airborne radar.

Dr Taffy Bowen was aware of a forthcoming exercise in the North Sea, when a contingent of the British fleet would sail from south to north to test the effectiveness of the reconnaissance seaplanes at Felixstowe and other bases.

Dr Bowen was accompanied by Keith Wood in an Avro Anson from Martlesham in the summer of 1937. The success of this flight caused sensations at the Air Ministry when it was reported to them. The exercise had, in fact been called off due to the bad weather, but Dr Bowen was unaware of this because his was a completely unofficial enterprise.

The fleet were concerned. What was this invisible aeroplane in the clouds up to?

A good quality audio recording by Keith Wood is available on the web site of Martlesham Heath Aviation Society, [www.mhas.org.uk](http://www.mhas.org.uk) under the "History" tab. Keith describes in detail, the outcome of the exercise. The first successful use of airborne radar.

Keith Wood lived at Felixstowe and a plaque in his memory is pictured.

Alan Powell, Secretary of Martlesham Heath Aviation Society

## Felixstowe Ferry Golf Club



Club Captains Day on Saturday 20 August was a particularly special event for the members at Felixstowe Ferry Golf Club

For the first time in the Clubs History, members were able to ascend the steps to the top of the 210-year-old Martello Tower and hit golf shots to the 17th green in a 'beat the Pro' competition and a 'nearest the pin' competition to the 13th green.



The Martello Tower proudly sits alongside the 17th fairway and is one of eight that were originally built on the Felixstowe peninsula as defensive forts during the Napoleonic War. The Championship links course takes its name from the Tower and members used the Tower as a clubhouse from 1880 to 1884.

Over 200 members took part in the 'Martello Challenge', which was in aid to raise money for the East Anglian Air Ambulance, Prostate Cancer UK, and the Martello Tower Repair Fund. Over £5,000 was raised from members on the day.



Richard Seaman, Club Captain commented "We were delighted to create a unique event for our members, we were blessed with lovely weather, and it was wonderful to see so many taking part and enjoying the day. Hitting golf balls from the top of the Martello Tower certainly gave us a whole new perspective and appreciation for the place that we are fortunate to play golf in. For many members, this was their first time in the Tower, and many were in awe of the historic significance of this iconic building."

# SUNDAY LUNCH

Served every Sunday between 12 noon - 2pm

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- Indian street food
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- Photo competition
- Street entertainers

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# Art and Music

## Felixstowe Harmonies



Suffolk choir Felixstowe Harmonies is delighted to share a jam packet concert season of songs for the Autumn starting with their appearance on 11 September at the Orwell Hotel at 10.00 am for WAMfest, a festival celebrating women in arts and music, to December 10 with an exciting programme of Christmas themed songs.

Movie Magic on 24th September is just around the corner too and we can't wait for you to hear what we have to offer. Join us for an evening of glorious harmonies from some of the most iconic movies of our time. Our guest piano soloist, Calvin Mohammed will be playing Beethoven's Moonlight Sonata and other beautiful romantic pieces for piano solo. The proceeds of the concert will be made to Felixstowe Radio. Tickets are £12 from 07748 626758.

The choir is also thrilled and so proud to be invited to sing at the Festival of Remembrance at the Spa Pavilion on 10 November. Box office [spapavilion.co.uk](http://spapavilion.co.uk).

Join us for a memorable Christmas experience on 10 December at St Mary's Church, Walton, Felixstowe. Our special guests StrictlyCelli, formed of 10 cellists from the Ipswich Symphony Orchestra are not to be missed! Tickets are £12 from 07748 626758.

And finally we shall be singing our seasonal songs to audiences at Felixstowe's heritage site at Languard Fort on 16 December.

For more details check out our website, [www.felixstoweharmonies.co.uk](http://www.felixstoweharmonies.co.uk).

## Feel good singing with the Seasideers!



The Felixstowe branch of Suffolk-based community choir Pop Chorus has proved so popular since it launched 5 years ago, it outgrew previous locations. Their new home at Trimley Welcome Hall provides ample space within easy reach of Felixstowe.

"It's a lovely venue with great acoustics and ventilation," says Pop Chorus founder and Felixstowe group leader Yula Andrews. "Our 'Seasideers' are a famously friendly bunch who create a great atmosphere."

Pop Chorus sing pop songs, from Blondie and Radiohead to Florence and Queen, in glorious harmony. All adults are welcome, with no audition or experience required, and everyone is taught by ear and given support materials to practise at home. 'Feel good singing' also means making new friends and supporting our communities. Pop Chorus have played Latitude and First Light festivals, sold out their own shows, hit the singles chart and raised over £50,000 for local charities.

Over 250 Pop Chorus singers recently made a joyous return to the stage for their 10th anniversary show 'Stronger' at the Ipswich Regent Theatre.

"Pop Chorus is one of the best things I've ever been part of," says Felixstowe member Karen, "It's given me confidence, a place to find my voice, the most amazing experiences and the best bunch of people I could hope to meet."



The group meets 10-11:30am Thursday mornings at Trimley Welcome Hall. Membership costs £25 per month (£100 per term), with concessions available.

For more information or to arrange a taster session, please visit [www.popchorus.co.uk](http://www.popchorus.co.uk).

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# Women in Arts and Music at WAMfest Felixstowe



WAMfest, the Felixstowe-centric festival celebrating women in the arts, will take place on Saturday 10 and Sunday 11 September 2022 at a range of venues across the town. The two-day event will include a diverse programme of performance and art both free and ticketed, and bookings can now be made.

The line-up includes solo and group performers, choirs, visual artists and authors with a focus on providing a platform for women in the arts and music.

Festival events will take place at a range of venues including The Grosvenor Inn, La Vida, Felixstowe's newest nightclub, Beach Street, the Orwell Hotel and the Triangle.

Live music and an art exhibition are planned for Saturday, 10 September. The Grosvenor Inn will host Aimee Iris, Elly Tree and local up-and-coming young singer Ruby Ambrose.

Art at the Beach, a new visual arts festival involving more than 40 artists, will take place at Beach Street from 10am until 4pm.

The action will remain at Beach Street for that night's launch party featuring headliner Big Mama Funk with support from singer songwriters Gabby Rivers and Lydia Angelica. This extravaganza is at La Vida, the town's newest nightclub, and promises exciting entertainment at a venue which promises to be spectacularly different and exciting.

Sunday's programme starts at The Orwell Hotel with popular local choir Felixstowe Harmonies who will set the stage for a day of varied performance, literature and theatre. Our literary events include a crime author panel featuring Ruth Dugdall and Jemma Wayne in conversation about why crime is so compelling. Later in the day historical authors Elske Howeler and Gill Blanchard will be elaborating on writing the past and historical research.

In addition, two skilled local actors Jayne Lindill and Helen Clarke will perform a piece of theatre they have specially created for WAMfest - 'Yours Truly', also at The Orwell.

Music lovers can enjoy the beautiful tones of Belinda Gillett in concert at the Orwell Hotel before internationally acclaimed coloratura



WAMFEST FELIXSTOWE EVENTS	
SEPTEMBER 2022	
<b>SAT 10TH SEPT - WAMFEST LAUNCH AT LA VIDA, BEACH STREET</b>	
19:30 - 23:30	Big Mama Funk - supported by Gabby Rivers and Lydia Angelica.
<b>SUN 11TH SEPT - EVENTS AT THE ORWELL HOTEL</b>	
10:00 - 10:30	Felixstowe Harmonies
11:00 - 12:00	Crime author panel: Ruth Dugdall & Jemma Wayne on thrilling twists and why crime is so compelling.
12:15 - 13:15	Theatre performance: 'Yours Truly'
13:30 - 14:30	Historical author panel: Elske Howeler & Gill Blanchard on research tips and writing the past.
14:45 - 15:15	Belinda Gillett
15:45 - 17:00	International Soprano Christina Johnston - supported by Stellar Acappella.
<b>SUN 11TH SEPT - WAMFEST FINALE AT TWO SISTERS ARTS CENTRE</b> Trimley St Mary	
19:00 - 22:00	Showcasing Suffolk musicians. A night of musical joy.
<b>Art exhibitions and free music events at other venues in the town</b>	
Music	Tickets: <a href="http://www.ticketsource.co.uk/wamfestfestivalalevents">www.ticketsource.co.uk/wamfestfestivalalevents</a>
Literary event	<a href="http://www.wamfestfelixstowe.art/levents">www.wamfestfelixstowe.art/levents</a>
Theatre	Programme may be subject to change

Soprano Christina Johnston takes centre stage with a selection of light opera and musical theatre, supported by close harmony singers Stellar Acappella. An all-day ticket for all events at the Orwell Hotel is offered at very reasonable price.

Our free outdoor event includes the Ipswich Reggae Choir, the Dennis Lowe Theatre Group and rising young stars Annabelle Taylor and Katie Mitton at The Triangle in the centre of town.

As well as Art at the Beach, there will also be an exhibition at 142 Gallery in Hamilton Road, and, subject to support, a new mural near Great Eastern Square by celebrated artist Catalina Carvajal, who is also responsible for WAMfest's beautiful flyers and artwork.

The festival finale will be an evening of Suffolk songbirds and a night of musical joy at the Two Sisters Arts centre in Trimley. Join young vintage harmony singers the Three Chordettes, rising star Grace Calver and the popular stunning singer songwriter Brooke Telling who will bring this celebration of the creativity of women to a close.

"The WAMfest team's mission is to support female musicians, performers, visual artists and authors by giving them a platform to present their work at live events," said organiser Laura Locke.

"We were spurred on by the great success of the first event in September 2021, being voted third in Suffolk in a popularity poll by the East Anglian Festival Network, and we ran a slightly smaller event in March this year, to mark International Women's Day.

"Women are traditionally under-represented at music and arts festivals. This community event will continue to support them, and the town, and we can't wait to welcome more than 100 performers who have become part of the WAMfest family."

If you would like to support the festival in any way, including volunteering at the events, promotion activities or providing sponsorship for the mural in the town centre, please contact the WAMfest team through the website [www.wamfestfelixstowe.art](http://www.wamfestfelixstowe.art), the first port of call for all that you need to know, and follow the links online to book your tickets.

# Felixstowe Carnival



Wow! We had sun, smiles and so much fun!

We felt so welcomed back after 2 carnival-free years!

After a year of planning where we promised to bounce back bigger, brighter and better we feel we have delivered.

Starting the weekend on Friday evening with 'Swing Machine' playing a fantastic proms concert and those flags were waved and such an enjoyable evening was had by all.



On Saturday it was so good to see the streets along the procession route, crowded with smiling faces and those donation buckets filling. The procession entrants made such a wonderful effort interpreting our Heroes and villains' theme and producing a wonderful spectacle.

The family area was full of dinosaurs, bubbles, storytelling, Punch & Judy, crafts and music and there was free fun for all.

Our stage offered diverse entertainment from the Stowaways shanty singers, Britpop from Counterfeit Brits, Johnny Cash tribute from Jax & co to Ska & 2 tone of Ska'd 4 life, with lots of others in-between.

The crowd just grew and grew until the grass was out of sight, and the atmosphere was one of celebration and community.

Thank you Felixstowe for the welcome back! Let's do it again in 2023!

Would like to be involved in the planning and organisation email contact@felixstowecarnival.org.

Thank you to all the committee members and volunteers, sponsors and advertisers, including Felixstowe Town Council for their contribution from the Mayor's Charity fund and an annual grant, for making the Carnival possible. Article provided by Julie Bellamy, Chair of Felixstowe Carnival Association .



## The Winners Were

Group A Pedestrian Fancy Dress & Bicycle	The Gallery Box / Art on the Beach
Group B Decorated Lorry	Tesco Metro Felixstowe
Group C Decorated Small Vehicle	Peewit Caravan Park
Group D Majorettes / Dance Groups	Poloz
Jim Wearne Trophy - Best Dressed	Lea Friend - The Salon
Best in Show	Fairfield & Colneis Junior Schools

# Need Space? Why not try Walton Community Hall?



FELIXSTOWE  
TOWN COUNCIL

Walton Community Hall is a dynamic space. Perfect for parties, classes and meetings, the Hall is available for hire in the daytime, evenings and over weekends. The main hall measures 9.6m x 9.6m.

For more information about Walton Community Hall, or for bookings, see [felixstowe.gov.uk/council-services/walton-community-hall](http://felixstowe.gov.uk/council-services/walton-community-hall) or email [sarah.morrison@felixstowe.gov.uk](mailto:sarah.morrison@felixstowe.gov.uk).

For an example of how you can make use of the space at Walton Community Hall, you can read about Felixstowe Movers, a new exercise class for people aged 55+, in the article below:

## Felixstowe Movers



Felixstowe Movers, held at Walton Community Hall, aims to provide the invaluable trio of movement, dance and a cup of tea for people over 55.

The sessions hope to make dance and movement more accessible by pairing the activity with the chance to meet new people in a friendly and relaxed environment. By encouraging more people to enjoy dance as a sociable activity, Felixstowe Movers creates the opportunity to get moving in an informal way and to have fun whilst doing so.

Felixstowe Movers is a weekly class for everyone over 55. The classes are designed to benefit participants both mentally and physically, aiming to improve general fitness, mobility, dexterity and balance. No experience is necessary and led by experienced dance artists, participants will explore a range of taught and improvisational exercises, both seated and standing, to get their body moving, have a chance to socialise and most importantly have fun!

Felixstowe Movers will take place every Monday from 19th September 1-2.30pm at Walton Community Hall. We also have three taster sessions running throughout the summer on the 8th, 15th and 22nd August. Walton Community Hall is a fantastic space for dance activity, with sprung wooden flooring perfect for dancing and a kitchen to prepare our refreshments. It is an accessible venue in an ideal location for those local to Felixstowe and Trimley St Mary.

For further information about Felixstowe Movers or to book, please contact [zoe.ablitt@danceeast.co.uk](mailto:zoe.ablitt@danceeast.co.uk) or call 01473 295230.

# Active Felixstowe



## Your local roller rink is back! Ipswich Skating Club Returns to Felixstowe.



Our social skating sessions under "The Shed" in Beach Street at Manning's Amusements are growing and, by the time you read this, we should have our disco

balls, disco lights lasers and all the rest ready to increase the fun for all those who want to join us.

Come along and take a look at our over 14 session on a Wednesday evening or our family sessions on a Friday night.

Our sport is unusual. It isn't like most team sports, which require a regular commitment and we have a lot of members who just turn up and skate for fun.

We do produce top class national and international athletes, but we also provide a lot of grass roots social local skating provision and are happy to work with any other local organisations to give people of any age a chance for healthy exercise, a chance to chat and make new friends, and to just enjoy themselves in learning a new skill or improving an old one in what look to be difficult financial times ahead.

Skating with us is really affordable, only £4 for a two hour session. Skating tuition and equipment is provided and included in the session fee if you need it - and you can come up to three times as a guest without joining the club (which is really cheap - £10 adult £5 juniors per annum) and just pay for the session itself.

We are at Beach Street depending on weather until probably the end of November, but at weekends and through the Winter should be back at Felixstowe School and will then be back down at The Shed from April, May next year.

Come along - say hello and give it a go.

More info from: [www.skateipswich.com/contact](http://www.skateipswich.com/contact)

## Felixstowe Beach Walkers

Felixstowe Beach Walkers played a friendly match against Rowhedge, which was a very pleasant day it for all, with food and drink after the matches.



We are looking forward to a return match sometime during September.

Our team Manager Cookie presented our Town Pennant and our team photo is also included.

Many thanks to Stennett's Memorial Ground for the use of their pitch and changing rooms etc.

If you would like to get involved with the Felixstowe Beach Walkers:

- Members must be 60 years or over and fully vaccinated against COVID-19.
- Sessions take place every Tuesday from 1pm to 3pm, in the summer at Stennett's ground and at Brackenbury Sport's Centre in the winter.

If you are interested please email Richard at: [valandrichard@btinternet.com](mailto:valandrichard@btinternet.com)

Article provided by Richard Lord, Felixstowe Beach Walkers FC.

## Felixstowe and Suffolk Bowling Club



Felixstowe & Suffolk Bowling Club, which is situated in St Edmund's Road, has had another successful season with glory in men's and women's county competitions and

national events.

Proving that it really is a club for all ages and abilities, a number of newcomers to the sport have joined and last year's initiative in which 54 pupils from the nearby Langer Primary Academy received high quality coaching was fruitful. The club holds open days when anyone can come along and try the sport, with equipment and coaching supplied free of charge. Sunday morning sessions are an ideal time to turn up and experience bowling, with guidance from qualified coaches. It is hoped that the recent Commonwealth Games bowls will inspire even more people to take up the sport.

The ladies section won the County Top Club competition and the men, the Norton Cup whilst enjoying sustained interest in Bowls England Top Club and Two Fours.

Steeped in history, F&SBC boasts national champions, British Isles winners, European, Commonwealth and World medallists within its ranks. We are proud to have been Bowls England Top Club champions on two occasions.

A very successful 81st annual tournament was held and players enjoyed the ideal conditions, the highlight being victory for thirteen-year-old Tom Warren and fifteen-year-old Charlie Beeton in the Men's Pairs.

The club has seen an extensive refurbishment

with new changing rooms and toilets, office and lounge which are a great improvement for all members.

The bar, lounges and kitchen are available for hire for private events. For more information on coaching, membership or hire, please contact [felixstowebowls@gmail.com](mailto:felixstowebowls@gmail.com)

## Felixstowe Rowing Club



Felixstowe Rowing Club (FXRC) officially launched on 10th April 2021 when we pushed our new Pilot gig ('St Felix') into the Deben off the Felixstowe Ferry shore for our first row.

At the start of 2022 we had 24 members and 1 gig, as of August we have 46 members and 2 gigs ('St Etheldreda')



We are lucky in having not just the river Deben, but also the waters around Felixstowe in which to row and occasionally have excursions to Woodbridge/Melton or Shingle Street."

Our gigs are fiberglass replicas of Cornish Pilot gigs, which have a Coxswain plus 6 rowers. FXRC has resurrected a tradition from the old eighteenth and nineteenth century when 'Beach Companies' of the Suffolk and Norfolk Coast whose activities included salvage and lifesaving also used Pilot gigs.

The rowing technique gives a full body workout, and it is up to the individual how much effort he or she puts in. Current members enjoy the camaraderie in the boat, the exhilaration of exercising on the water and some have commented on improved mental and emotional wellbeing.

The club is open to men and women of 18 years and over, and no prior experience is necessary. We currently have 6 sessions a week and like to get both gigs out as much as possible - we enjoy a bit of healthy competition! We're always looking for new members so if you are interested, please visit our website - <https://www.fxrc.co.uk/> or message us via Facebook: [//www.facebook.com/groups/felixstowerowingclub](https://www.facebook.com/groups/felixstowerowingclub).

# Your Community Stories

## Emmaus Suffolk – New Community Hub Launched in the Heart of Felixstowe



Charity Emmaus Suffolk have recently launched a new Wellbeing Hub in the heart of Felixstowe.

Emmaus Suffolk works with vulnerable,

socially isolated people and those at risk of homelessness across the county. The organisation welcomes local people around Ipswich and Felixstowe to weekly hubs, where they can get involved in creative projects, gardening, cooking, or relax in a safe and friendly space.

The latest well-being hub is hosted from The Station Café, in Great Eastern Square in Felixstowe every Wednesday 1.30 pm – 3.30 pm and aims to help to tackle loneliness in the area.

This free-to-attend hub will give people the chance to make connections and friends as well as explore new skills and hobbies. Since the Hubs were launched, Emmaus Suffolk has seen a big sense of community grow among attendees and volunteers.

Alongside creative activities, the organisation now holds free yoga sessions on the last Wednesday of every month. These sessions will give attendees a chance to relax and unwind from the stresses of daily life and focus on their wellbeing. Yoga sessions can be booked by contacting [community@emmausuffolk.org.uk](mailto:community@emmausuffolk.org.uk).

## Felixstowe Museum: 40 years this September



In nineteen hundred and eighty-two, the museum opened its doors to you. If you haven't yet been to our anniversary exhibition 'Frankie Goes to Felixstowe: back to the '80s at Felixstowe Museum' (as featured on BBC Look East) you still have time before we close for the winter at the end of October. Our Saturday opening has been a success, so you can visit us on Wednesday, Saturday and Sundays from 12 until 5pm.

A new initiative with our friends next door at Landguard Fort is our 'Summer Weekend Saver' - joint tickets available at weekends giving discounted access to both of Felixstowe's top visitor attractions. At Landguard we

have some great events for the Autumn. The weekend of 17/18th of September we celebrate International 'Talk Like a Pirate' day with piratical activities at the Fort and the Pirate Radio display at the Museum – Blackbeard versus Tony Blackburn! For Halloween we have 'Little Fort of Horrors' a fright filled event for adults and older children and the 'Spooky' kids trail at the museum. To end the year there is 'Christmas at the Fort' – for more details see our websites [www.landguard.com](http://www.landguard.com) and [www.felixstowemuseum.org](http://www.felixstowemuseum.org). Andy Calver, Museum Manager and Curator

## Felixstowe Army Cadets



Felixstowe Army Cadet Force is open to anyone aged between 12 and 18. We hold parade nights every Tuesday between 19:00 and 21:30 at the Drill Hall, Garrison Lane.

We have a structured learning syllabus which includes Drill and Turnout, Rifle Training & Shooting, Navigation, Field Craft and much more.

We have just returned from our busy 10-day annual camp in Thetford. Cadets took part in all of the above, plus water sports, paintballing, motocross and a military style exercise out in the field.

Throughout the year we do four weekends away for military style training. You will also be able to take part in additional activities such as First Aid courses, Adventure Training, and The Duke of Edinburgh Award Scheme. You can do as much as you like – there is no pressure to attend everything!

Uniform is issued at no cost and any equipment needed for weekends or activities is supplied. In addition, the cost of the events is subsidised by the Army and Ministry of Defence, so joining doesn't have to cost a fortune.

Every year we take part in the Remembrance Service and Parade, this gives us all a great sense of pride and a chance for the cadet's family to see them in action.

We are always looking for adult instructors, no military background is needed – all training will be provided. I have been an instructor for three years and find it very rewarding.

If you want an opportunity to feel part of a team, learn new skills and make new friends, feel free to drop in for a chat on Tuesday

evenings, our door is always open. We will be happy to answer any questions.

Sgt Olly Miles, DC Felixstowe ACF

## News from Lions Club of Felixstowe

Felixstowe Lions Club have, as usual, been very busy. Last Year's President, Lion Richard Woolnough is shown handing over to this year's President, Lion Dave Cole.



The handover took place just before the carnival and the Lions Club were proud to take part in the Carnival procession with our float "The Lion, The Witch and The Wardrobe". Great fun was had by all – even our 'Lion' in the very hot Lion Costume!

A few days before, President Dave Cole and Lions Mark Chapman and David Day presented new garden tools to the team of Volunteer gardeners of the seafront gardens. There were approximately 18 members there, who meet every Wednesday for about an hour and a half's gardening – with coffee and a chat afterwards. Tool racks were made by Mark and David.

On a sadder note - In July we lost one of our long term supporters, Fred Last, who to all who knew him was "the stationmaster" of Kirton Light Railway, passed away. He used his garden railway to raise funds for the St Elizabeth Hospice and the East Anglian Children's Hospice in memory of his late wife Joy. He supported the Lions Club by opening up his garden to the Chernobyl Children's annual visit for many years. Fred was a steam engineer who made all his own steam engines and scale model trains, he was also a builder of houses and project managed what is now the Holiday Inn at Ransomes Euro Park. Until recently he was also a Kirton Parish Councillor. He will be sadly missed.

### Date for your Diary

The Model Exhibition is taking place again this year. The Leisure Centre has been booked for Sunday 16 October and many types of model collections or hobbies will be represented. 11am till 5pm, £5 per person, Children under 16yrs free.

The Lions Club will, as usual, be erecting the Christmas lights in the town and Light-Up day will be 3 December. More details nearer the time.

If you, or someone you know in the community needs help or if you'd like to join your local Lions Club please contact us through our Facebook page or email [info@felixstowelions.org.uk](mailto:info@felixstowelions.org.uk).

## Tickets are now on sale for the hugely popular Little Fort of Horrors at Landguard Fort this Halloween.



On the 500th anniversary of the sinking of the notorious pirate ship 'Black Raider' off the shores of the Landguard Peninsula, the evil Pirate King Blackbeard and his

motley crew of cut-throats will rise again to take their bloody revenge on those that are brave enough to visit the fort.

Get ready for a scary night of shocks and surprises on Friday 28 and Saturday 29 October - as you scream your heart out with our live actors, special effects and spooky atmosphere at one of the most haunted places in Britain.



Entry to Blackbeard's Bloody Revenge is by 'timed ticket' - and you can book a 10 minute arrival time slot between 19.00 and 22.30. Book now for Early Bird Admission until Tuesday 13 September, with all tickets at £13.00 per person. From Wednesday 14 September, all tickets are £15.00 per person. Note, there is no admittance to anyone under 14 years of age.

Nicola Barker, General Manager of Landguard Fort said "We are so thrilled that our popular Halloween event is returning for 2022. With Pirate King Blackbeard and his crew back from the dead for revenge, who knows who you might meet in the dark and eerie passageways and rooms of the fort. Come prepared for screams and shocks at the Little Fort of Horrors".

Full details and to book tickets at [www.landguard.com/whats-on/little-fort-of-horrors](http://www.landguard.com/whats-on/little-fort-of-horrors)

## The Changing World of Radio



Founded back in 2009, Felixstowe Radio is a community radio station. Broadcasting on 107.5fm and online, our broadcast area includes Felixstowe,

Shotley, Harwich, Dovercourt and the many villages reaching to Woodbridge and parts of Ipswich.

Our big team is made up totally of local people of all walks of life. Many have full-time jobs elsewhere, some combine radio with other part-time work. We also have students and retirees. All of us work for no reward, other than the joy of community radio. Over the years, our



studios have been in several locations. Currently our studio building is on the grounds of Felixstowe School.

Like everyone, Covid-19 and lockdown hit us hard. Restrictions on the numbers of people in the studio, alongside the natural nervousness of presenters. We carried on broadcasting throughout; as a broadcaster we were an essential service.

Luckily, for me, Felixstowe Radio initiated a way whereby I could broadcast from home, saving time as well as avoiding the virus. My lunchtime show went (temporarily) from 3 days a week to 5 days. I discovered a whole new way of working remotely. With not much more than two lap tops and a mixing desk, I was able to produce programmes from a spare bedroom.

Other presenters also grabbed the technology, and set up home studios. Working from home brought a whole new way of working. Creativity increased, new skills were learned and new presenters came on board.

Today, my temporary move from 3 days a week to 5, is now permanent. I have moved out of my spare bedroom and now, still at home, broadcast from a specially built outdoors studio in the garden. Radio technology has progressed in leaps and bounds. Hard-wired WiFi along with good microphones and audio equipment, home broadcasting is here to stay.

Meanwhile, Felixstowe Radio is still looking for more people to join us. If sitting behind a microphone doesn't do it for you, we have opportunities in many other roles. We are always looking for help with admin, production, advertising, technology, social media and much more.

Even if you are just curious, come along and see how to make great radio.

Email [admin@felixstoweradio.org.uk](mailto:admin@felixstoweradio.org.uk)

Rob Dunger presents Felixstowe Today, each weekday between 11am and 1pm

## Community Emergency Plan



FELIXSTOWE TOWN COUNCIL

The Community Emergency Plan (CEP) helps Felixstowe prepare for an emergency and reduce its impact. The CEP was put together with guidance from the District Council's Emergency Planning Officer by Council's

CEP Working Group, who meet regularly to keep the document up to date.

The CEP was created in order to provide a practical approach to effectively support the community in the event of an emergency in Felixstowe. The plan takes a strategic approach, supporting the coordination of information and local resources that may be useful in an emergency situation; whilst acknowledging that an emergency of any

significant scale would elicit a wider response from the emergency services and other agencies.

It has been prepared with the help from many local community groups and organisations. Felixstowe Town Council will take the lead in overseeing the Plan's use in an emergency so anyone in the community can get involved.

The CEP is the focus of the community's actions to become better prepared and details the steps the community will take before, during and after an emergency incident. The Plan helps Council to identify:

- What resources we have in the community, such as 4x4 vehicles, people with useful skills and local knowledge;
- Where to go to if there is an immediate need to evacuate and take shelter;
- How to mobilise those resources and who to contact.

If your organisation is located in Felixstowe and has a resource that would be useful in an event of an emergency, please do not hesitate to contact [enquiries@felixstowe.gov.uk](mailto:enquiries@felixstowe.gov.uk) for further information.

The published CEP can be found on our website [felixstowe.gov.uk/council-services/emergency-plan/](http://felixstowe.gov.uk/council-services/emergency-plan/). This version is especially for public view, as some of the information - such as contact details for volunteers and local resources - has been redacted and will remain confidential.

The overall aim of the CEP is, where possible, to help reduce the risk of harm to persons and damage to property within the community. The CEP has been produced with some specific emergency incidents in mind, such as; flooding, snow or fire but is also designed for any general emergency in Felixstowe.

### Flooding



To report flooding issues, visit [www.suffolk.gov.uk/roads-and-transport](http://www.suffolk.gov.uk/roads-and-transport)

Reporting also helps the County Council prioritise and plan resources for where they are most needed.

Contact details for the Emergency Coordinator, Deputies and Control Centre can be found on page 14 & 15 of the CEP [www.felixstowe.gov.uk/council-services/emergency-plan/](http://www.felixstowe.gov.uk/council-services/emergency-plan/)

### UK Power Networks

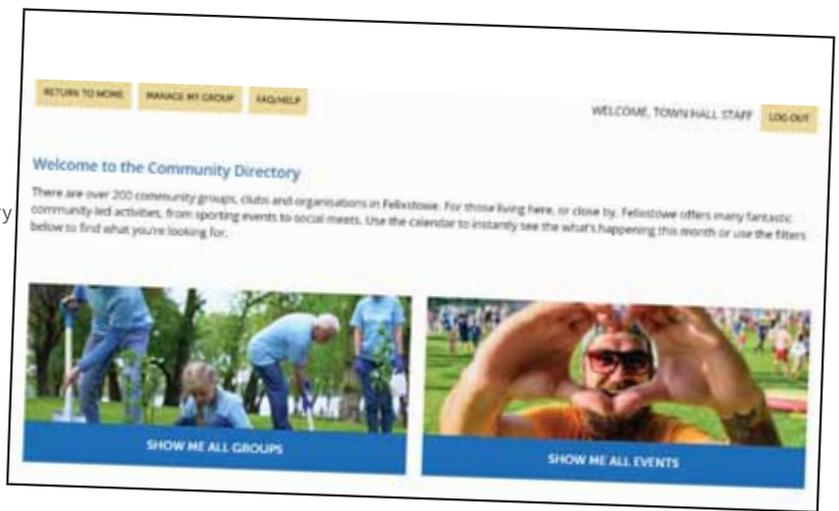
UKPN have launched a new emergency pack for vulnerable customers. Individuals can sign up at [ukpowernetworks.co.uk/priority](http://ukpowernetworks.co.uk/priority) email [psr@ukpowernetworks.co.uk](mailto:psr@ukpowernetworks.co.uk) or call 0800 169 9970 to receive an emergency pack specific to their needs in case of a power failure.



## Have you signed up to the new Community Directory?

The Community Directory is a one-stop online location for local community groups and organisations to advertise their regular meeting times and occasional events. Now 'live' as an extension of the Felixstowe Town Council website, the Community Directory is ready and available for you to upload your information. Whether you're planning in a big event, or just looking to recruit new members to your regular meetings, the Community Directory is the perfect place to advertise your plans.

To sign up, visit <https://felixstowe.gov.uk/community-directory/#/>. A simple, step-by-step guide is available on the Felixstowe Town Council website, at <https://felixstowe.gov.uk/launch-of-new-community-directory/>. If you would like to upload your information, but require assistance, contact holly.miles@felixstowe.gov.uk or call 01394 288193.



## Youth Football Kicks Off at Langley Avenue



FELIXSTOWE  
TOWN COUNCIL

Recent work to restore the pitches at Langley Avenue Sports Field, Felixstowe, has allowed Felixstowe and Walton United Football Club's youth section to return to playing this season.

Felixstowe Town Council, East Suffolk Council and Suffolk County Council have been working together with Felixstowe School and the football club to bring the pitches back in to full use following an uncertain period during the pandemic.

The field, which is currently owned by Suffolk County Council and linked to Felixstowe School, is home to several much-needed football pitches which the Club are now helping to manage. Following the pandemic, the Club has worked closely with the local councils to deal with the overgrowth and repair a gap in the fence which had allowed encroachment by dog walkers.

The Mayor of Felixstowe, Cllr Sharon Harkin, said: "The Town Council

is delighted to be supporting Felixstowe and Walton United Football Club in restoring the sports field to full use. Initiatives such as this restoration that promote a fitter Felixstowe across all ages, genders and abilities are encouraged. In particular, the world of football has changed forever, everyone is still buzzing from the Lionesses win at 2022 European Championships. Creating a legacy that promotes positive change by increasing the opportunities for girls and women playing, refereeing, and coaching women's football across the country".

The Town Council and the Club are discussing future improvements to the site and are planning to plant more trees and hedging plants as part of the second phase of the Queen's Jubilee tree planting.

The public are reminded that, the field is not designated open space for dog walking and a small minority of owners failing to pick up dog waste on playing pitches can put the health of players at risk. Anyone wishing to access the land for sports use should contact Felixstowe and Walton United Football Club via [juniors@felixstowefootball.co.uk](mailto:juniors@felixstowefootball.co.uk).

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[www.davidbuttonfuneraldirectors.co.uk](http://www.davidbuttonfuneraldirectors.co.uk)



## Felixstowe Landguard Rotary Club



It's all change at Landguard Rotary: Past President Jim Peek passed the Presidency on to Rtn, Helen Greengrass and President Elect, Rtn Brian Davies. Helen says 'It is an honour to serve the Club as

President and I am looking forward to 2022-2023 and making it a year of action. We are delighted to be announcing a new Friends of Rotary Programme very shortly which will be about getting more involved in our local community'

### Peace the World Over

In July we welcomed the Suffolk Refugee Support (SRS) Service in Suffolk at one of our speaker evenings. Rebecca Crerar, Charity Manager, gave an overview of the extensive work of the SRS. Whilst everyone is focused on Ukraine it was a timely reminder of the ongoing needs of refugees from across the world fleeing persecution. As conflicts, crises and human rights abuses escalate around the world, a record 82.4 million people are currently forcibly displaced from their homes globally, of whom 26 million are refugees (the remainder are internally displaced). Never has the Rotary Loyal Toast seemed more appropriate 'Peace the World Over'.

Rebecca was accompanied by Elizabeth, a young woman of 24, with an infectious bubbly personality. She has arrived from Ukraine. An only child, Elizabeth's parents wanted her to seek refuge, whilst they stayed behind. It was hard to hear her story and to see her photos - typical of any 24-year-old, except the one of her wrapped up, with a bag in hand, and a closed door behind her, as she left her flat, to make the difficult 92-hour journey to safety. She has arrived via the Homes for Ukrainians scheme and is living in Ipswich. Elizabeth is pleased to be working at SRS as an English Teacher. We will be supporting the SRS with a donation.

### Jazz in the Garden

Just before the heatwave arrived, we enjoyed our first fundraising event - Jazz in the Garden - since the pandemic. We raised over £1300 which will go to support local good causes. If you would like to know more about our what we do, or join us at one of our evenings please contact [landguardsecretary@hotmail.co.uk](mailto:landguardsecretary@hotmail.co.uk) Our speaker programme is available at future meetings and events - Rotary Club of Felixstowe Landguard

## Felixstowe Coast and Rescue Patrol



It's been an extremely busy year so far for the charity, both on and off the water. Up to the end of July, our crew had been involved in 8 emergency distress calls and assisted 47 people, along with 2 dogs. We live by our motto 'For the Safety of All' and continue to ensure that our waters are a safer place for locals and tourists to enjoy, as well as educating individuals and schools/groups on water safety.



We've also been busy raising funds so we could buy new safety equipment for our crew. Public contributions have been much appreciated and have helped greatly.

Our volunteers have also been taking part in other events such as the Festival of the Sea procession for the Platinum Jubilee, Felixstowe Carnival, fundraising events and school visits. We also plan to hold a sponsored walk in the Autumn so look out for details, as well as a New Year's Day event.

Away from the water we have been working hard to update our admin in order to comply with the Maritime & Coastguard Agency requirements for the Rescue Boat Code, as well as performing more training and updating equipment and facilities. Our volunteers have given up a lot of their time and effort and the hard work goes on.

Thank you to all of our supporters and sponsors that continue to help us keep the service alive and providing.

### Joan Rich

11th September 1918 to 29th July 2022

Joan S. I. Rich, nee Ashford, died on 29th July 2022, in her own home, with her daughter Diane by her side.

According to Joan's wishes, her funeral was a low key, close family event. It took place on 11th August, exactly one month before her 104th birthday, attended by her two daughters and three grandchildren.

Some Felixstowe residents may have known Joan's two sons, David Rich, killed in 1978 aged 21, hitching to Scotland, and her eldest son, Douglas Rich who ended his own life eight years later. Heartbroken, Joan would say, 'If you reach rock bottom, look around you. There will be someone, not far away, who needs your help. If all you can manage is a smile, then give it. It could change their day- maybe their life. Keep polishing that smile and aim to improve the lives of those who need help: help that can come from you.'

To many in Felixstowe Joan will be remembered for her work at Felixstowe General Hospital in the 1960s and 70s, her twenty-five years of voluntary work for Mencap, and in 2020, for her 102 laps of Allenby Park, ending on her 102nd birthday and raising £35,000 for NHS charities.

Donations for Joan can be made to Cancer Research UK, but Joan's dream would be for people to show kindness, however great or small, to someone who needs help or support, but isn't expecting it. In Joan's memory, please give kindness.



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Steve Gallant - A Thornley